

GR8!

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The
ITA
15th
ANNIVERSARY

Divyanka Tripathi **BLINDED** by love

*BEST DAD IN
THE GALAXY*
says John Abraham

I AM
UNFAITHFULLY
YOURS'
Rohit Roy To
Mona Singh

Get fit
with Sara Khan



Rani Ranaut

Meet the new

REIGNING QUEEN

EDIT & MORE...

The
ITA
15th
ANNIVERSARY



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Summer holidays are barely over and the monsoons have already arrived, with a vengeance I might add (at least in amchi Mumbai)! Much as we cherish & enjoy the rains, the fact that the pitiable civic infrastructure practically cripples the city and our lives year after year, that's totally maddening. Anyhow, there's too much excitement going on around here for any of us to be complaining anymore. On July 18, 2015, The Indian Television Academy (ITA) completes & celebrates its 15th anniversary and we've too much to be happy about and grateful for.

It seems like only yesterday that the idea of The ITA was conceived and the organization was born. At first, it was quite fantastic to receive so much support, love and affection from India's TV fraternity, TV audiences and the TV industry at large. Today however, the fact that they continue to commit their belief & confidence in the (ITA), even 15 years later, is overwhelming to say the least.

For those of you not familiar with the organisation, The ITA serves the television industry in different ways. To put it in a nutshell, first & foremost are the annual ITA Awards - Modelled on the lines of the American Television Academy Awards, The ITA Award Jury has a collegium of TV stalwarts and experts who, year after year, identify outstanding performers, people & products of the medium in all its forms. The annual awards instituted by The ITA have an unfaltering reputation that has led some observers to describe them as the "TV Oscars of India". The ITA is also the parent body that overlooks the publishing of India's only glossy TV magazine, GR8! and also manages & operates The ITA School of Performing Arts; a top-notch institution where, under the same roof, renowned Indian masters of various performing arts impart training in streams of acting, dancing, singing, modelling & personality enhancement.

The ITA understands, recognises and appreciates that none of the above would have been possible without the constant support & encouragement of the TV industry and audiences across the nation and for that we are and continue to remain ever so indebted. Sincere and heartfelt thanks to you, one & all! Thank You!

On that heartwarming note, it's bye for now. Hope you remembered to stretch suitably on our first International Day for Yoga, which was celebrated with much aplomb across the globe. If not, do try & make it a habit to do so regularly from now on. Until next time, happy reading!



A. P. Hinduja

“ I compliment Anu and Shashi for the pioneering role that they have played in the Indian TV sector within the larger entertainment industry, through the ITA. Their efforts in bringing together the TV fraternity and giving them a single stage to showcase their talent is indeed praiseworthy.



Aroon Purie

“ The ITA is a fine example of the adage – ‘Right Place at the Right Time.’ It has been part of this incredible journey and continues to celebrate every milestone of the TV industry.



Karan Johar

“ The ITA has inspired and pioneered huge support to the TV fraternity. Their encouragement in the form of accolades have moulded and created content for millions of national tele viewers. The ITA and GR8! Are mother brands of TV...More Power to them...



Rajan Shahi

“ The ITA has contributed in a big way to make TV industry become global giving it the recognition it deserves. Its awards are absolutely credible. I consider them Oscars of Indian TV industry because they are not only fair and credible but also match the international standards in terms of presentation as well as grandeur.



Rajat Sharma

“ It has played a big role in bringing TV fraternity together. It is the pioneer organization which celebrated the success of the entire TV industry. The ITA has also over the years established as a forum for the TV stars.





Rajdeep Sardesai

“ The ITA provides an important platform to the TV industry. See the industry at times can be very competitive and divided. The ITA brings it together and has contributed immensely. I take the ITA Awards seriously and I also respect it.



Niret Alva

“ The ITA recognizes excellence in TV and the ITA Awards are in an eagerly awaited in the broadcast calendar each year.



Sameer Nair

“ I have been involved with the ITA since its inception. It has been an integral part of Indian TV and its various initiatives, be it GR8! or the ITA Awards, all contribute to the robust growth of our industry.



Vikram Chandra

“ I think it is great to have credible awards that everyone can look forward to. I truly treasure the ITA Awards.



