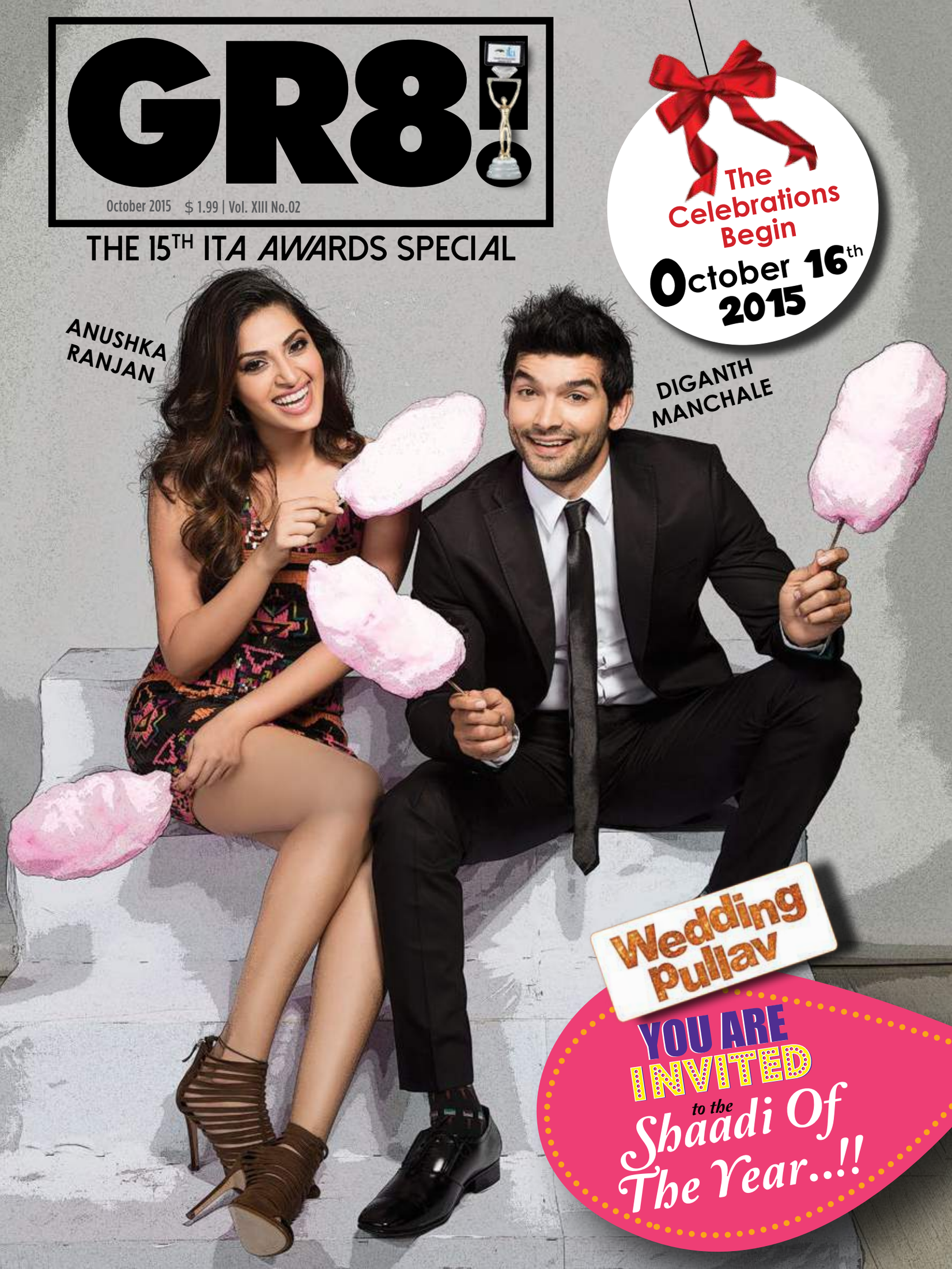
GR8!

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THE 15TH ITA AWARDS SPECIAL

The Celebrations Begin

October 16th 2015



Wedding Pullav

YOU ARE INVITED to the Shaadi Of The Year..!!

What's Inside?



Cover story

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Hair: Sanky Evrus
Location: ITSPA, Goregaon (W)

22



Grand Celebration

15th ITA Awards, 2015

58



Wedding Pullav

Cover story

22



Bharti Singh

Advantage of being fat

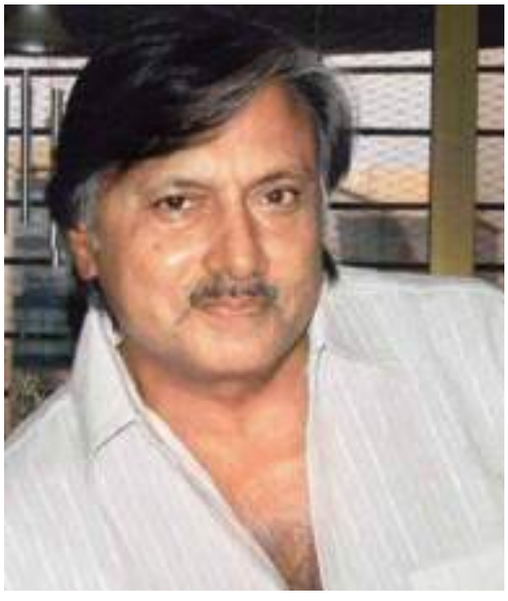
18

Anita Hassanandani

I can never say no to work

08





Veteran Actor Mohan Bhandari passes away

Dhruv Bhandari has always told media how worried he is about his father Mohan Bhandari's illness. Veteran actor Mohan Bhandari who has given hits like Saat Phere, Karz, Parampara, Jeevan Mrityu, Pathjhad, Gumraah and Mile Sur Mera Tumhara was suffering from brain hemorrhage since a long time. He breathed his last on evening of 24th September. He was one of the most loved and busiest TV actor during his 80's and considering his work in Saat Phere, he is still remembered for it. We will definitely miss him and pay our deepest condolences to Bhandari family. May his soul rest in peace.

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EDIT & MORE...



The grand 15th Annual Indian Television Academy (ITA) Awards took place in Mumbai in early September this year; details of the magnificent, star-studded event, the glorious performances and the electric atmosphere can be found in the pages that follow. In addition, to catch it on air please save the date of **October 18, 2015 and tune in to Colors & a simul telecast on DD National, 6 pm onwards.**

Well, guess what's been ruling the airwaves the past more than a month? Actually, no prizes for guessing that one! Yes, it was the sordid saga surrounding what one considered the almost-first family of television in India… Yes, I'm talking about the zillion plus debates, discussions, arguments, investigations and analysis on, of and about the Indrani Mukherjea or the Sheena Bora murder case. My goodness, parliament hasn't debated this much on all topics combined in the past decade I'm sure! Further, the best part is that, as far as solving the case is concerned, we're still where exactly where we started. The victim is still "presumed" (no DNA test has confirmed with 100% certainty that those particular remains are Sheena's), the murderers are still "alleged" and the motives are still "assumed". Family, friends and acquaintances and experts from the fields of law, finance, crime & high society debated in every TV studio and drawing room possible till the cows came home but we're still where we started, just going around in circles. Love, sex, murder, intrigue, huge financial wrongdoings, high society involvement… this was more gratifying to watch than any soap opera, desi or pardesi! I know I'm making light of it but that's only because by the end of it all, the whole episode became quite a joke. On a somber note, I do hope they are able to wrap up matters conclusively, swiftly and I hope all the perpetrators of this terribly heinous crime are made to pay for it.

Other than that, it has been an eventful month for all of us here at GR8! too. Our first feature film production **"Wedding Pullav"** is scheduled for release, in a theater very near you, on **October 16th 2015**… Enlivening and inspirational performances that emphasize the exhilaration of destination weddings, featuring fresh, talented newcomers in the lead roles – the film promises to be the ultimate family entertainer. Given all this, the mood has been ecstatic and we've been busy buzzing around like bees tying up all loose ends! Of course, one and all are invited to attend this shaadi-of-the-year and we look forward to seeing you there!

On that wonderfully warm note, it's goodbye for now. I'm off to devour my **"Wedding Pullav"**, hope you are too!?!! Until next time, Happy reading!

Anu Ranjan

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Tête-à-Tête with ANITA Hassanandani



Her work may not have been manifested before in a real sense, and she would not have been as conspicuous few months back as she is right now. At a Peak of her career, Anita Hassanandani, the effervescent and endearing lass of our TV Industry, is effortlessly adapting herself to three different shows of different genre and we wonder how. Being appreciated for her inimitable dressing style in YHM, we ask her how she gracefully manages everything she takes in her kitty...



So Anita, you have been working around-the-clock managing shows of three different genres. Tell us how you manage?

To be honest, it's very hectic. Jhalak Rehearsals I still can manage on my time. Also, my track of Shagun in YHM is not from beginning to end of episode. So I am able to put off everything as of now.

You have done it all. From Bollywood movies to comedy… What you enjoy the most?

Well, I do enjoy daily soaps. However, I think reality shows bring different kind of energy vibes in you.

So are you taking up different shows just because you want to ensure that you avoid monotony?

Well no. The character Shagun is not monotonous like my role in Kavyanjali. I always want to take a show with a twist. I don't like to say no to work and always up for challenges.

Tell us more about your stint in Comedy Nights and Jhalak.

Jhalak is a great platform to push myself beyond boundaries. I always wanted to attempt contemporary dance and did it in my first performance. Never thought would do comedy, but managing it…lol. It's difficult to make someone laugh. These shows are great change in my career.

You are at peak of your career and that too after getting married. Has that caused any difficulty?

Touchwood, Rohit is very supportive. I always say I got lucky after marriage. Stars do change. I have been in industry for long but getting opportunities to do different things now. And Rohit keeps on telling me, "Arey it's your time. Do whatever you feel like". That motivates me a lot.

We are witnessing lot of new faces in this industry. Did you saw it as a threat at any point in your career?

Yes to be honest. I had this insecurity at one point of time which was short lived. I was like so many new faces entering, kya hoga mera? I even thought at one point to become a designer. But then, I always had a belief in the kind of work I did. People are noticing me now after 18 years. Finally…

Though Shagun is a negative character, is there something you adore in her and tried to incorporate in you?

Well yaya. Obviously. She's confident even while indulging in all kind of wrong doings. I am very hesitant and slightly reserved.

So you hardly get to sleep… Still what makes you look so fresh?

I drink lot of water. Also I add Glucon-D to it to keep me energetic. And yes before I forget, I always start my day with fruits.

Can we expect you to be part of reality shows like Nach Baliye and Bigg Boss?

Please not Bigg Boss. As I said, I am thoda under confident and reserved. Nach Baliye I won't mind, but Rohit will be reluctant.

J.S.







Your Wedding Pullav

Star Plus's longest running show Yeh Rishta Kya Kehlata Hain welcomed the talented star cast of an upcoming movie 'Wedding Pullav'. The leading stars of movie Anushka Ranjan, Diganth Manchale and Karan V Grover had a blast on the sets with Hina Khan and Karan Mehra.

The team of Yeh Rishta also had a Ganpati at their set so the whole cast along with Wedding Pullav team had performed puja. And not to forget, they also performed few thumkas on the tunes of Wedding Pullav

Badtameez Dil to shift from Star Plus to Hotstar



Badtameez Dil, currently airing on Star Plus, is popular with the youth. However, the show starring Pearl Puri and Asmita Sood will now move to hotstar, and is available on the digital platform only with effect from Monday, 28th September. This is the first time we have witnessed any channel taking such an action. New episodes will be released every weekday morning on hotstar.

Ekta Kapoor's upcoming show 'Kuch Toh Hain Tere Mere Darmiyaan' will be telecasted on the same slot. At the same time, Badtameez Dil had been gathering lot of hits on hotstar especially from the target audience aging18-24, hence such a move by the content provider.

Reality shows you can't miss this month...



Now for all reality show lovers, October is going to bring you the epitome of reality show…Bigg Boss. Already promos involving Salman Khan has been doing the rounds. Although the confirmed contestants list is not yet out, Sunil Grover, Sana Saeed, Ankit Gera, Mohit Malhotra, Armaan Jain, Mayur Verma, Najeem Khan, Nakshatra Bagwe, have been roped in already. Also we can expect Mahi Vij, Roopal Tyagi to be part of show.

Another show you cannot miss is I can do that on Zee TV which will be hosted by Farhan Akhtar. The show will make contestants perform various tasks. The confirmed participant list includes Rithvik Dhanjani, Gauahar Khan, VJ Bani, VJ Andy, Chef Ranveer Brar, Shibani Dandekar, Madhurima Tuli, Mandira Bedi, Bharti Singh, Gurmeet Chaudhary, Meiyang Cang and Dino Morea



Gautam Gulati raises hotness quotient!!!



Gautam Gulati, fondly called as Gauti will be seen in MTV'S upcoming Sex fantasy reality show, Big F where he will be seen playing the role of Sutradhar for show. The show will focus on three F's Forbidden. Firsts. Fantasies. He had recently took the net by storm when pictures of his lip lock did the rounds. Only later, the fans cooled down when they came to know that it was still from promotional video of the same show.

Marriage not on the cards for Shakti Arora & Neha Saxena ???



The lovey dovey couple of our tinsel town who has charmed the audiences with their on-screen and off-screen chemistry finally spills beans on their marriage plans. After lot of speculations, Shakti Arora finally revealed that definitely he would love to tie the knot with his longtime girlfriend but not anytime soon. Definitely, this is a huge relief for Shakti's female fan following. Wink wink.

Take it easy Parth Samthaan!!!

Parth Samthaan, the current heartthrob of TV, who has swept the hearts of many with his stint in Kaisi Yeh Yaariyaan Season 1, disappointed his fans by his absence in Season 2. Fans had high hopes that he will be either seen on &TV new show or Bigg Boss 9. But seems neither has materialized for him. Also, there are rumors that he was kicked out the movie due to his unprofessional attitude. Seems, he is taking his success too seriously…

Well whatever it is, Parth cleared out that it's not the case and he has taken a break from TV for his professional growth. Also he has hinted towards some good news for his fans. We wondering what it can be???





Ram Kapoor turns father for Katrina Kaif...

The 'Ram' of Tellywood, will soon be seen playing stylish, quirky father to Katrina Kaif. Yes, after gaining appreciation from TV shows and movies, Ram Kapoor is all set to charm audiences again with his acting skills in the movie 'Baar Baar Dekho' where he will be seen in different avatar. Also, the actor has managed to shed his weight for the movies…Hmmm that's nice, but Ram, we have always loved your chubby cute look.

J.S.

CHHOTI, MOTI, NAUGHTY

She is a walking volcano of laughter... Just a glimpse of hers on the Screen is enough to send you in splits... So isn't that an after-effect of a life that began in plenty – perish the thought... Bharti Singh's beginnings were bruised and battered... A couple of years back, she shared some of the inner-most recesses of her life with us in a chatty encounter... Here is sharing a few of those Bharti-vignettes with you... Read on...