Sanjeev Kapoor

“ There was always a requirement of a common binding thread, someone to bring them on one platform – a platform for communication, sharing issues, and above all felicitate the achievers. This has done aptly and generously by the ITA in the last one decade.



Simi Garewal

“ Today the ITA is the only credible body that caters to awards and represents the most powerful medium in TV. The fact that there is no equivalent to ITA is also a major achievement! I congratulate you on a 'PERFECT 10'!



Mandira Bedi

“ The ITA is the only academy of its sort in the country that has recognized and documented the achievements and achievers of the TV industry.



Derek O'Brien

“ The ITA is a credible platform to be acknowledged by your peers. They are not important at all. They are VERY VERY IMPORTANT!

Humara Bharat Mahaan..

Our PM, Shri Narendra Modi, called for increasing food-grain productivity in India. Addressing a gathering of farmers at New Delhi's Vigyan Bhawan on the occasion of the launch of DD Kisan, Doordarshan's channel dedicated exclusively to farmers, the PM also called for making the "Tehsil" the unit of agricultural planning and development.

He said that if the country has to move forward, villages must progress, and if villages are to progress, then it is essential for agriculture to progress and that there was a time when agriculture was the most preferred of professions, but over a period of time, its attractiveness had declined to rock bottom. He added that with the right incentives and actions, this trend could be completely reversed.

DD Kisan channel should keep an eye and inform farmers about the changes in weather, global markets etc., so that farmers can plan ahead and take the right decisions well in time.

He also called for re-engaging rural youth with agriculture in a big way and said that DD Kisan channel would also

highlight the efforts of progressive farmers, so that their innovations can be replicated across the country and called for farmers to adopt a three-pronged approach to agriculture, which balanced farming, animal husbandry and tree plantation.

The 24x7 Kisan Channel will telecast updated information on agriculture and related subject for the benefit of its target audience including cattle rearers, bee keepers, poultry owners, mechanics and craftsmen. This would include information broadcast on the changing weather condition well in advance, and the low cost measures to protect crops / enhance produce during such conditions. Advice of IMD Scientists and Agricultural Scientists would be broadcast periodically for the farmers so that they may know about the crop diseases, ways to protect crops from various diseases and on how to increase the crop yield. The Channel will give information on newer ways of agricultural practices being followed world over and the R&D in the agri sector across the world. The Channel has tie up with IMD, IARI, Agricultural Universities, Krish Vigyan Kendras..



Ek Nayi Ummeed-Roshini

It's not a copy of Grey's Anatomy even though the promo looks a lot like it.. It is all about surgeons, doctors, their ethics and moral dilemma and more-"It's a medical drama with a heart." Say **Pooja Gor..**

It is a star studded show, starring Pooja Gor , Amol Palekar, Divya Seth Shah, Raghuvver Yadav, Rahul Vohra and Sahil Anand. Pooja aka Roshini plays Amol Palekar's granddaughter studying in London to be a cardiac surgeon. The story revolves around Roshini, who believes that a patient's life is more important than the rules of the hospital.

The production value is very superior making it look and feel very real. The show gives a very international feel and we shall keep you updated..



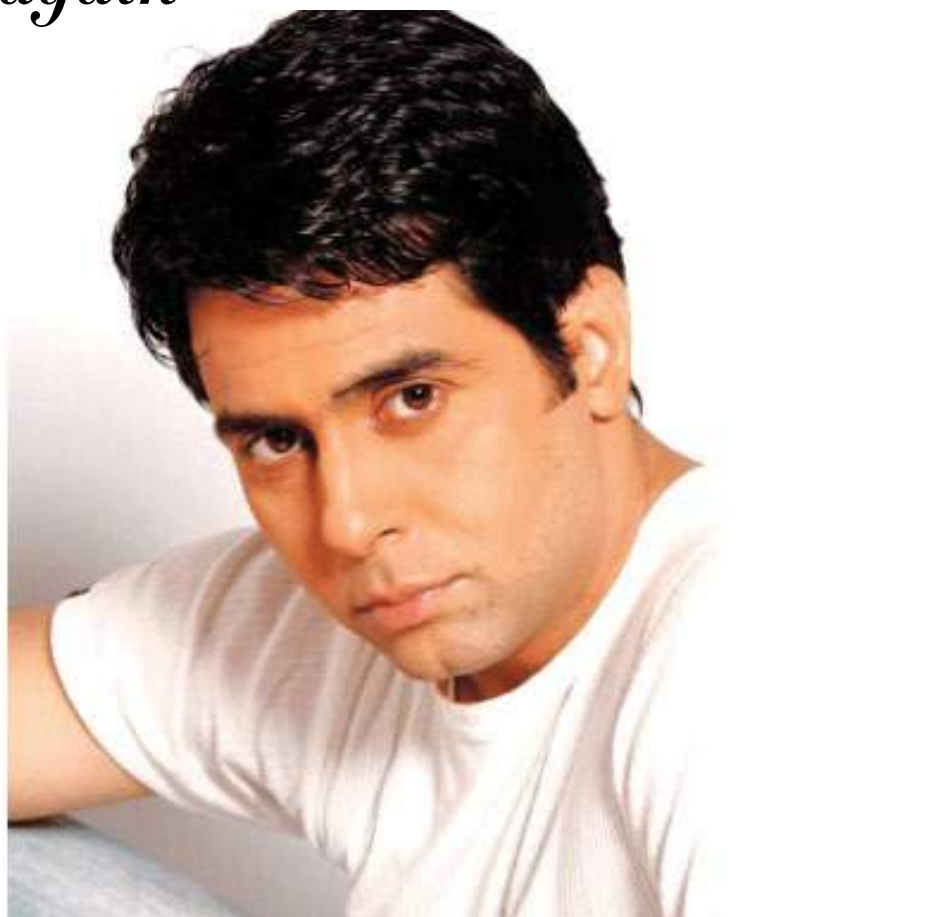
Aman Verma does it again

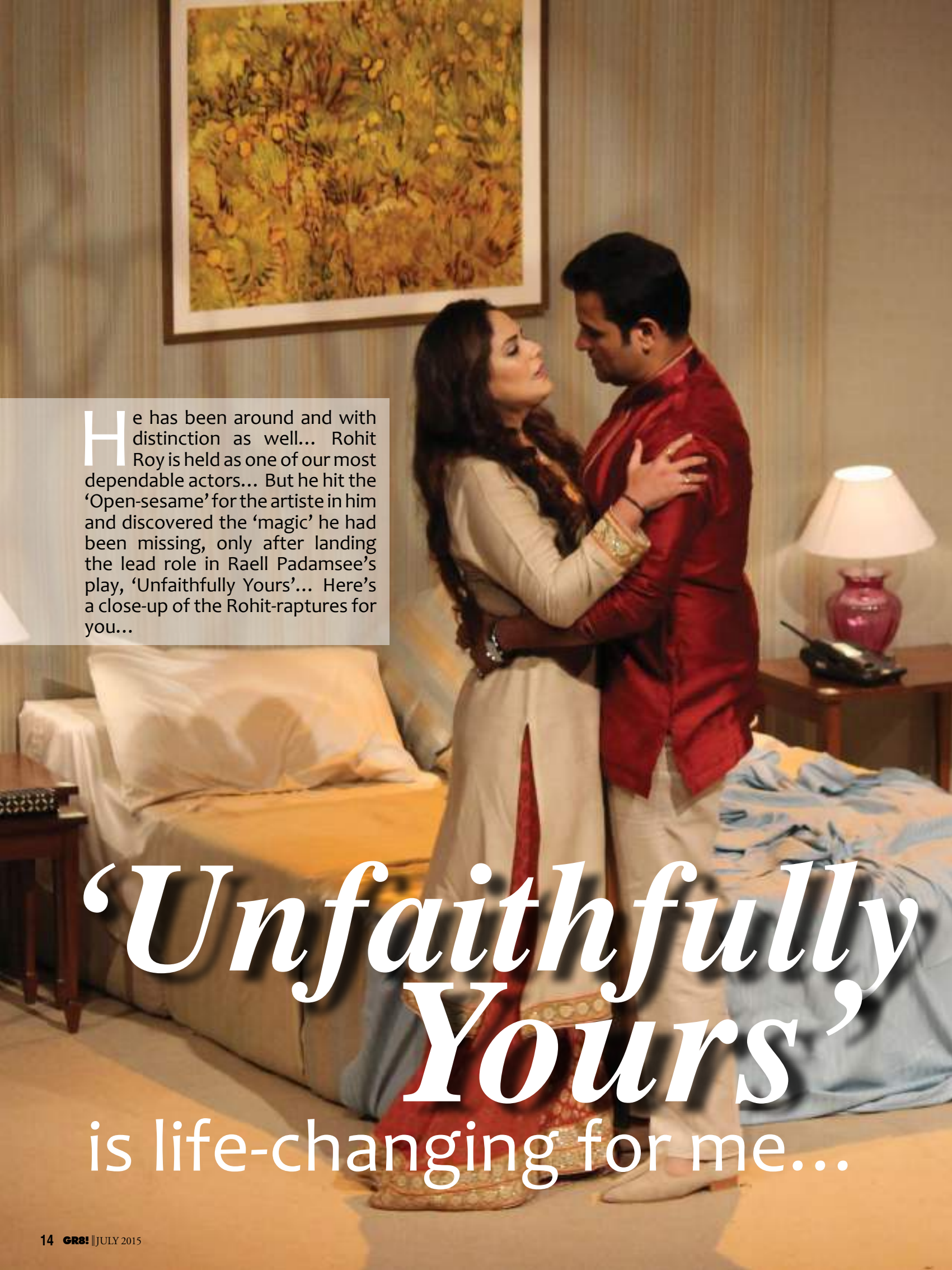
He is in the news now for behaving like the sooper star (which is surely is not at this stage in his life). He is responsible for a lot of unrest created amongst the entire unit of Life OK's Shapath (Producer B P Singh), owing to his erratic behaviour and tantrum throwing on the sets.