Advantage FAT *of* BHARTI SINGH



On a deprived Childhood...
'We were too poor... My father died when I was just 2 years old and my mom brought up the three of us children single-handedly... The family couldn't afford education for all 3 of us, so everybody made sacrifices to send me to School'...!

On losing a parent early...
'Yes, I lost Dad so early, but I don't ever talk about him… what's the use?... God called him away - so be it! Maybe, had he been alive, I wouldn't have been where I'm, today - you know, how is it in lower middle class, patriarch-driven families - the girls are never allowed to step out... So whatever God did - did it for my good'...!

On Bharti, the little one...
Oh, I was fat, naughty like hell and garrulous to the uttermost, gibbering-jabbering nineteen to a dozen all the time... Mom would often wail – 'For God's sake learn to be quiet... Ladki ki zaat hai - doosre ghar jaakar hamari naak katwaayegi!'...Poor thing, my Mom'...!

On mischiefs...
Heaps & loads of 'em, like, stuffing my nose with nut-bolts, sticking my hand so badly in a door that it had to be cut open to release my fingers, messing up with my mom's sewing machine and 24x7, being the Pangebaaz No. 1... And when Mom would howl at me, I'll howl back - 'First, tell me what you ate before giving birth to me?'... ha, ha, ha'...!

On being a Comic...
'You see, Kapil Sharma, Sudesh Lehri, Rajiv Thakur etc. were my seniors in college and they're the ones who groomed me... And when they became famous with 'Laughter Challenge', they called me to contest the next session… I was frozen - 'No, Sir' I wailed, 'even in weddings, I keep turning my back on the cameras to hide my plate, how can I ever face those shooting cameras in the Show?... But they persisted and finally, I boarded the first ever flight of my life - to Bombay'...!

On 'Laughter Challenge' debut...
'I saw Shotgun there – I mean, THE Shatrughan Sinha… sitting in person before me - I was toh paralysed... I ended up as 'Runners-up' in the Contest and that was a miracle for me, as I never thought I could survive more than one episode... They gave me a 40-inch LCD TV and the streets of Amritsar burst with excitement... Nobody had seen such a big Screen before'...!

On Comedy...
'One doesn't create comedy - it's already there all around us in our mommas, granmas, granpas, neighbours, chums - One just has to pick it up properly'...

On being stamped as a 'Blue Whale'...
'Not only that - 'Laughing Buddha', 'Adnan's twin', 'Truck' and many, many more - but what's the big deal... I am what I am… You know, 9 children were born with me in the hospital and I was the heaviest of 'em all... My mom got a prize for having borne me'...!

On turning slim...
'NEVER! Arre, bahut roungi if that happens... When Gyms offer me 70-80% discount, I shoo them all away and when those size-zero nymphets dare taunt me for my bulge, I tell them - 'Look, I can earn a lakh of rupees at the snap of my finger thanks to my bulge - can you do that?'... Really, today, I, who didn't know what a brand is, have bought an 'Audi Q3' and that too from my own money - all thanks again to my bulge... Do you think, I'll ever be foolish enough to lose it?'...!

On being a 'JDJ' Contestant…
'Oh, my 'Jhalak Dikhla Ja' dancing avatar was thanks to only and only one man – Savio (Barnes - Choreographer)! It was a miracle that an 85 kg. girl did all those Splits, Cartwheels, Rolls - the works and that too with such finesse! Just Savio could have wrought this miracle! He was my pal, bro and parent, all in one'…!

On life as a Celeb...
'It is hard – particularly, for an Aaloo ke Paraathe, Chaat-Pakode, Gol-gappe girl like me, who now cannot stop at stalls and polish those goodies off, because I get mobbed and have to run for my life... Ooof - being a Celeb is really tough, but today, even if I'm walking in a Chappal - I remain a Celeb'...!

On Icons...
'Paresh Rawal... Johnny Lever... and yes - my Kapil Bhaiya... But none of those Chaplin etc. - that's too old an era and I don't understand them, anyway'...!

On being a Funster 24x7...
'It can be a torment - once my Mom was in ICU and I was on the Sets of 'Comedy Circus' being funny... But just as 'he' said in 'Mera Naam Joker' – 'Show Must Go On'... That's my mantra'...!

On a prayer for God...
'Only one - Bhagwaan, Mujhe Kabhi Dubli Mat Kar Dena... Main Barbaad Ho Jaaungi'...!

On summing herself up…
'Chhoti in my heart, Moti in my frame and Naughty in my act - that's me, Bharti!



We couldn't have agreed more! Indeed, this big bundle of joy is so many things in one... she can be fun and tears all at once... The craftiest Chameleon in her Art, she changes hues at the blink of an eye... And for those Bharti booms of laffs, we'll pray – keep 'em up, funnybones (or shall we say, funny-flesh... We need you this way and this way alone...! May the FAT be with you!

RONIT *Roy*

Veteran TV actor Ronit Roy is quite excited to be a part of the &TV game show Deal Ya No Deal. "I could have easily taken up one more daily show (already doing Itna Karo Na Mujhe Pyaar) but I prefer trying out different concepts. And here I come across two completely different families of 26 members each (participants) every shooting day who all tell me that they love me, what more can one ask for ??"

Since this is a game of probability i.e. one right move can win the participating family a crore in prize money and one wrong selection can get them down to a mere hundred odd rupees, what is your take on luck and have you felt you had taken a wrong turn in life? "Yes it happens to me every day, sometimes more than once, but having said that I don't regret what I do, I rather dwell on stuff missed out on."

Here Ronit points out that he gets very emotional when families loose out, "It is still ok when well off people fall down the money ladder, but when families who really needed the dough falter, it hurts. And I have no problems in showing my feelings for that does not mean that I am biased. Even my wife questions my over attachment to the game, but I explain to her that since most of my day is spent with the contestants, a certain amount of kinship is but obvious."

As compared to other TV actors Ronit is very fluent in Hindi, he never uses Hinglish and his vocabulary is full of formal words like, "I credit my eloquence in the lingua franca of India to Mr. Raj Babbar, many years back we were shooting for Khatron Ke Khiladi (2001) along with Mr. Mithun Chakraborty After the shoot wrapped during one dinner Mr. Babbar who is a very close friend of Disco Dancer joked about the latter's Bengali accented Hindi. An indignant Mithun da fired back saying so what? To which Raj explained that one should have full control over the lingo in which we work. I endorse the same theory for it empowers us play around with the character much more."

When asked about his film journey he says, "I do around three films a year," Here this actor with hits like Udaan and Student of the Year under his belt etc. made a big admission. "Over the years I have turned down many down big films which eventually turned out to be duds at the BO. I will not name them as they will feel that I am trying to milk publicity on their behalf."

In closing we asked about his other profession as a security company owner, "I needed to do something back when I was declared a flop film actor. Luckily I met people who offered me their expertise in the field and I was equally blessed in finding's clients who trusted me."

Finally Ronit says he too wants to take part in the show with his extend family but format rules says a host cant. "I hail from a landed aristocratic Bengal family. My maternal granny says at one time we owned seven villages and hills today, I can't even locate one."

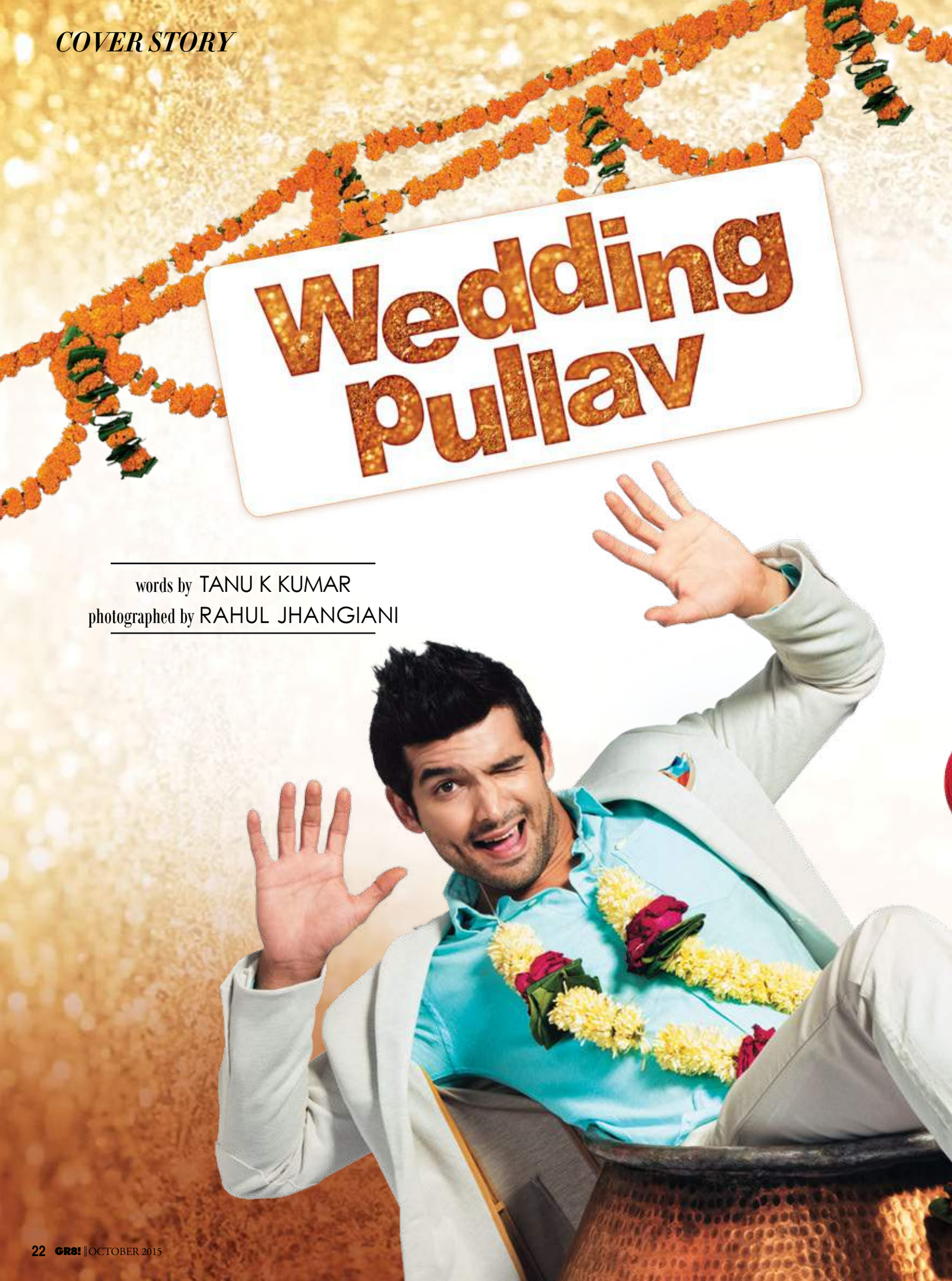
PS Ronit bro please kick the butt. He has promised himself that he will soon quit smoking as he is 50 odd. "I just have one bad habit and I guess it is ok."

A.M.



Wedding pullav

words by TANU K KUMAR
photographed by RAHUL JHANGIANI









Love, dosti, band-baaja, naach-gaana, baraat & baraati's, one dulhaniya, more-than-one dilwale and lots of tamasha… discover and catch it all, neatly packaged for us, all in one place, at the soon to be released shaadi-of-the-year film "Wedding Pullav".

It's Anushka's first film ever, it's Diganth's first Bollywood (Hindi) film ever and it's the directorial debut of legendary cinematographer Binod Pradhan. So many firsts, so nerve wrecking and so very exciting!

The pullav also features film legend Rishi Kapoor and many other great stars such as Karan Grover, Sonali Sehgal, Satish Kaushik, Upasana Singh, Parmeet Sethi, Kitu Gidwani, Himani Shivpuri, Tripta Lakhanpal, Aru Verma, Ali Khan & Neha Tomar. Fantastic melodies are created for the film by the brilliant duo Salim-Suleiman and splendid choreography is by the super talented Pony Verma.

Immediately following a viewing of the trailer of the "Wedding Pullav", a host of friends, well-wishers and even strangers stormed Twitter, Facebook and other social media to express their thoughts on the sneak-peek... Most applauded and praised it lavishly for it's music and stunning visuals and many simply concluded it's a not-to-be-missed-flick! David Dhawan, Mahesh Bhatt, Ramesh Taurani, Ramesh Sippy, Jackie Shroff, Boman Irani, Ratan Jain, Anupam Kher, Varun Dhawan, Alia Bhatt, Rana Dagubatti, Abbas Mastan, Komal Nahata, Shakti Kapoor, Masaba Gupta and the list goes on… All had wonderful words of praise, support and encouragement for the stars and for the movie combined.

The icing on the cake of course was when Bollywood's super star Mr Amitabh Bachchan (yes, The Big B himself!) tweeted "Wedding Pullav.. Fresh and new talent needs a watch and encouragement..!!" Honestly, who could ask for more?

Well, I've seen the trailer for myself and I can without any hesitation whatsoever state that I would bet my last dollar on this movie being a blockbuster! I've made sure to watch every song that's been released thus far – the first song "Oh Jaaniya" is a chartbuster already, it crossed a million views within a week of it's release and the tune of it plays in my head all the time – it truly has been a long time since a beautiful song like this hit the charts..!!! The other music too is thoroughly memorable, enjoyable and has one moving to its beats within a very short time.

My best wishes go out to the new kids on the block and here's looking forward to their scrumptious pullav! Don't miss it folks!

I have a solid premonition about the crew hitting the jackpot with this one. I know the proof of the "pullav" is in the eating but judging by my discerning palate & the various flavors of information that I've amassed about the upcoming movie till now, all put together I'm seeing the best, ultimate, classic, perfect recipe – My wager's already on this "pullav" - I can barely wait to see it dished out, to taste the goodness and to savor it! For those of you not getting my drift, wait and watch… and for those of you who are kinda grasping the sentiment too, Bon Appetit!

WATCHING THE WAIST with Festive Binge eating



Dr. Abhay Agrawal did Masters in Surgery and is one of leading laparoscopic and bariatric surgeon of Mumbai. He received specialized training in advanced laparoscopic Bariatric surgery and Robotic surgery from experts in France, Austria and USA. Having been trained in India and Abroad, Dr. Abhay Agrawal runs the Dept. of Bariatric surgery - a center of Excellence with a 100% success rate at the Asian Heart Institute, and Seven Hills Hospital, Mumbai. He has been known treating most difficult cases of obesity.

India, the land of festival is incomplete without special dishes which are prepared and offered to respective deities and seasonal background plays an important role in the celebration. It calls for get togethers with friends and families, shopping for new clothes and indulging in good food. 'High –Calorie Food' plays an integral role in this festive mood. It is difficult to stop yourself and stay away from these delicious temptations. This often leads to uncontrolled ingestion of large quantities of food within a short period of time, which is commonly subjected as 'Binging'. There is a sense of lack of control over the eating episode.

We all overeat some time or the other, but when does the line of overeating cross? If your days and weeks are becoming more filled with the sessions of overeating then it is a major reason to worry about. Many of my friends do control themselves throughout the week or fortnight or even a month staying away from their favorite sweet or snacks consciously but they lose their inhibition on the onset of any occasion by overindulging themselves in eating large quantity of High- Calorie Foods. I have seen them going crazy that time but on the very next day they feel guilty and annoyed. Some of these people are not even aware about the fact that they are Binging.