Sources say he is an attention seeker,his expectations are very high and he wants the unit people to shoot his sequences as soon as he comes to the set, and does not care about the inconvenience he causes to the other artistes.

The feeling of unrest and his terrible attitude on the sets has led to the channel and production house deciding to remove him from the show.

We tried calling Aman Verma the producer ..both did not revert ..



A man and a woman are shown in a romantic embrace in a bedroom. The man is wearing a red jacket and light-colored trousers, while the woman is wearing a light-colored dress with a red sash. They are standing in front of a bed with white and blue bedding. A framed painting of a field of yellow flowers hangs on the wall behind them. A lamp with a pink base is visible on a bedside table to the right.

He has been around and with distinction as well... Rohit Roy is held as one of our most dependable actors... But he hit the 'Open-sesame' for the artiste in him and discovered the 'magic' he had been missing, only after landing the lead role in Raell Padamsee's play, 'Unfaithfully Yours'... Here's a close-up of the Rohit-raptures for you...

'Unfaithfully Yours'

is life-changing for me...



(And his incomparable thrill is sure to result in incomparable performances for us... Touch-wood!)

What made you decide on doing a Play? Have you done Amateur stage? Have you been a Stage-buff?

Rohit Roy: Yes, I have done a bit of that during school/college. Since then, I always wanted to do Theatre, however the right script never came my way. But I've been catching plays all over the world!

So what was your instant reaction when 'Unfaithfully Yours' was narrated to you for the first time?

RR: Oh, anybody would be dying to play Akash in 'Unfaithfully Yours'! And then, a play of 2 hours with only 2 actors on Stage – actually, it initially frightened me as to whether the actor in me could pull it off! But Mona & I did it!

Yes - and how! Achha, tell us, how was it working with Raell (Padamsee, director)? How does she handle an actor?

RR: She is a darling! She handled me like a mother would handle the nerves of a child on his first day of school!

Were there opening night jitters?

RR: Jitters? Arre, I was sh***ing bricks! The play opens with me and the first glance at that packed house in the huge Tata theatre was so intimidating.. and yet, so exciting. It took me a bit to recover my bearings!

Achha, what is the biggest kick for an actor on Stage?

RR: Of course, the instant reactions! Both criticism and adulation are then and there. And let us face it – an actor loves adulation, the kind of which I have received for 'Unfaithfully Yours'!

Yes, many a Filmland celeb also has gone gaga over your work in the play – which was the one that mattered to you the most?

RR: Ooh – give me a sec to gloat first! Yes, be it Asha Parekhji, Waheeda Rehmanji, Helenji, Raj Kumar Hirani and what name have you, everybody has given me a big thumbs-up. Still, the compliment that I treasure most came from my brother (Ronit Roy)!

Tell us about it...