People who practice regular Binging end up being overweight or morbidly obese. Giving such a shock to your body by consuming increased number calories at a time affects your blood sugar levels adversely. This could lead to complications like Type 2 Diabetes, High cholesterol, Gall bladder diseases, and heart diseases. They also complain of breathing difficulties, increased acidity levels causing reflux, heart burn. Eating too fast, going out of control, obsession with food, most importantly 'Craving' for food results in these complications. We need to understand the difference between hunger and craving. Hunger makes you eat anything like veggies or whole cereals etc but craving is the feeling for only particular food that you love.

The following tips would help you to avoid binging:

- Serve yourself with only a small portion of food item and keep the rest. Limit the portion size instead of having the whole pack of sweets at a time. Do not indulge yourself by eating lump sum of your favorite food. Enjoy very small servings of such foods once or twice in a week to avoid the craving.
- Take more proteins whenever the urge to binge arises. Proteins keep you full for a longer period and provide greater satiety
- Choose low calorie (non fried) baked or grilled items rather than high calorie fried junk
- Avoid munching with your drinks. It often acts in tandem with Alcoholic drinks forcing the person to drink and eat more.
- Use small bowls and spoons to eat it.
- Slow down the pace of eating instead of gulping down the food very fast. Enjoy every bit of it slowly.
- Craving for food is only in your head, so try to divert your mind by going for a walk, reading a book or shopping.
- Have small and frequent meals. Do not skip meals as it helps you not to over eat the next meal.
- Concentrate and practice mindful eating. Avoid eating in front of TV or computer.

In case you have been binging then do not punish yourself by going for vigorous exercise and gym. Just go back to your normal exercises that you usually do and regular physical activity. Move forward and look for better options like whole cereals and pulses, fruits and veggies, lean proteins and very small portion of your favorite sweet once a week to avoid occasional binging.

People work long hours, eat fast food with high calorie intake, lead a stressful life with no time to exercise. It's a vicious circle…the patient gains weight so becomes less active and because she/he is less active so she/he gains more weight. One has to exercise 5 days a week at least for 45mins a day and preferably cardiovascular exercise. Also watch your calorie intake especially from oil\butter. Small frequent meals will keep the BMR (basic metabolic rate) high. To lose 500gms of weight one has to eat 600 calories less everyday for a week.

A combination of all this should be effective to combat obesity and will help in improving weight and health status of obese individuals. Festivals bring happiness and prosperity in the house and so does health and wellness. So remain healthy and celebrate forever and stay well.

Our Simplified 300 Calories (Kcal) Balance Sheet. It clearly shows that consuming 300 calories would take us less than 5mins while spending them would need hours of hard work

INCOME	300 calories	EXPENDITURE
35 Gm. Butter, Ghee, Oil (Or)		90 Min. Leisurly Walk (Or)
40 Gm. Wheat Chakali (W)(Or)		60 Min. Aerobics (Or)
45gm. Sakarpara Sweet (N) (Or)		60 Min. Power Walking (Or)
50 Gm. Puranpoli (1) (W) (Or)		45 Min. Cycling (Or)
50 Gm. Murukku (S) (Or)		45 Min. Fast Walk (6km/ Hr) (Or)
50 Gm. Rawa Wada (S)(Or)		40 Min. Swimming (Or)
60 Gm. Pinni (N) (Or)		30 Min. Running (Or)
60gm. Khari Biscuits (Two Large)(Or)		30 Min. Jogging
60 Gm. Ice Cream (2 Scoops) (Or)		
65 Gm. Sweet Poli /Ghee Paratha (Two) (Or)		
75 Gm. Thali Peeth (W) (Or)		
80 Gm. Dosa / Coconut (S) (Or)		
80 Gm. Big. Kachori /. Samosa Each (Or)		
300gm. Khichadi (Or)		
90 Ml. Rum, Brandy, Whisky, Gin (3 Pegs) (Or)		
250 Gm. Dhokla (Or)		
250 Gm. 2 Eggs Boiled/ Plain		



TRIPLE TROUBLE

3 EXPLOSIVES BLAST AT THE ITA AWARDS





Or was it an Alien-attack?

Or something as rare as three volcanos coming to life with identical intensity and that too all at once… yes - they really erupted in tandem, sweeping and scorching one and all in their seething stride! Trust us, that rare occurrence is exactly what came off at this year's ITA Awards, when the madcap Manish (Paul), crackpot Krishna (Abhishek) and berserk Bharti (Singh) ran amok, striking their highest Comic keys and, in turn, creating a mayhem of fun, leaving all of those present gasping for breath through bouts after bouts of guffaws!

The evening was begun by Manish & Krishna minus Bharti and they hit the nail from the very outset with their blisteringly hilarious banter, pulling each other's legs with jibes soaked in tangy, tarty wit. And the slug-fest between the two resulted in such delights as...

Krishna puffing and thumping his chest and boasting about the organisers having spent a bomb at his 'Entry' on the stage, only to be cut to size by Manish - 'Oh, yes, I saw that - four dancers accompanied you - what a bomb they spent, indeed! Itne mein to Bahubali-3 ban jaati!' Never the one to take it lying down, pat comes Krishna's rejoinder - 'I dunno about Bahubali-3, but surely, 6-7 'Mickey Virus' toh ban hi jaateen!'

The house roared at this duel of wits!

Similarly, when Bharti joined them after a while, we had Manish going gloriously gallant and effusing - 'What a dress Bharti! In Kerala, they drape elephants like this'! And Bharti shot back - 'Yeah, a 'Mahout' would say so!'

And they kept darting these barbs not only at one another - but others as well. Hence, Sumona (Chakravarti) was described with such a Shakespearean finesse - 'What a beauty, this Sumona - her lips are reaching the neighbour's chair!'

And when Nia (Sharma) came up to receive her Award in that ivory, frilly dress with a long tail sweeping the floor, Manish scurried to hold it aloft and Bharti went 'Grrr' at him - 'Stop! Who knows how far you'll slip in?' At this Manish cooed coyly, 'Oh, but I've stopped sleeping under Mosquito-nets!'

Poor Nia - she didn't know where to look!

The threesome, as mad as March-hares, rustled up a 'Kathghara' (Dock) and started, what they trumpeted as - 'Baap Ki Adaalat'! That 'Dock' became a grilling fun-oven for the likes of Mika Singh, Gauhar Khan, Karan Patel, even Kabir Khan of 'Bajrangi Bhaijan' fame! So while Mika had to grapple with teases like, 'Why wear dark goggles in the night' (eh, to hide a roving eye, is it?), Karan had to justify his short-fused reputation and Kabir was in the Dock for his obsession of training his cameras on mountains all over the world!

And seeing the 'accused' going 'umm… hmm… err' at these stumpers, the audience had a whale of a time! But the climactic note came when the trio had a brush with Sudesh Lehri, who matched all their 'Nahlas'



with his 'Dahlas'!

He and Krishna got the 'Best Comic Duo' Award and Lehri minced no words in gushing that the success of each 'duo' is because of the efforts put in by 'two' and not just 'one' - 'like, in our case, the 'one' is me and the 'second' is the almighty above!' You should've seen Krishna's face at this. Lehri also most 'humbly' confessed –'Look, I was a naïve simpleton from Amritsar and whatever I have learnt, has been only thanks to Krishna – yes, whatever - boozing, smoking... whatever!'

Krishna, too, was no less generous in putting him on a high pedestal, like, 'Indeed, what a man is Lehri Sahib! You know, when he came to Bombay, he had hardly 1,ooo-1,200 bucks in his pocket and look today – he has a debt of 2-3 Crores… Ooof - What a man…!'

Roars… Roars… more Roars!

The three terrorists with their guns of fun unleashed unending volleys of laughter, but finally, we had a moment when with guilt clouding their eyes, they turned towards the audience and Manish spoke chokingly - 'Look, I know, we've been nasty, but please do not mind our words!' and Bharti, also whimpered, 'I, too, have to say the same!'... but in the very next breath, Manish hissed, ***'But if you do mind, toh go on - Ukhaad Lo, Mera Kya Ukhaadna hai!'*** And Bharti, too, lost not a second in chipping in, ***'I, too, said that 'cause it was written in the script - otherwise, Main Bhi Kissi Ke Baap Se Nahin Darti'...!***

Taaliyan rent the air – how cutely brazen!

And thanks to that Triple Trouble, the ITAA, 2015 became the craziest, crankiest and quirkiest of all Awards-nights and 'There wasn't a moment when you weren't in splits' - (not our words - Rajan Shahi said that)...!

Can The ITA better it the next year?
Wait 'n' watch…!



Qubool Hai



running out of steam?

A.M.

Zee TV's long running daily Qubool Hai (2012-now) might shut shop sometime in October. This Muslim social produced by Four Lions Films has been plagued by repeated controversies. It has even cost the chair of two Zee TV Executives. First was Ajay Balwankar (ZEEL Content Head) who was fired first season lead actor Karan Singh Grover (KSG) from the show back in 2014. The former publically accused the TV now turned film actor of being an alcoholic. The sudden removal of such a popular actor saw a virtual war being fought on social media by die hard KSG and QH fans. KSG was replaced by Raqesh Vashisth who in turn was replaced by Karanveer Bohra (KVB). But the furor over KSG'S sudden exit and subsequent drop in numbers forced Zee to remove Balwankar as it was alleged that he had personal issues with KSG.

The second Zee executive to lose her chair was Fiction Head, Charu Singh. She was supposedly held responsible for story changes which led to TRP's dropping (around July Aug 2015). Since she was a senior, Zee offered her a fig leaf of resigning rather than firing her.

Off late Qubool Hai, is being panned by critics as being very over the top and full of bizarre stuff such as black magic etc. A source added that ideally the best thing would have been shut shop at the end of season 2 with Sanam (Surbhi Jyoti) and Aahil (KVB) coming together rather than embarking on the Pakistan angle. But then numbers were high and no one wants' to kill a milch cow. So poor Charu become a scapegoat quipped a source.

The downfall started with season three's ham handed story, numbers started dropping thick and fast. In this scenario channel moved the show from super prime time slot (9.30) to a early evening slot (7.30) leading to bigger drop. Seeing the writing on the wall KVB quit. Incidentally he had put in his papers even before but was convinced by the production house to stay back. Sources say KVB ever since his return had repeatedly asked the creative team to get the story in order but alas, hence he decided to leave not wanting to unnecessarily shoulder the blame for the show's eventual demise.

Matter's only got worse when other important actors like Amrapali Gupta and Varun Tooki were asked to go. The source assume these exit's happened as the already in red production house did not want to incur heavy expenses at the new time slot.

The source added that that in this uncertain situation the real victim is lead actress Surbhi Jyoti who has been part of this project right since day one. She is really tensed given the off air news. As of now there is little possibility of it surviving beyond next month, even it does it will just stretch by a couple of months in case replacement show is not ready by then. Surbhi is really worried for being overexposed; she might find it tough to get another show soon. This stress is taking a toll on her skin, pimples and marks can be seen on screen, even the make -up can't cover it.

Another problem for Surbhi is absence of good co-actor; she needs someone to get the goods out of her in terms of action and reaction. Right now there is no proper main lead and if sources are to be believed then Khala (Melanie Nazareth) and Latif (Nirmal Soni) are not really great actors on whose shoulder Surbhi can steal the show on her own. They take lots of takes and retakes which spoils the natural flow of the scene.

TURNING DREAMS *INTO* REALITY

Sumit PATHAK

So now you are the judge of the show where you have been contestant before. Surely it must be GR8! feeling but at the same time it's a big responsibility…How you manage that?

Yes, it has come with lot of responsibility. I have to play the role of judge, master, friend, etc. But I feel great. And as long as you love what you doing, you definitely tend to give in 100 percent.

So, tell us about your journey...

As soon as I joined college, I stopped taking money from father. You know what; I had this Rs 25 in my pocket, out of which Rs 15 I used to fill petrol and Rs 10 on food from canteen. Quite a task it was. Then I joined Terence Lewis Sir academy, gave auditions and got selected for DID 2. I was the finalist and could not make it. I was really disappointed. Then I did Jhalak and I was eliminated in the first week itself. I was very disenchanted, I worked really hard. Money has always been secondary for me. Then ABCD happened. I gave 200 % to that mini solo sequence which I had.

Shakti, Dharmesh, Lauren are also on the judge panel for different shows. Do you feel it is a challenge for you?

I, Dharmesh and Shakti were from same season where we were finalists. And I had worked with Dharmesh in ABCD also. It's in fact good that TV Shows and Reality shows are taking a leap. It's great achievement for all of us.

Idol which inspired you to become dancer…

Not as such. I get inspired by people who does lot of hard work, I tried dancing when I was in college and performed in college fest. That's when I started working hard to learn dance.

People who contributed a lot to your success…

Terence Sir & Remo Sir. Terence Sir got dance into my life and Remo Sir life into my dance.

And you look most amazing with…

I think all, But Lauren because she herself is a wonderful dancer.

Favourite scene of ABCD series
ABCD 2 climax

5 things you always carry…
Chew gum, cologne, phone, hat and my soul.

Message to aspiring dancers…
Work hard and work from heart

J.S.





Last few months, we witnessed shower of many dance reality shows like Dance Plus, Dance India Dance, Jhalak Dikhhla Jaa at the same time. Also, we saw on the judge panel ex-contestants like Shakti Mohan, Dharmesh, Punit Pathak giving away their comments and sharing their experiences. It's definitely an awe-inspiring to see that TV has definitely taken one step closer in providing a platform to aspiring dancers; not only in terms of winning the show but leave their mark in the industry too. We got into a very candid conversation with Punit Pathak who is currently seen as one of the adored judges on Dance India Dance.

Barkha Bisht Sengupta talks about her ongoing show Hanuman and how tough it is for senior artist to survive in TV.

Barkha Bisht Sengupta is quite happy with her mother character in the Sony mytho Sankatmochan Mahabali Hanuman.“ Not much is known about Anjuna so it is exciting. ”She is not bothered about TRP‘s saying, “We are number one daily show on the channel. I guess of late mytho/ historical as a genre are clicking across the board , TV content is always cyclic , some time back family dramas were ruling the roost . ” Barkha is also quite comfortable working with kid Hanuman. “ Ishant Bhanushali is a sweet hardworking boy; normally you have a real tough time working with child artists.”

Barkha who has been around the small screen since over a decade (Pyaar Ke Do Naam...Ek Radha Ek Shyaam, Sajan Ghar Jaana Hai and Doli Saja Ke etc) feels that the industry is being somewhat unfair to senior artists as most shows have rank fresher’s as leads, “ I agree we need new faces for the freshness to come across, as TV shows last a long time and artists tend get to a tad over associated with one character or show e.g. Smriti Irani will always be associated with Kyun Ki Saas Bhi Kabhi Bahu Thi . But having said that this ratio (fresh vs. experienced) needs to come down. Because of this, many talented actors simply disappear from the tube after doing one odd project. Also getting newbies to deliver quality is always a dicey game.”