RR: Can't tell you everything that happened – but suffice it to say that he just choked during the performance and did not utter a word till we were on our way back to home, because he feared he will break into tears!

That's touching! Achha, now that you are on stage, which classic role you would love to do?

RR: I may not yet be qualified enough to do something as complex, but I would love to play 'Macbeth'! And yes, I would also love to do Naseeruddin Shah's version of 'Dear Liar' – the play and his performance in it are simply awe-inspiring!

Tell us the most difficult scene in the Play for you?

RR: That's the one where my wife dies in the climax and I have to cry. In a Film you can cut and then have external aid for crying, but no such help on Stage. You just have to work yourself up to the emotion!

And a scene that you enjoyed the most?

RR: The pre-interval scene where I have to play a midwife to my girlfriend in her sudden labour pains. In all the Shows so far, the whole house has always come down on this!

You & Mona ooze great Chemistry here – how's that achieved?

RR: In our case, I think it comes from us being such good friends off stage and never ever striking a discordant note in so many years of working together. You know, sometimes people also tell us that we have great Sexual Chemistry and we've a hearty laugh at that. But I love Mona... LOL...!

And finally, shall we be seeing more of you on Stage now?

RR: You bet! It's the magic I have been missing while doing all those meaningless Films & Serials all these years just to keep kitchen fires burning. 'Unfaithfully Yours' is life-changing for me! Now I realise why all those acting legends have never given up on Stage. The thrill is incomparable!

The QUIZ of LOVE..!

**Rashmi Desai &
Nandish Sandhu**

who are currently competing in Nach Baliye 7 are one couple who have seen a lot of ups and downs in their relationship. From staying separate for a couple of years to braving the many rumours, they finally came together on Khatron Ke Khiladi and reunited on the Nach Baliye stage. We spoke to the actors and asked them a special Quiz of Love to test their compatibility, read on to find out if they have passed with flying colours or need to brush up on each other's likes and dislikes...



Seems that the sparks are flying again and they are falling in love all over again, we wish them a GR8! and a happy future and as far as the quiz is concerned, Rashmi wins hands down....!!

Three things no one knows about Rashmi Desai?

- Nandish: 1. She is a very Rash Driver.
2. She loves Pav Bhaji.
3. She hates going to Gym. (Rashmi smiles and nods in agreement)

Three things no one knows about Nandish Sandhu?

- Rashmi: 1. He is a Gadget man.
2. He is a Foodie.
3. He is an awesome cook. (Nandish agrees totally)

Which is his/her favourite movie?

- Rashmi: He likes Baby's Day Out.
Nandish: Kabhi Khushi Kabhi Gham. (Rashmi promptly disagrees, "Bakwas, my favourite movie is not Kabhi Khushi Kabhi Gham, these days my favourite movie is Queen.")

His/her favourite colour?

- Rashmi: His favourite colours are Blue and White.
Nandish: She likes Pink. (Rashmi disagrees again, I like red colour...)

If you had to give a matrimonial ad for each other what would you write?

- Rashmi: Dare you look at him he is mine! (Nandish happily gushes, Wow I like that..!)
Nandish: I will give a warning that she is very talkative, an absolute shopping freak, won't be able to tolerate her so it's better that she is with me. (Rashmi blushes)

Monica Sehgal

I Don't Want To
Talk About My
Personal Life



Although new Star Plus youth show Dosti... Yaariyan... Manmarziyan is not really rocking the TRP charts, it's lead girl Monica Sehgal is having a good time at least off camera. According to source this advertising and marketing post grad media professional from Ujjain(Madhya Pradesh) was getting quite cosy with one of her co star' Karan Khanna during the first Benares schedule. This chemistry(playing around with each other, joking, sitting in each other's lap giving massages etc) was so evident on set that crew members were gossiping about it. Things reached such a head that Monica's boy friend RJ Siddhu got wind of Monica alleged closeness with Karan who is playing her fiancé(Saral) in this Swastik Pictures production . There were fight's between them reports our source. Monica and Siddhu apparently came close when Monica was working in the same radio station where the latter has his own show.

Interestingly Karan's character is no longer in the picture once the story moved to Mumbai. There was a buzz around the given the low ratings, Radhika's family might be brought

back . if that happen they might even toy with the idea of bring back the character of Karan.

However when we touched base with Monica, she was very cagey to talk about the entire episode, interestingly she did not directly deny a link up with the popular radio jockey .“ This is my personal life which I don't want to talk about . I would be happier if you restrict your queries to my professional stuff for what I am here for. Says this girl who host her you tube channel called # jugaad which incidentally again is produced by Swastik Pictures.

When asked point blank about her closeness with Karan and she dismissed it, “ Karan is a good friend and since we are both good dancer's, we bond well . Also this project was our boths' debut so we did not know anybody else in the set up , all the other actor's(Kashmira Irani and Mohan Kapoor etc) were experienced so it was natural that Karan and I started spending time with each other . It was like first day in college where the people you start hang out with become your friends forever. Over time Karan and I have grown to be good friends .

When we brought in Siddhu's alleged unhappiness she again clammed up saying,“ once again you are getting a lot into my personal life and I would really appreciate if you would not.”

We next called RJ Siddhu who got annoyed when we quizzed him regarding his equation with Monica.“ I don't want to talk about it.” When pushed on Karan he simply banged the phone on us .

Last but not the least we spoke to Karan who feels he might be brought back into the show. “ There is no confirmation, but I am hopeful. “ when asked about his equation with Monica he said,“ we are very good friend's and are still in touch.” When we quizzed him regarding his alleged closeness with her and the sitting in the lap and giving massage rumor, he just laughed and quipped ,“ when a boy and girl become good friends chemistry happens, and people talk, let them. Mystery Mystery.”

**WORLD
EXCLUSIVE**



TELEVISION



**NO HOLDS BARRED
INTERVIEW**

**LALIT
MODI**

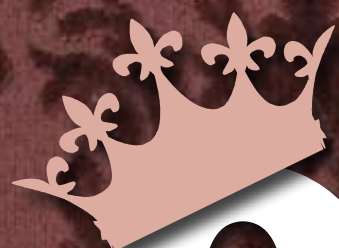
The Swarajs are my family friends for 20 years

Vasundhara Raje gave written statement in my support

Vasundhara Raje accompanied my wife twice to Portugal

UPA in collusion with UK delayed my residency

Pawar, Praful tried to help me get travel papers



the **Queen** of **BOLLYWOOD**

- Story Written by Tanu K. Kumar

Born in a small hill town near Manali in Himachal Pradesh, in a conservative Rajput family, Kangana Ranaut was just another “hillbilly” determined to make it big in tinsel town... A tinsel town where you don’t normally get a first chance or a second glance, unless, of course, you happen to descend from or are somehow related to an illustrious “Bollywood” family.





Often ridiculed for her inability to express herself fluently in English, taunted for outspoken nature and scorned for her involvement in few unfortunate romantic liaisons, Kangana somehow managed to keep her wits about her and she trudged on... and just as well because she's sure come a long way, baby!

Despite being persistently criticized, rejected & written off as just another wannabe star, Kangana Ranaut today is the proud recipient of numerous top

honors and accolades for her significant work in the Indian Film Industry...

From the Filmfare Award for Best Female Debut in 2006 to National Film Award for Best Actress in 2014 and a host of others awards in between. She's proved herself time and again - she's undoubtedly & indisputably established herself as the leading actress of Hindi Cinema today and she's shown them all (girls & boys included!) – Kangana now stands way taller than most her equal.

KANGANA RANAUT

Kangana has also succeeded in breaking that glass ceiling which has always existed in Bollywood, ascertaining that a woman protagonist can pull audiences to the theater just as well as any man can, if not better.

She's convinced industry-wallas that there's more to Indian cinema than just the casting of aging male stars in lead roles. She's proved that Indian actresses don't need to go about their lives simply & obediently playing second fiddle to male co-stars.

Kangana is a gifted artist and she lived and played out the diverse array of characters offered to her convincingly, confidently and with equal effortlessness. She's also a remarkable person who's worked assiduously to achieve her goals and she's definitely brought a breath of freshness to the screen.

Outside of the film industry too, she'd considered a genuine fashion and style icon; authentic & unpretentious, one like we haven't seen in a long time. Whether deliberately or unintentionally, she's worked wonders for women's rights too and for reestablishing a sense of worthiness among countless young girls in our country. She's shown them that light at the end of the tunnel and she's in some way given many the confidence to get there, with or without help from any brothers, fathers, uncles or forefathers!