So how did you survive? “I guess God has been kind plus dedication to the medium also plays an important role, unlike several of my compatriots who started off with me. I never had big filmy dreams. I always was comfortable with TV. Sanjay Leela Bansali’s Ram Leela happened but even then, I always knew I will not quit TV. One more reason for heavy attrition in TV could be the tough working conditions i.e. You need to play the same character every day for 12 hours which is no mean task. So in such circumstances if you are not focused you might get lost. I have seen several youngsters get burn out for they developed airs too soon .You can’t afford to come on set unprepared and keep fumbling with your lines. One needs to be smart enough to handle the mega success which comes in instant, for out here fame is very fleeting. There are a few actors who have attitude, yet are good with their work, hence they survive.”

Barkha has no qualms that her hubby Indraneil Sengupta is doing films and she is doing TV. “He does his professional thing and I do mine, we never carry work home. He was always more cut off for films as he likes quality and the larger than life canvas what cinema offers.”

In closing Barkha would love to do realty shows, “I sing and dance, I am quite talented you see. If something juicy comes along and I have dates why not. Recently I had to turn down one such project due to date issues.” She had earlier hosted Comedy Circus Ke Ajoobe again on Sony.

A.M.



“Ratio between new faces and senior artists needs to come down”





SHARAD kelkar

If you are couch potato and are not too interested in genre of shows full of family drama, with bahu's getting distraught by their saas or some other villain who is blast from the past, ladies looking perfect all the time with matching lipstick and hair all set properly and too much nautanki here and there, then definitely crime shows may enthral you. We have been attested with variety of crime related shows like Crime Patrol, Savdhaan India, Code Red, etc. getting instantly popular with the spectators. And the key is unexacting to assume…Such shows not only play with our fears and improbability of one's lives, but kind of raise sentience and if you are smart enough to seize it, they also guide you on how to catch loopholes before crimes gets all over you. They are not insidious, if positively taken, act as caveators…

Now another show with little twist is Agent Raghav on &TV with notable actor of our industry, Sharad Kelkar essaying the lead role of detective in it who is back on TV with a moratorium of around 2 years. Explaining on how the show is altered from the rest, he says, "Agent Raghav is very witty, observant and street smart who can read minds. As you must have seen, the show has to do more with mind games and hence make viewers glued to TV as they are also deducing who the perpetrator is". Probing more about the workshops he undertook, he laughs and says, ''I am also vigilant in real life and try to scrutinize the body language and all. But yes, that doesn't mean that I snooped on anyone or I can…Lol. He also adds that, "This is different from what I did before. Each and every show has taught me and made me grow as an actor."

So we have many shows more or less on similar lines. What you think has made Agent Raghav different from the rest? To this he instantly replies, "We haven't done any spoon-feeding to our audiences. They analyse and gauge the real culprit. And it's more of analytical and mind game."

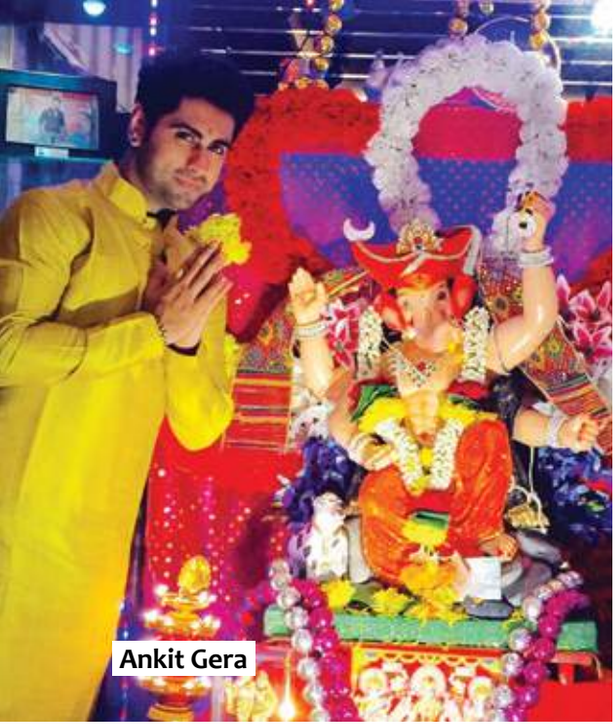
Asking about his qualms of being in TV industry, he says, "I am quite content. Touchwood, I have a very supportive wife. But yes, I have this claustrophobia. That's the reason I asked for a spacious vanity van…Lol". He is one actor who is always at ease and probing him further on this he laughs off and says, "You see, the key is simple. I do what I love to. I never take up a work for money."

Asking him about being low profile, be it social media or parties he says, "I am really lazy. That's the reason you won't find me active on social networking sites. Umm and parties, well one to one conversation seems a better idea…don't you think???"

Well Sharad, must say you are doing a fab job…And yes can't ignore…he is definitely most handsome detective on the block too…

J.S.




Ankit Gera


Vishal Singh


Arjun Bijlani

TV CELEBS WITH GANPATI


Himmanshoo Malhotra

Ganesh Chaturthi brings with it happiness, excitement and enthusiasm. Glittering lights, songs, crackers, energy of crowd dancing to the songs, etc... it definitely takes a lot of time to sink in the reality as we miss all this after Visarjan. GR8! makes you relive those moments of Ganeshotsav. Here are few pictures of TV celebs with Ganpati as they welcome home Lord Ganesha this year....


Manish Paul


Ssharad Malhotra

WEDDING PULLAV





Plot-structure:
A pulsating tale about 'discovery of love', it recounts the twists & turns taken by the life of two young birds - Anamika (Anushka Ranjan) and Aditya (Diganth). Their bond of friendship made them inseparable during their campus days and then, a time comes when they have to go their separate ways as Anamika goes abroad for higher Academics, while Aditya goes in for Bike-designing, here.

However, Destiny plots a reunion of the two at Aditya's 'Destination Wedding' with his benefactor's daughter, Riya (Sonalli Sehgall). Anamika flies down to join the wedding of her 'bestest' buddy and that's when she reveals that she, too, is going strong with a boyfriend, Jay, who is a painter.

One thing leads to another and it is decided that both of 'em will exchange marital vows with their respective partners at the same time and place. Hence, Jai (Karan V Grover) is also called there and the nuptial rituals begin in full steam.

And as that starts happening, an aching sense of loss starts gripping both Anamika and Aditya and then, a realisation dawns on them that their bond is much more than mere friendship - it is Love!
But time is running out for the two!

Now, can they, will they be able to hold onto their newfound rainbow of 'Love' or not and at this rather late stage, surmount all odds to declare that they are only and only 'Made-for-each-other'... Find that out with Diganth & Anushka in 'Wedding Pullav'...!



USIVE

Production:
GR8 Entertainment
Produced by:
Shashi Ranjan & Anu Ranjan
Directed by:
Binod Pradhan
Music by:
Salim-Sulaiman
Cast:
Diganth, Anushka Ranjan, Karan V. Grover, Sonalli Sehgall, Rishi Kapoor, Satish Kaushik, Parmeet Sethi, Himani Shivpuri, Upasna Singh
Releasing:
16th October, '15







'WEDDING PULLAV' - THE 1ST LOOK

A BIG 'THUMBS-UP' FROM THE NETIZENS...



Yup - they are the deciders, today!

They're the opinion-makers and they can also make or break reputations. From Alia Bhatt to Alok Nath to Santa & Banta to... whosoever they've touched, s/he has acquired a new aura - sometimes sweet, sometimes sour, but a new aura, alright. And the reverse is equally true, too - all of those who've been ignored by them have usually turned into damp-squibs or at best - 'also-rans'!

Such is the power of the Netizens!

If these 'digital-natives', who swarm the virtual world of Networking sites, like, , Facebook, Twitter, Youtube, the Blogs and what have you, stamp their seal of approval (or 'Likes' or 'Hits', as it goes the 'Net' jargon), that would go a long, long way in giving credence & credibility to something... anything!

Indeed, how times have changed!

If dear old uncle 'Rip Van Winkle' was to wake up today after his 20 years' shut-eye (as goes the old yarn), he would have serious danger of re-slipping into his slumber at the shock of seeing life & living changed so, so much beyond recognition – for instance, in the world of Cinema - today, from rustling up a project to making it to releasing it - each and everything has shed its skin to slip into ever newer ways & means to deliver things.

So, after you have slogged and sweat blood to be at last ready with the end-product, there comes the most crucial phase, i.e. its release. Here, you have to create a 'Buzz' to ensure the optimum number of initial footfalls for it.

And the biggest vehicle of this 'Buzz' is the Internet, today! If you get a 'Green Light' from the Netizens, it automatically means you have generated the required heat for your product in the most important segment of your audiences – the Youth as, largely, the Netizenry consists of young 'uns out there.

And that's what was most important particularly for 'GR8 Entertainment', the makers of 'Wedding Pullav' as theirs is, first & foremost, a film about the Young. So, as the 16th October (the proverbial 'Day of Judgment', i.e. the Release-date) started drawing near, they duly readied all their promotional weaponry for their target audience - the jazzy 'n' juicy Trailer, the kick-ass Song-promos and all!

And then came the moment!

The Trailer was uploaded on Youtube and after that came the turn of the first song - 'O' Jaaniya...', that has been crooned by Salim (of Salim-Sulaiman duo, who've composed the film's swinging score) and accompanying him with her dulcet notes is the inimitable Shreya Ghoshal, besides the new kid on the block, Raj Pandit.

And thereafter started the twiddling of thumbs, the nail-bites and the bated-breaths in the corridors of GR8 Entertainment, the Production-house whose baby 'WP' is...

'Will they?... Won't they?'...

But, actually, they could have spared themselves that stress, as the raw, punchy passion of 'Young Romance' couldn't but have found resonance with the Youth that rule over the Net-roost.











And soon, the verdict was out - A 'High-Sign' to the 1st look!

Hurrahs echoed in the GR8 Entertainment corridors!

At the time of writing this, in the rather short while since it was uploaded, the 'Wedding Pullav' Trailer has earned upwards of half-a-million 'hits' on 'Youtube'!

To cap it, the first-released number, 'O' Jaaniya'... has grabbed a million-plus Youtube- hits, already…
And counting...!

Same is the story with Facebook & Twitter - the responses are pouring in thick and fast. In fact, they've been effusively vocal about loving the overall sheen and gloss of the 'First Look' - ('The visuals are well & truly eye-catching...', 'Well shot...', 'Dressed with flair & flourish...' and so on. Similar response has been towards the young cast of the film - 'Fresh-as- dew faces...', 'Anushka is smashing...', 'Diganth is a head-turner...' and other such).

In sum, the Netizens have buoyed up the spirits of Wedding Pullav's young gang and indeed, as far as the 'Buzz' goes, a 'Thumbs-up' in the Digital Duniya emphatically implies one thing…

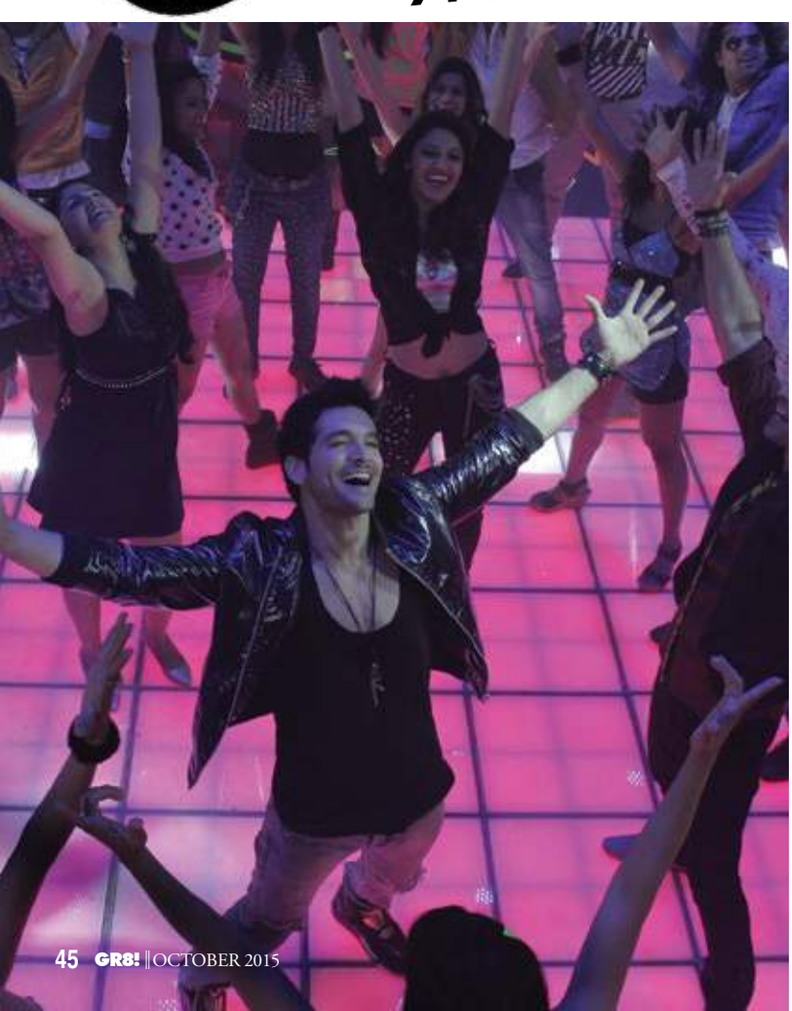
'Well-begun'!

And as said Aristotle, the wisest of 'em all -
'Well-begun is half done'…
Amen!



KNOCK-OUT NOTES

SALIM-SULAIMAN STIR UP A MUSICAL STORM...



What is Romance without Music?

Even dear old Shakespeare had gushed - 'Let Music be the food of Love...' and today, his maxim is best displayed on our Cinema Screens that are more often than not soaked in Romance and their countless 'Ladka-Ladki' tales have resulted in numerous songs set to lilting, foot-music, particularly during what is usually called as the Golden Era of the yore.

However, that lilt has gone awry today, making people pine at the lack of those enthralling notes in present-day films. But all is not lost yet and every now and then, one film or the other does keep cropping up as a happy, happy exception and one such exception has just dawned on the filmi musical horizon...

And that is - 'Wedding Pullav'!

This Rom-com, brimming with young, bubbly & bouncy Romance, needed a score that was really, really special and full of zing & swing of the Gen-next. Producer Shashi Ranjan recounts - 'As the script developed, we became more and more certain that it has to have the catapult of a rocking musical score, which also has a lilt to it!' That entailed truly manic-driven brainstorming sessions with many music-directors, but somehow that 'X-factor' factor was not coming out in whatever they had to offer us!'

And then they stumbled upon Salim-Sulaiman!

'It looks like an Alif-Laila episode now' gushes Ranjan, 'but it's a fact that the minute we finished narrating the plot and the possible song-situations to them, they instantly hummed back a few notes to us and then & there, we fell for it, hook line and sinker! It had a melody that





curled around us and to cap it, it sounded very much a 'today' sound as well!'

Eureka! They'd found their Open-sesame to a treasure!

Those hummed notes were what finally shaped as 'O' Jaaniya…' that has become a rage, today, amongst the teenyboppers all across! Salim chose to sing it himself along with Shreya Ghoshal and Raj Pandit. Shreya's velvety tenor coupled well with Salim's mesmeric pitch and that has taken this number to another plane that is simply hypnotic!

Since the film is centred upon a 'Big, Fat Indian Wedding' and that too of the Punjabi kind, there had to be a musical weave around those uproarious 'Biyaah Diyaan Rasmaan' to bring out the 'Chhed-Chhaad' and the 'Tease-fest' between the Ladkewaale and the Ladkiwaale.

And hence was born the beat-heavy & boisterous, 'Ishq Da Panga...' that sets you swinging to it, instantly. The icing on the cake, here, was the punchy rendering by Vipul Mehta and Shalmali Kholgade, who brought an altogether new zest to it!

It's primarily a film about the young 'uns and to reflect their yen & yearning for enjoying life to the lees, there came that hungaama of a song - 'Jitni Bhi Botlein Hain Khaali Karni Hain, Mujhe Party Karni Hai...'! Full-throated singing by Salim and rapping by Apeksha Dandekar make it a giddying aural experience!







And how can we not talk about what is often regarded as a 'must' for a Hindi Film Score - the Title Song? In this, too, 'Wedding Pullav' has an ace up its sleeve in the Arijit Singh-Salim Merchant number, 'Mehfilein Sajaao... Munh Meetha Karaao… the Wedding Pullav'! Once again, resonant singing and a thudding rhythmic structure will make you break into a jig the moment you listen to it!

And then, there are a few atmospheric pieces, underscoring the aching emptiness looming large over the two love-birds after their discover their bonding to be actually Love rather than mere friendship and cross our hearts, Salim-Sulaiman have poured their musical souls into these refrains, dotted all over the film.

Decidedly one can say that after a long time, a film has come whose Score does not depend on just one tent-pole hit - instead, each of its numbers has the true potential of being a Chartbuster and that too abidingly in the hearts of the listeners.

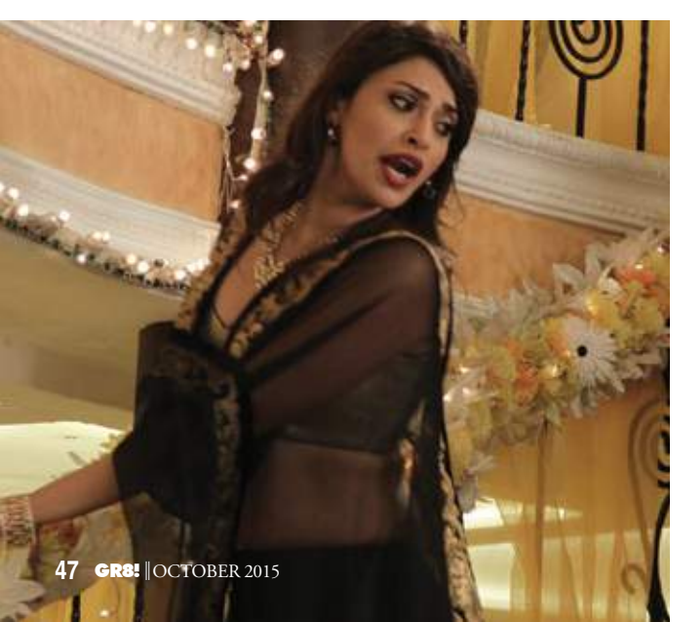
And that's what is exactly happening!

The Song released first of all was, 'O Jaaniya…', and in no time, it has received upwards of 'One million hits' on Youtube and at the time of writing this, 'Party Karni Hai...' has followed and it, too, has crossed half a million hits in a jiffy!

And so storms ahead the musical march of 'Wedding Pullav'!

As co-producer, Anu Ranjan remarked - 'Even at the risk of sounding immodest, I would say that we've been confident from day one that we had a goldmine with us in Salim-Sulaiman's 'Wedding Pullav-score' and without a shred of doubt, it'd be a notch above what is being heard in the Film-Music orbit, today'!

Well, proof of the Pullav is eating… err - here, it'd be 'listening'…
And the listeners are devouring it with rapturous relish!






Chef
RANVEER
BRAR



Dashing Personality with right attitude and not to forget his dishes which can lighten up any gal's mood; he is the epitome of perfection. Last seen as one of the judges of MasterChef India Season 4, Chef Ranveer Brar who is normally lighthearted and cheerful exclusively gets into a very candid conversation with us for the very first time...

On Zee TV upcoming show 'I can do that'...

Honestly, when I heard about it I was in two minds. My interaction with television has always been cooking but this reality show will take me out of my comfort zone. After a point, you get really accustomed to a certain way of life and you sometimes need that shake up and for me this is that. There is definitely certain kind of apprehension because it's not your field anymore. You make me cook for 4000 – 5000 people but the point is that this is not your field anymore. Also I am trying to manage things since I have to open 3 restaurants in the span of 2 months. I think what I am trying to do is, give my best shot on the practice days.

On funny incidents while cooking...

You know I remember this one incident. It was an outdoor session and they had put sugar syrup in oil cans so they both look the same. Unknowingly, I placed that in a frying pan and there was fire and chaos all around the kitchen. Hehe... no one could grasp what actually happened.

On his favorite chef...

Late Chef Charlie Trotter is my favorite. Can't resist his well-made Khichdi.

On Chef Sanjeev Kapoor and Chef Vikas Khanna...

From Sanjeev Kapoor, I have learnt presence of mind. He lives in the moment and is very process driven. It is very difficult to be creative as well as process driven but he has cracked the code. Whereas from Vikas Khanna, I have learnt perseverance, there is a lot about him that we don't know. For e.g. he sleeps only 3 hours every day and his efforts.

On acting...

Yes, why not, don't you think we should try everything once in our life? I am signing a Telugu film which my friend is producing and he wants me to be a part of it. So when I can say yes to a Telugu film why will I not say yes to a Bollywood film?

On message to wannabe chefs...

Stick to the basics, there is a lot happening in the food space and we intend to get carried away. For the first 3 years of your carrier in cooking make sure that you always stick to the basics.

J.S.



CURTAINS FOR

Love is all about commitment and being there. If your man does not accept that you are together, how long can the relationship last? Such a similar predicament also befell good looking Sriti Jha of popular Zee TV show Kumkum Bhagya. She was in a romantic equation with her Dil Se Di Dua - Saubhagyavati Bhava co- star Harshad Chopra since 2012. Sadly he was not ready to accept that they were a couple. He would mention in interview's they are just friends. Poor Sriti on her part was forced to swallow this slight. In an apparent bid to hide the relationship, Harshad make sure that they were not seen together at events which helps gives respectability and formality to any relationship. Though the couple were often spotted together at funky night spots or hep coffee joints sharing sweet nothing's. Our source further adds that Sriti was anxious to culminate the relationship into marriage which apparently Harshad was not interested at the moment.

In such a unclear atmosphere we hear that the couple have decided to go their separate ways, about two or three months back adds a close friend of Sriti.
Harshad who was last seen in the ill-fated Sony show Humsafars has had had a long line of supposedly liaison's with pretty woman from tellywood. He was first in relationship with his Kis Desh Mein Hai Meraa Dil co-star Additi Gupta (who is now supposedly dating Rizwan Bachav). Sadly he had had quite a bad breakup with her. The couple was not on talking terms for a long while. Next the grapevine was abuzz with his possible link up with Vahbiz Dorabjee (now happily married to Vivian Dsena) during her Pyaar Kii Ye Ek Kahaani stint.

Could his roving eye also be the cause of his latest break up? A source says, "Being a young good looking

Harshad & Sriti!



and well-spoken man he used to play the field before, but we have no information if that could have also contributed to the current break- up." Harshad was even rumored to have been linked up with Tere Liye lead gal Anupriya Kapoor.

Sriti who gained fame with her double role in Jyoti on her part had a few years relationship with her Dhoom Machaao Dhoom co-star Vikrant Massey. Incidentally Vikrant had quit Balika Vadhu in 2011 in which Sriti entered in 2013 after Dil Se Di Dua shut shop.

Since this story is about the personal life of our favorite actors, we did not want to carry it without quote. Accordingly when we did not receive a reply to our text message queries or calls, we dropped a FB message on Sriti's profile asking for a response.

A day later we received the following angry reply, "To begin with my personal life is no one else's business. Also Harshad is one of the nicest people I've met. He's a respectable and an honorable man. Your uninvited speculation is distasteful."

Our source stand by the story saying "You can't expect her to wash dirty linen in public. Plus if you read the quote carefully she has not directly denied the break up the reason mentioned. "

Our attempts to elicit a response from Harshad as usual met with a brick wall. This self confessed loner had promised this reporter at the start of the year to be more open to media queries. Bro today was a test case.

A.M.



Star Daandiya Goof–ups...



Manasi Parekh...

'Oops - how can I ever forget what I did once playing the Daandia-Raas... Quite a night had passed and the dance had reached a feverish crescendo... I was jigging as there was no tomorrow and suddenly in that frenzy, I lost hold of my stick and there it went flying only to hit a guy behind me... I toh died of embarrassment...

'Give me Mallika Sarabhai any day to play Daandia with'...!



Himanshu Soni...

'The first ever time I tried Daandiya was with a girl coaching me, but I just couldn't get it right... I couldn't even hold the stick right and it kept flying all over... The whole night passed and I was still fumbling with it to her utter exasperation…

'And about my dream Daandiya partner... Can the answer be anything else than Deepika Padukone'...!



Aishwarya Sakhuja...



9 Navraatri Pulse-pounding Nites...

It's magical!

Nine nights of sheer celebration - the thudding echoes of the Dhol… the whirls & twirls of gyrating bodies draped in shimmering outfits… the blinding lights and the glitzy décor - it all adds up to an out-of-this-world experience that goes on and on, night after night, till the immersion day of Goddess Durga approaches!

Yes - the whole jamboree is dedicated to Maa Durga!

Actually, there are more than one Navratri celebrated during a year-span in India, like, Vasant Navratri (March-April), Aashaadh Navratri (June-July) etc. but it is the Sharadiya Navratri, falling during September-October which takes the pride of place in celebrating the Divine Mother as that's when she killed the demon, 'Mahishasur'! It is also known as Maha Navraatri.

In this Fête of 9 nights and 10 days, Durga in worshiped in all her 9 forms or aspects from Shailputri to Skandmaata to Mahagauri and so on), each on a night, while on the 10th day, which also happens to be the Vijya-Dashmi (the victory of Lord Raam over Raavan), her idols are immersed in various bodies of water by hysteric devotees.

At the outset, on a particular Muhoort, the Goddess is invoked into a 'Kalash' (Urn) amongst resounding chants of Vedic mantras and that ritual is called 'Ghat-sthaapana' or 'Kalash-Sthaapana' and from then on, the celebrations start, peaking at nightfall to unbounded abandon.

Celebrated almost all over India, Navratri is most special to the Western states of Gujarat and Maharashtra as well as the Southern state of Karnataka, besides, of course, the West Bengal. Both the Gujjus and the Bongs have something most unique up their sleeves during Navratri…

Daandiya Raas:

Owing its origins to the 'Raas' created by Lord Krishn with the Gopis, the Gujarat-Dandia is a dance form akin to their Garba, but jigged with Dandiyas or sticks, with countless couples striking them rhythmically ,while dancing opposite each other. In that, it is also symbolic of the sword fight between the Goddess and the Demon!

Durga Pooja:

This is particular to West Bengal and is celebrated on the last 3 days of Navraatri. Instead of 'Daandia-Raas', here they have the 'Dhunuchi Dance', a frenzied affair with the 'Dhunachi' (incense), held by the delirious dancers, billowing huge clouds of holy smoke to the feverish beats of the 'Dhaks' (a peculiar Bengali percussion instrument)!

However, the crux is that whatever the way and wherever the venue, it's a universally acknowledged fact that 'Navraatri' is the mother of all celebrations!

Let the feet fly, ho!

'My first Daandiya outing was the most embarrassing one... Despite my Mom's persuasion, I insisted on going for dancing in Jeans and reaching there, I was the oddest one out amidst those shimmering, scintillating Chaaniya Cholis... Gosh – I didn't know where to hide…
'Oh, I'd love to dance Daandia with Sonu Nigam'...!



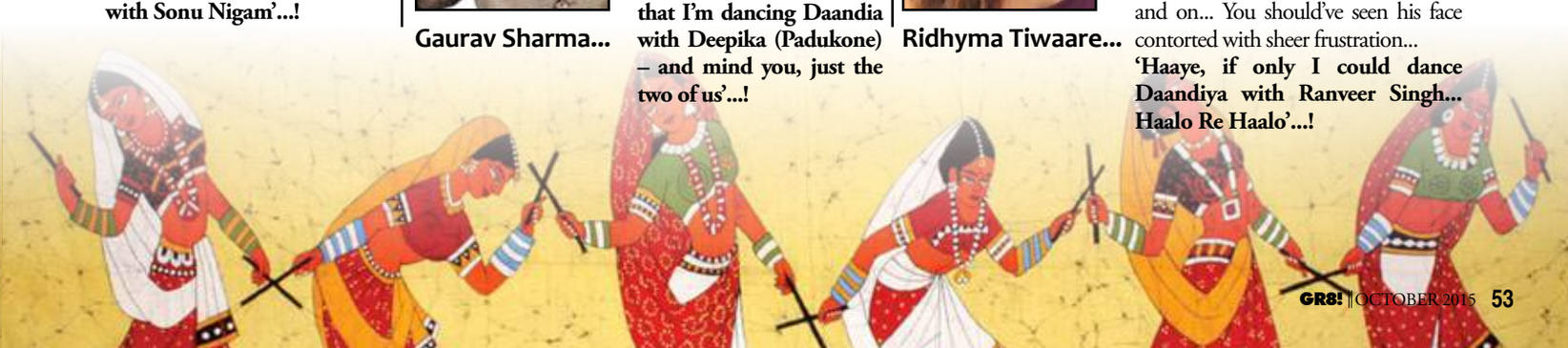
Gaurav Sharma...

'Arre, back home we were a pack of Devils in Daandiyas and our pranks would make everybody howl... Often, we'll hide the girls' sticks and then kept dancing Garba with glorious innocence, while they would be miserable... ha, ha, ha...
'Ah, I dream it everyday that I'm dancing Daandia with Deepika (Padukone) – and mind you, just the two of us'...!



Ridhyma Tiwaare...

'Earlier on, I would always be stunningly dressed at the Daandiya and that drew many a Majnu towards me... Once, an oh-so-smitten one kept trying to couple with me in the dance... He would make smart moves & manoeuvres in the circle to reach me, but I was always one up on him and didn't let him succeed in his designs… This battle of tactics went on and on and on... You should've seen his face contorted with sheer frustration...
'Haaye, if only I could dance Daandiya with Ranveer Singh... Haalo Re Haalo'...!



YEH RISTHA STILL HAS A LONG WAY TO GO -

KARAN MEHRA



Karan Mehra is not your typical GEC hero who splashes himself shirtless all over yet he is one of the bankable actor's on the tube today. It is not mean task that his Star Plus show Yeh Rishta Kya Kehlata Hai has gone to become the long running series on the channel till now (1800 episodes and counting).
"At first, I had difficulties for Naitik as he was completely different from me. He was immature and impatient. Over time I have slowly imbibed my personal qualities into him. Today after seven long years co-star Hina Khan and I understand each other's strengths and weakness so well that we often directly go into take without rehearsals. There is also strong supporting cast of 30/40 great actor's, the entire unit works together like one happy Rajshri family."

What do you think makes your show tick? "Our story cuts across all segments of audiences, right from a child to youngster to middle woman and an old man. Had that not been the case we could not have lasted for seven long years with constant stiff competition. The best part is that we quietly go about our job without screaming from roof tops. There is no forced negativity, sudden build up, and we have always followed the more realistic path unlike others."

But does youth who form a major chunk of our population watch your show? He says, "I agree they might not really connect with as with other stand alone youth concepts, but we do have a strong young fan following on social media as well."
Karan is quite clear in his funda that he does not want to resort to cheap funda to garner publicity.

"Controversies are not my game, I strictly believe in keeping my personal and professional lives apart. I want my work to speak for itself. Believe me it is not easy to make a name for yourself out here hence, it is vindication of my efforts that today whenever I go to small towns everybody recognizes me. "

Karan and Hina have always maintained a strictly professional relationship, "We share a cordial equation joking around or bonding on set. Having said that I don't like to party or hang around with my colleague after work , for I have my wife family and non Yeh Rishta friends who I also need to give time as well .

Now given the fact that his character has become a dad, "I have done lots of changes in body language and mannerisms to suit my more mature character. I also identify with the values my character espouse to his kids I believe in the Indian family system."

Don't you want to do other stuff?? "I am quite satisfied, since we get to play around some many shades of emotions and situations; I don't feel stagnated as a performer .I rather think we have a long way to go." Here Karan jokingly adds that, "Now my friends have given up on the hope of seeing me in some other role. They say you will still be playing Naitik ten years from now and will make huge buildings in return."

In closing Karan says a lot of credit for the success of Yeh Rishta also should go to the production house (Director' Kut) and channel for it is not easy to write a new story every other day, which keeps the viewers engaged. Also because they are quite fair in their dealings, most actors have stayed on which normally does not happen in long running series."

A.M.



VISHAL Singh

Flamboyant, Spirited and Charismatic is what describes him the best. . A household name who has won hearts of many with his stint, Vishal Singh aka Jigar Modi of Star Plus's most popular 'Saath Nibhana Saathiya' gets into a candid conversation and spills beans on his journey, his ongoing show and his equation with his co-stars...

Tell us about your journey in this industry...How did Jigar Modi happen?

It has been a beautiful journey. I was launched by Balaji Kuuch Iss Tarah and they pampered me like a baby...I was in Kasam. And coordinator Rupesh sent me for Saathiya and it clicked. Those were the best three years of my life. It has given me everything. I had never expected such warmth but the industry and the audience have accepted me with open arms. I am grateful for that.

Has there been influence of any actor behind your decision of becoming an actor?

Salman Khan. Actually not really because nothing of this was planned. I never imagined being an actor. My destiny pulled me here and everything worked out itself. I was working in a company and I just happened to come here and got the show rest.

Most challenging scene of your career?

When I was doing 'Kasam Se' we had to do a major accident scene. There was a huge blast, glass on the floor and blood everywhere. I had hurt my knees. But at the same time, that was the best scene of my life. I can never forget that.

We have seen few leaps in the show...Do you think it has positively or negatively affected your role?

I am always neutral. There is nothing negative happened so far. I believe everything happens for good reason. So I am happy.

Was there any time where you felt that your character Jigar Modi had nothing new to offer to audiences?

Well can I be honest??? There was a time in the middle when I used to think about it. But then Rashi's track happened and then there was the entire Pari-Radha story. So I was back on track.

Though it's a small screen but it's a big world. Do you face any threats considering the fact that even the lead actors could be replaced? Does that kind of make you feel restless?

No, not at all. I don't do such things for which I could be replaced. I believe in God. What is meant to be mine will be mine. I do hard work with heart and soul and the things which are not mine will eventually go away.

Tell us about your insecurities...

I only get worried if there is time when I can't take care of my family, I can't make my family happy. That's the only thing I get bothered about.

Considering the fact that TV shows go for longer durations...have you ever felt that there has been an opportunity lost?

Yes. There were many reality shows and other things that I have missed. There were few reality shows I wanted to do but couldn't due to my show. But you see, it's ok. I do not regret it. A daily soap is after all a daily soap. Constant working is good in life.

You are most comfortable with which co-star?

This is the best part of Saathiya which has kept us together since a long time. Luckily we all the co-stars are like family. Nazim is like my real elder brother. Rucha, Giaa, Devoleena are very close to me. I share a special bond with Hetal and Firoza. I am blessed with beautiful cast and taking one name will be really unfair.

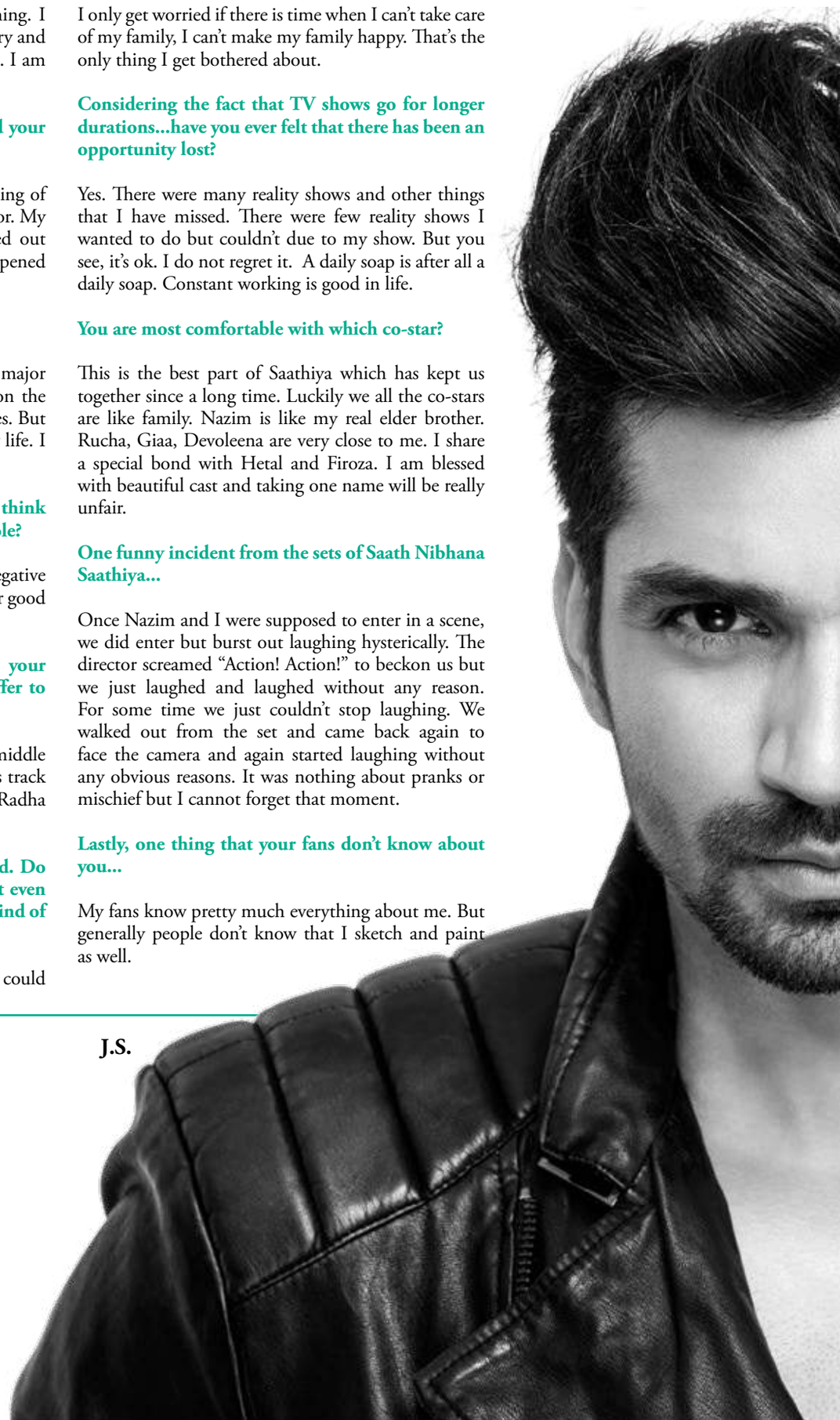
One funny incident from the sets of Saath Nibhana Saathiya...

Once Nazim and I were supposed to enter in a scene, we did enter but burst out laughing hysterically. The director screamed "Action! Action!" to beckon us but we just laughed and laughed without any reason. For some time we just couldn't stop laughing. We walked out from the set and came back again to face the camera and again started laughing without any obvious reasons. It was nothing about pranks or mischief but I cannot forget that moment.

Lastly, one thing that your fans don't know about you...

My fans know pretty much everything about me. But generally people don't know that I sketch and paint as well.

J.S.



15TH ITA AWARDS 2015



On 6th September, 2015, Mumbai's iconic Film City had an added sheen to it when the biggest night of the Indian Small Screen was held there with all its unparalleled pageantry, i.e., 'The Indian Television Academy Awards'. Now touching a historic 15th year of glorious run as TV's prime-most event, it is regarded as an annual festival of joy by the entire fraternity of the medium. Year after year, it has been conferring honors on the achievers of exceptional excellence on the canvas of Television.

In this 15th year, The ITA has made it more celebratory rather than as the usual yearly contest and the honors have been confined to the most 'popular' Shows and performers. Hence, the millions of TV-watchers out there take center-stage this time and there most favorites have been accorded recognition by the Academy.

At the event, the entire razzle-dazzle of the Set and the blinding streams of lights were enhanced by sizzling performances of TV-hotties like Devoleena Bhattacharjee, Gautam Gulati, Krystle D'Souza, Sonia Balani, Lauren Gottlieb, Priyanshu Jora, Karanvir Bohra, Shakti Arora, Vivian Dsena, Gauahar Khan, etc. To cap it, there was Mika with his powerhouse crooning of his chartbusters. And the surprise of the evening was a stunning performance of Anushka Ranjan & Diganth, the charming young leads of the upcoming romantic comedy, 'Wedding Pullav' that drew clamorous claps from an audience going into raptures over their steaming chemistry.

An apparently delighted producer, Shashi Ranjan, who is also the Convener of The ITA, said, 'There couldn't have been a better platform than The ITA Awards for the first appearances of our leads in public. Besides being a hugely popular gala in the Entertainment Industry, it is also the most widely covered in both Print as well as Electronic media, which is sure to the a shot is the arm for the promotion of our film, 'Wedding Pullav', which is slated for release on the 16th October, '15!'

Co-producer, Anu Rajan (President, The ITA and Editor, GR8!) spoke enthusiastically about celebrating the 15th year of The ITAA - 'We are extremely pleased as well as humbled at crossing this milestone. To enjoy the unqualified trust & goodwill of the entire TV-fraternity for a decade and a half is a great feather in our cap and that's why the tenor of the Award this year is more celebratory than anything else, in which the viewer's preference takes centre-stage! And trust us, we would go on striving our hardest to keep earning this trust for many more decades to come!'


Shashi Ranjan and Anu Ranjan


Diganth Manchale and Anushka Ranjan


Kabir Khan and Harshali Malhotra


Dheeraj Kumar


Sanjeev Kapoor and Alyona Kapoor


Mika Singh


Anushka Ranjan and Diganth Manchale

Mandira Bedi


Shashank Vyas


Asit C. Modi


Karan Mehra and Nisha Rawal


Shruti Ulfat


Spandan Chaturvedi


Shashank Bali


Ravi Dubey and Sargun Mehta


Gauahar Khan


Sumona Chakravarti


Karan Patel


Rajan Shahi


Shailesh Lodha


Gautam Gulati


Shantanu Maheshwari and Vrushika Mehta


Himmanshoo Malhotra and Pooja Gaur


Narendra, B. P. Singh, Aditya, Dinesh


Kunal Vijaykar & Cyrus Broacha


Dheeraj Dhoopar & Vishal Singh


Nia Sharma


Devoleena Bhattacharjee


Krystle Dsouza


Harshali Malhotra


Payal Rohatgi and Sangram Singh


Hina Khan and Lata Sabharwal


Shakti Arora and Neha Saxena


Shivansh Kotia



Shivangi Joshi and Vishal Aditya Singh



Anita Hassanandani and Rohit Reddy



Mohsin Khan, Neelu Vaghela and Arvind Kumar



Arun Bakshi & Vidya Sinha



Vindhya Tiwari



Aasiya Kazi and Karan Sharma



Manish Raisinghan



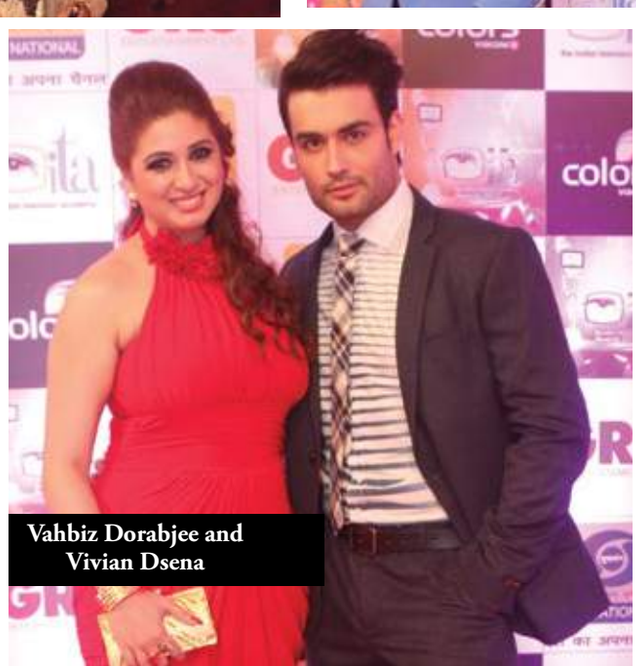
Roshni Chopra



Navina Bole



Jaswir Kaur



Vahbiz Dorabjee and Vivian Dsena



Yogesh Lakhani


Jigyasa Singh, Manish Goplani, Jaya Bhattacharya


Ashok Pandit


Yash Gera and Aman Sharma


Aanjjan Srivastav


Helly Shah


Kalli Purie


Sudesh Lehri


Palak Dey


Ridhyma Tiwaare


Rohitash Gaud


Gurucharan Singh


Urvashi Dholakia


Akhilendra Mishra


Giaa Manek


Ashok Lokhande


Jayshree T and Jayprakash Karnataki


Yajuvendra Singh


Gopi Bhalla


Rashmi Pitre


Harshita Ojha


Gracy Goswami


Karan V. Grover


Rupal Patel


Ruhana Khanna


Aamir Dalvi


Raghuvir Shekhawat


Sandeep Anand


Ashiesh Roy and Jhumma Mitra



Gauahar Khan presenting an award to Manish Paul for Most Popular Entertainer



Anuskha Ranjan & Diganth Manchale presenting award to Cyrus Broacha & Kunal Vijaykar for Most Popular Comedy Creators



Karan V Grover and Vahbiz Dorabjee presenting award to Hina Khan and Karan Mehra for Popular Choice Award



Helly Shah giving away an award to Karan Patel for most Romantic Hearthrob



Anuskha Ranjan & Diganth Manchale presenting award to Sudesh Lehri and Krishna Abhishek for Most Popular Comedy Duo



Krystle Dsouza & Abhimanyu Singh felicitating Ravi Dubey for GR8! Most Popular Face - Male



Priyanshu Jora and Sonia Balani presenting award to Balika Vadhu (Aasiya Kazi, Gracy Goswami and Sidharth Sengupta) for Most Popular Serial



Shashank Vyas & Shivangi Joshi felicitating Asit Modi for Taarak Mehta Ka Ooltah Chashmah being Most Popular Comedy Serial



Sargun Mehta & Jaswir Kaur presenting award to Shakti Arora and Radhika Madan for Most Popular Youth Icons



Arjun Bijlani and Karan Sharma presenting award to CID Team for Most Popular Thriller Show



Binaifer and Sanjay Kohli presenting award to Sanjay Memane for Popular DOP



Himmanshoo Malhotra and Pooja Gaur felicitating award to Saath Nibhana Saathiya (Devoleena Bhattacharjee & Vishal Singh) for Most Popular Serial Award



Giaa Manek and Dheeraj Kumar presenting an award to Avika Gor, Dheeraj Dhoopar and Manish Raisinghan for most Atut and Popular Rishte



Hina Khan and Roshni Chopra presenting an award to Mika Singh for Most Popular Singer



Rajan Shahi and Lata Sabharwal presenting an award to Rohitash Gaud and Rep of Shilpa Shinde for Popular couple in a comic role



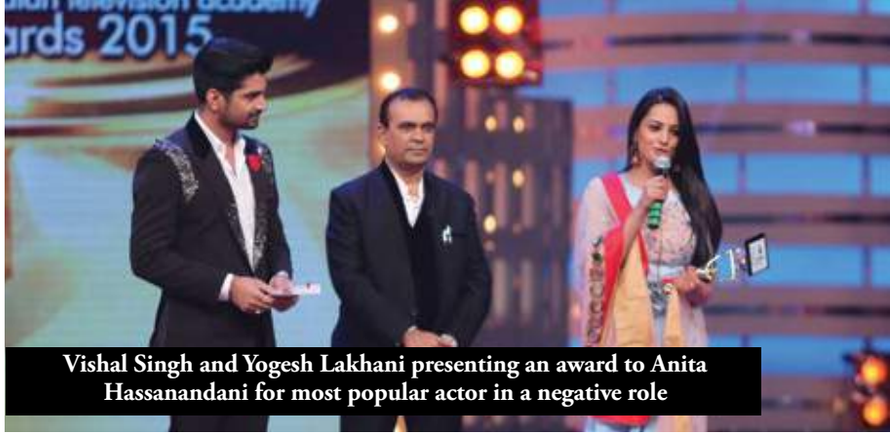
Mandira Bedi and Shashi Ranjan presenting an award to Kabir Khan and Harshali Malhotra for Popular Director and Best Child Artist



Ruhanika Dhawan and Shivansh Kotia presenting award to Siddharth Nigam and Spandan Chaturvedi for Desh ka Ladla and Ladli



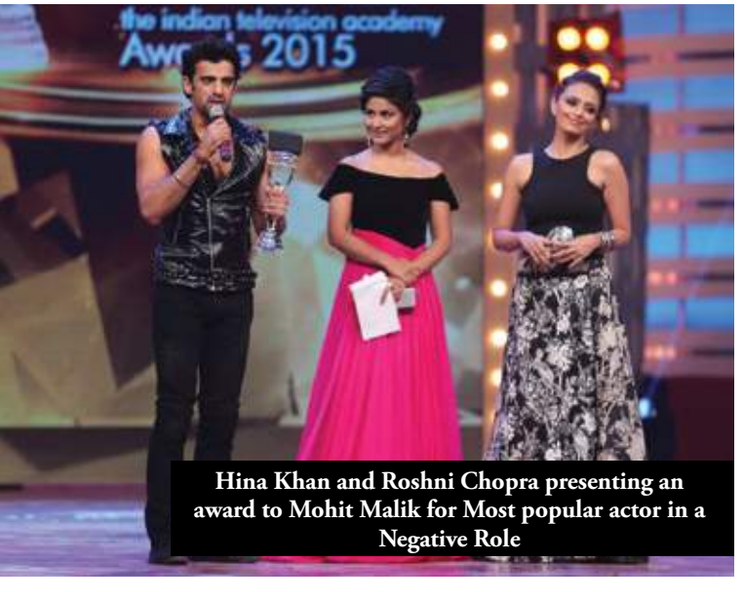
Anu Ranjan presenting an award to ITA School of Honour - Media goes to Kalli Purie



Vishal Singh and Yogesh Lakhani presenting an award to Anita Hassanandani for most popular actor in a negative role



Sangram Singh and Payal Rohatgi presenting an award to Best Writer Raghuvir Shekhawat



Hina Khan and Roshni Chopra presenting an award to Mohit Malik for Most popular actor in a Negative Role



Jigyasa Singh and Manish Goplani presenting an award to Gauahar Khan, Urvashi Dholakia and Gautam Gulati for most Popular Reality Show Bigg Boss





Mukesh Sharma and Sumona Chakravarti present award to Sanjeev Kapoor for Popular Chef and Entrepreneur Zaika-E-Hind



Mohsin Khan and Devoleena Bhattacharjee presenting an award to Nia Sharma for GR8! Face - Female



Aamir Dalvi and Ashok Pandit presenting an award to Sidharth Sengupta for Best Director



Devoleena Bhattacharjee



Mika Singh



Shamita Shetty



Gautam Gulati and Krystle Dsouza





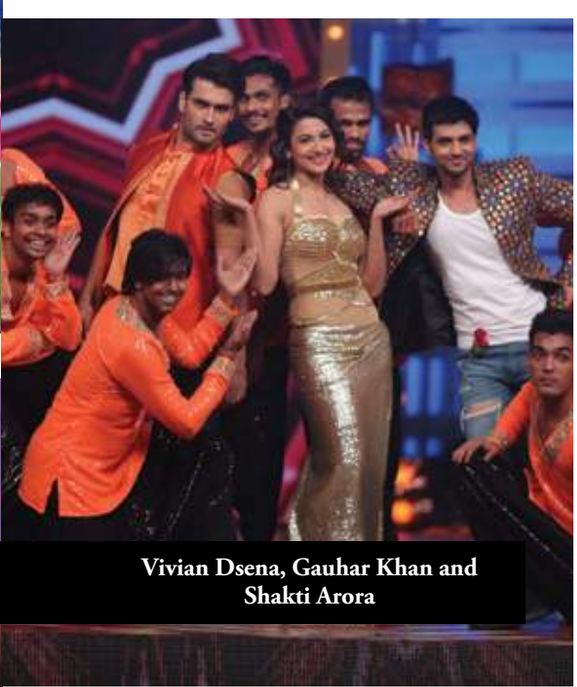
Diganth Manchale and Anushka Ranjan



Helly Shah



Siddharth Nigam and Karanvir Bohra



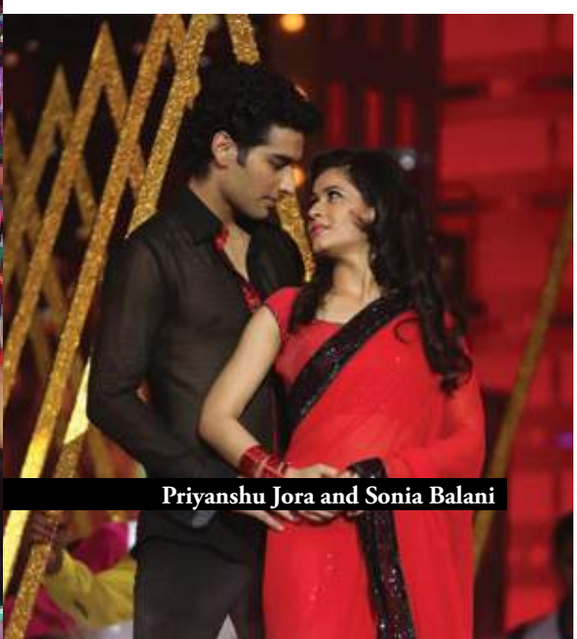
Vivian Dsena, Gauhar Khan and Shakti Arora



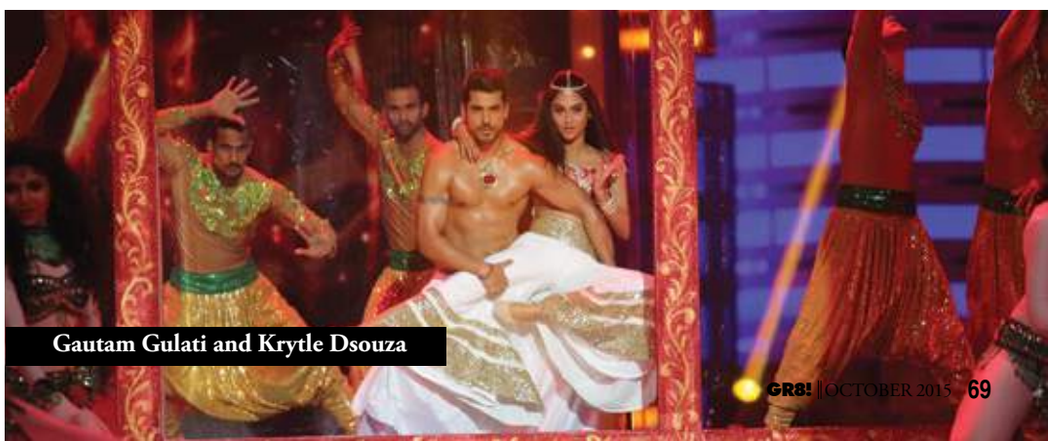
Shakti Arora



Vivian Dsena



Priyanshu Jora and Sonia Balani



Gautam Gulati and Krytle Dsouza



Karan V Grover, Devoleena Bhattacharjee, Krystle Dsouza, Jigyasa Singh, Mika Singh, Helly Shah, Avika Gor, Anita Hassanandani



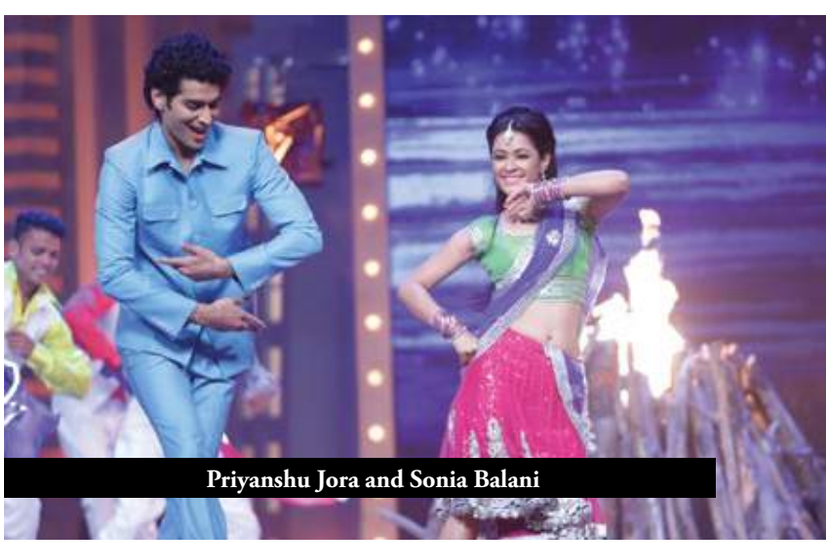
Krishna Abhishek



Lauren Gottlieb



Mohit Malik



Priyanshu Jora and Sonia Balani



Siddharth Nigam and Karanvir Bohra



Ruhanika Dhawan, Mika Singh and Shivansh Kotia



CHEF SANJEEV KAPOOR

This festive season, delight your guests with delicacies straight from the Sanjeev Kapoor's desk. Mouth-watering Chocolate Kheer with rice packets in banana leaf is just perfect to spice up this season.

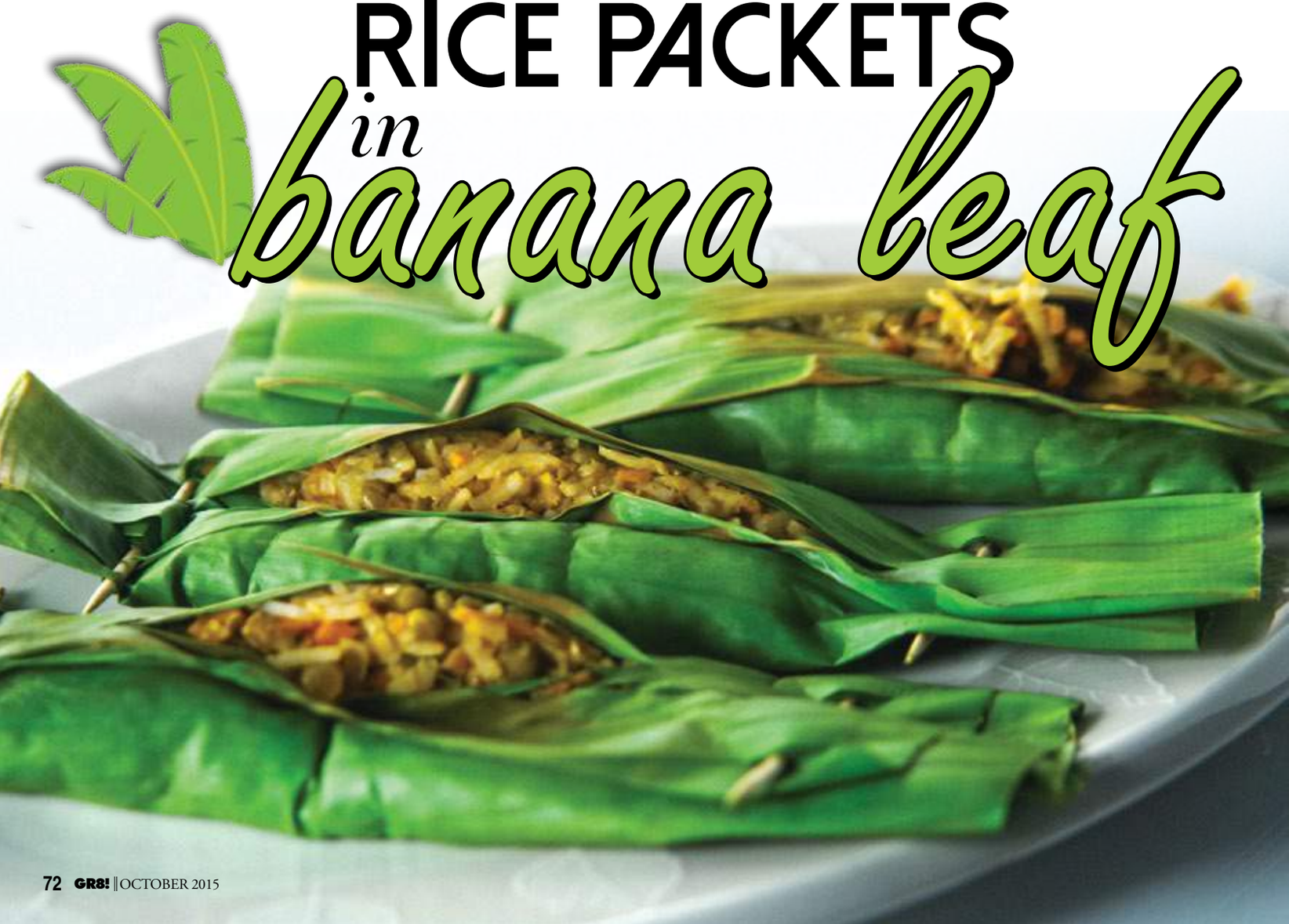
Ingredients

- 1 cup cooked Basmati rice
- 4 banana leaves
- 2 tbsps oil
- 2 medium onions, chopped
- 1 tsp chopped ginger
- 2 small carrots, finely chopped
- ½ cup cooked whole green gram (sabut moong)
- 2 tsps pickle masala
- Salt to taste

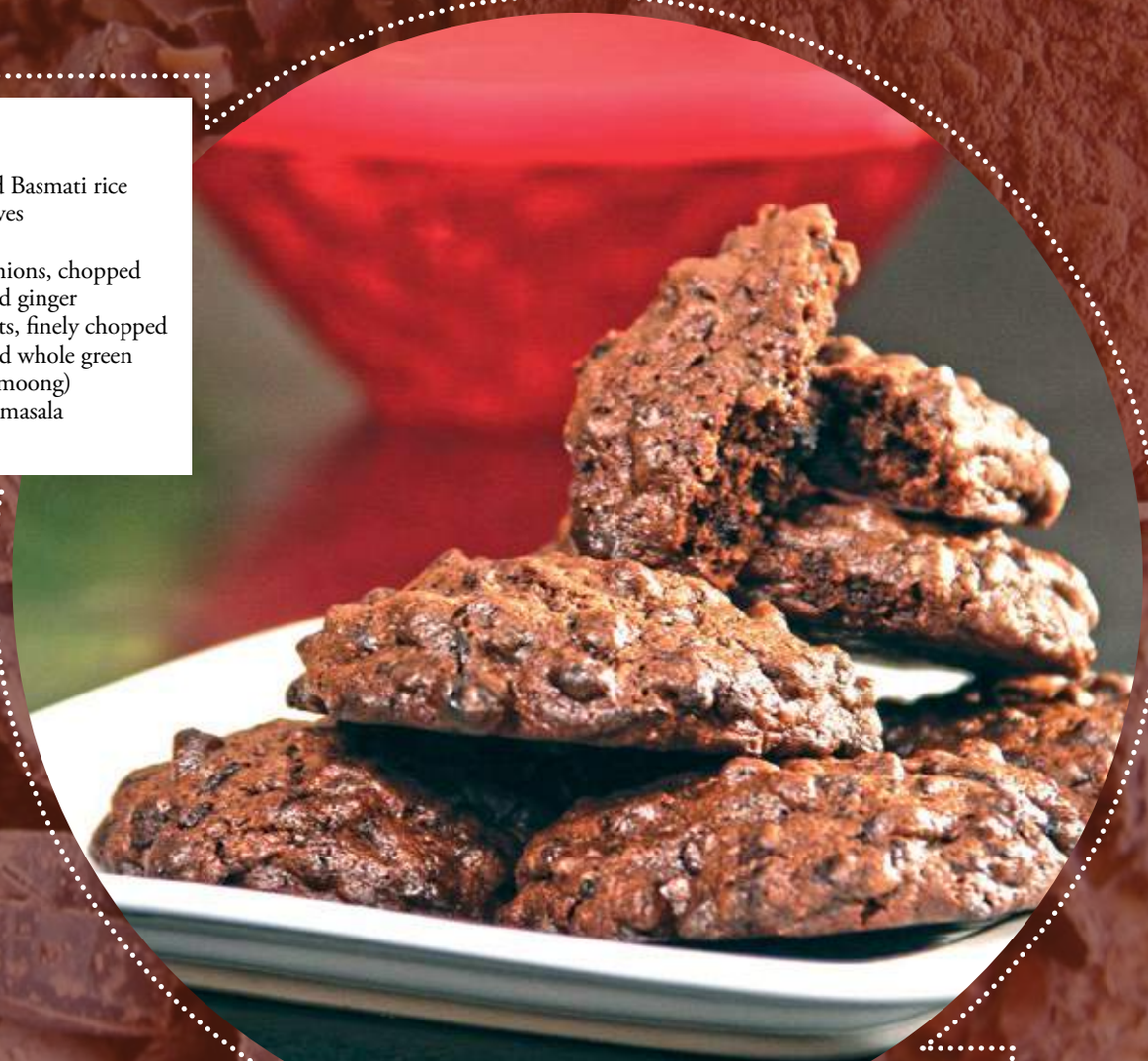
Method

- Heat oil in non stick pan, add onions and sauté for 1 minute. Add ginger and carrots, mix and sauté for 1 minute.
- Add moong and toss. Add pickle masala and mix well. Add rice and mix well. Add salt, mix and cook for 1 minute. Switch off heat.
- Soften banana leaves from both sides by keeping them on open flame for a second.
- Place a portion of rice mixture on one side of a leaf and roll. Seal ends by inserting toothpicks at both sides. Prepare remaining packets similarly.
- Heat non stick pan. Place packets on it and cook for a while, flip and cook on the other side too.
- Open and serve hot.

RICE PACKETS *in* banana leaf



Chocolate Chilli Cookies



Ingredients

- 1 cup cooked Basmati rice
- 4 banana leaves
- 2 tbsps oil
- 2 medium onions, chopped
- 1 tsp chopped ginger
- 2 small carrots, finely chopped
- ½ cup cooked whole green gram (sabut moong)
- 2 tsps pickle masala
- Salt to taste

Method

- Preheat the oven at 180° C.
- Sieve together refined flour, cocoa powder and baking powder into a bowl. Add butter and rub it in with fingertips till the mixture resembles breadcrumbs. Add sugar and mix well. Add dark chocolate and mix well.
- Break 2 eggs into the bowl and add chilli flakes and mix well. Add chocolate chips and mix well.
- Divide the mixture into small equal portions and keep them on a silicon mat placed over a baking tray. Keep the tray in the preheated oven and bake 10-12 minutes.
- Remove from oven and cool. Transfer into a serving dish and serve.

B'DAY CALENDAR



We are overwhelmed to receive so many Fan Mails wishing all your Favorite Actors who will celebrate their Birth-days in the month of **October**. So, on behalf of all our readers and fans, **GR8!** Wishes few of your Favourite Stars.



1 Anushka Ranjan



2 Hina Khan



2 Jai Kalra



4 Shweta Tiwari



5 Anuj Sachdeva



6 Sanjai Mishra



8 Mona Singh



10 Anu Ranjan



11 Aman Verma



11 Ronit Roy



12 Hussain Kuwajerwala



16 Rajeev Khandelwal



18 Swapnil Joshi



25 Kritika Kamra



27 Mohan Kapur



30 Amit Behl



30 Shashi Ranjan



31 Arjun Bijlani

Charismatic, Romantic, Emotionally Intelligent, Calm, Friendly, Optimistic are the quality traits of people born in the month of October

HOROSCOPE

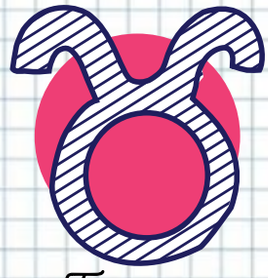


Munisha Khatwani is one of the most famous Tarot Card Readers in the entertainment industry and she recently launched her book titled 'Tarot'.
You can mail her on khatwanim@gmail.com



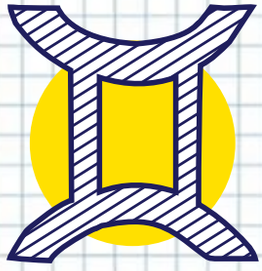
Aries
Mar 21 - Apr 20

This month seems to be a good one for you. On the personal front it will be a time of change as your mars is changing for the better. The change will settle marriage issues and will help even in love life problems. You will be focusing on your professional life as well and there will be some new opportunities on the horizon. On the health front fitness and diet will be important to you. Your social calendar will be quite busy and you will hardly have any time for yourself. For those who are single you will be getting a lot of attention from the opposite gender this quarter and might even decide to get into a relationship.
Lucky months: March, June and November.



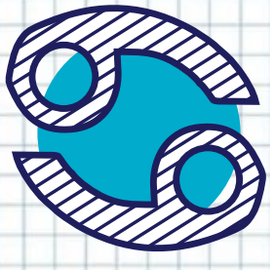
Taurus
Apr 21 -May 21

Being stubborn is a good thing but being over stubborn could get you into some kind of trouble. Your sun planet is shining this quarter so that will help you on the professional front especially for those who are just starting out. These few months you need to learn to go with the flow and believe in the power of the universe. What you give out is what you will get so try and keep your energies positive. Health needs a bit of attention as you have drawn the card of the tower which means health issues could be there especially stomach related or back related. For those wanting to settle down you have got the card of the hierophant which means you are ready to give a commitment.
Lucky months: May, August and December.



Gemini
May 22 - June 21

Travel is surely indicated in your cards and there could be some good news as well if you go abroad. For students a good time as far as studies is concerned and you will be looking at even studying further. For those wanting to change jobs right now your Saturn planet is a bit weak which means some delays could be coming your way. Don't worry as gods delays are not god's denials. For those who work involves creativity this is a good quarter to out your plans into action. On the marriage front if you are single and are looking at arranged marriage this would be a good time to start seeing proposals.
Lucky months: August October and December



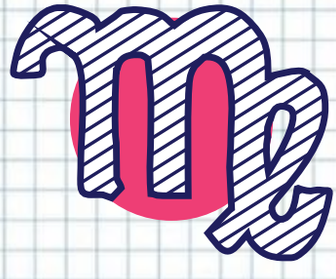
Cancer
June 22 - July23

Money flow will be good this quarter as you will spend and earn money as well says your card empress. Women will be in the mood to pamper themselves. You will be connecting with certain family members this quarter. An old flame will try and get in touch with you this quarter it is up to you how you want to handle the situation. This quarter will give you a spiritual growth as well. You will be inclined towards yoga and meditation. For those who are single and are in search of true love you will have to wait for a little while. On the health front you will be quite fit.
Lucky months: March, May, and November.



Leo
July 24 - Aug 23

This a good quarter on the work front; maybe even a deep desire could get fulfilled. Life seems to be getting better for you and you seem to have a good control over your life. You have been working very hard on a particular project and this quarter sees that coming through. You will try and find harmony and peace in most situations. For those engaged, a good period as you plan your wedding. This quarter will help you with your finances.
Lucky months: June, July and December



Virgo
Aug 24 - Sept 23

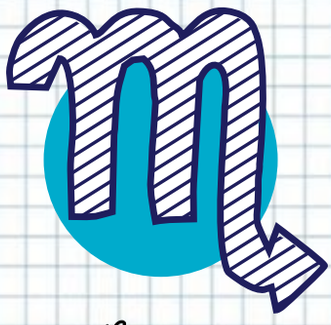
It's now or never this quarter as far as many decisions is concerned, especially on the professional front. You will see a rise and good fame. In case you want to clear old debts this is a good period as you might have some excess funds. There could be some legal issues that you need to sort out and it will take a while. As far as shifting to a new home you have drawn the card of the sun and will be glowing. Suddenly there could be some relationship coming your way.
Lucky months: April, May, and September.

STARS AND YOU



Libra
Sept 24 - Oct 22

You are quite happy with certain changes that are taking place in your life; your Uranus planet does help you as far as certain professional decisions are concerned. On the personal front there could be some differences with your partner but overall you will stick with your commitment. For some a move to a new country is indicated. There could also be some good news in the family and certain couples might be blessed with children. Money will be good and you will decide to spend more money on yourself then others. Lucky months: June, August, and December.



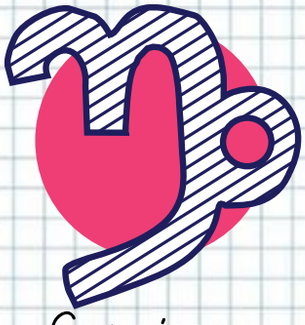
Scorpio
Oct 23 - Nov 22

A penny saved is a penny earned and you need to think about saving some money this quarter. Yes money flow is there but expenses are also sky high. For those looking at getting married this quarter seems to be a good period to make a marriage decision. For singles a friendship could turn into love as you have drawn the card of the two of cups. Your stars indicate that your mars will be strong which will help you to remain strong emotionally but will also get you certain hidden enemies. You need to be careful in all your professional dealings. Health is good and you will feel energized and fit. Lucky months: March, July and November.



Sagittarius
Nov 23 - Dec 22

When in doubt never make a major decision, it is always better to think things through before you decide what the final verdict is. This quarter the advice from the cards say that in love be patient as things will fall into place. Your stars also are changing but gradually that why you need to be patient. Remember patience is a virtue and few live by it. The good news is that some pending payment comes in this quarter, so have something to look forward to. There could also be some travel involving your work and you might just get some good news from a foreign country. Family time will be important to you.
Lucky months: April, October, and December.



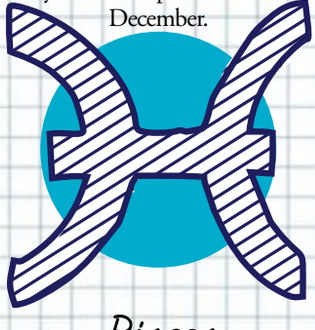
Capricorn
Dec 23 - Jan 20

You finally have realized that you have strong feelings for someone but you are not sure how to go about the entire process. You need to be upfront and admit what is truly in your heart. Your cards indicate there could be some family pressure and there could also be some delays at work. Don't worry you will be seeing some good results. There is some inner growth for the better. Your planet sun is a bit weak so there could be some health issues. Lucky months: May, August, and January.



Aquarius
Jan 21 - Feb 19

Look before you leap is the advice given to you this quarter. You need to carefully weigh the pros and cons and need to make sure you are confident about certain decisions. For some there is a new business or business opportunity on the horizon. You have got the card of 5 of cups meaning you will be thinking about the past and will be thinking about the mistakes you have made. Some of you might be busy preparing your marriage. Lucky months: February, June and September.



Pisces
Feb 20 - Mar 20

You will be a little disappointed with certain things ending but remember that only when certain things end do new things begin. Work will be busy and your cards say you might use that as a distraction. Your planet Venus is well placed which will give you the support of your life partner and if there were some issues on the love front, it is likely to get sorted out this quarter. Lucky months: March, May, and July.