Our only grudge is we don't get to see enough of her, like the real her, maybe on Television. Our time with Kangana is limited to those few but enjoyable hours in the cinema hall. The closest she's come to having anything to do with TV is playing a television reporter in the suspense thriller "Knock Out".

She's stayed a fair distance away from TV programming and TV content producers - given the way her filmy career graph is headed at this point, I guess we can't quite blame her. So, here's wishing all the good fortune stays with her and we look forward to seeing lots more of her on the big screen for now.



An Art of COSMETICS



Dr. Swati Srivastava
Dermatologist,
Mumbai

Dr. Swati Srivastava is a well known cosmetic dermatologist and a celebrity Botox injector. With her brand of Sketch clinics, she believes that sketching faces is an art and Dr. Swati as a skilful artisan is a master of this craft. She has appeared in countless fashion, beauty, magazines as well as numerous newspapers. Known for her feather hands and most natural Botox results, she specializes in non invasive and minimally invasive cosmetic dermatological treatments. Femina has listed her as top 10 most beautiful women for their work. Her dexterous use of injectables and lasers is regarded by her patients as nothing short of the wave of a magical wand.



What is Botox?

Botox is an anti-ageing treatment. It is a protein which when injected into the wrinkles relaxes and reduces them. Today it has become the most common anti wrinkle treatment. From celebrities to corporate executives to housewives, it is being loved by everyone.

What is the Perfect Age and who is the Perfect Candidate?

Anyone who has wrinkles and wants to reduce them or prevent them is the right candidate. Botox is just not given for wrinkles. It is also given to babies for cerebral palsy. So it is pretty safe.

What is the Procedure?

Procedure involves tiny pricks of Botox on the required muscle which can be previously numbed by anaesthesia. It is not at all painful.

What are the After Effects?

Results of the procedure start coming in 2-7 days. The lines and wrinkles start reducing. Few precautions have to be taken for activities for 2 days. Patient can return to normal activities immediately

How often can Botox go wrong?

It is very important to get Botox done by a qualified, certified and an experienced doctor. It can lead to some temporary asymmetries which can be corrected. Botox is an art. And doing it in a manner that you look natural is the most important aspect.

SPOOKED

We see many actors who either play the victims or the scary bhoots in the spooky shows across the GEC channels. We wondered if they had experienced something supernatural or presence of some energy in real life? What they had to tell us seriously freaked us ...

SUBUHI JOSHI

When I moved to Mumbai, I used to stay with my friends in Versova. We took an apartment and within few days we felt someone's presence. It was a 2 BHK and when we all used to sit in one room; we could feel someone walking in the hall. In the evening after 6 pm, someone used to bang our bedrooms window grills. It was really scary. Then one day my other two friends went back to their hometown for vacations but I couldn't because I was shooting. So, unfortunately I had to stay all alone in the house. One day when I came back from shoot I was cleaning my cupboard and I played music on my laptop in the hall because the TV wasn't working, suddenly the songs started changing itself, one after the other, I thought there must be some problem in the laptop and I tried ignoring, and then suddenly all the chairs fell, I gathered all my courage and went out to see, everything was at its place. I thought I must be imagining and I called a friend to divert my mind and just then someone started banging the grills again, the noise was so loud that I couldn't stand it, my washrooms flush started working automatically. My house was on the 4th floor and all the other flats on the floor were empty. I was crying out of fear, then my friend who was on the call he said, Subuhi take a deep breath, wear your slippers and run down, I somehow managed to get out of the house and then I shifted within two days. I am a strong believer of spirits and ghosts. And I believe they don't harm you but after all you're a human being and these things do scare you.



RIPU DAMAN HANDA

I once went for an event in some city with a friend. We had to settle for a cheap hotel because most of the hotels in the area were full. I ended up in a crack room and when we pulled up we could not believe our eyes. There were residents of the hotel (scary looking guys) before we even checked in. We saw couple of people rushing out from the hotel but we had no other option but to check in. We went up to the room and could not believe the condition it was in. The sheets and carpets were dirty, the bathroom was horrid. We were hungry and decided we would order a burger or North Indian food till we figured out where to stay for the night. We called multiple take out restaurants and they said they would not deliver to such a dangerous hotel because of being robbed too many times in the past. I was shocked, it was a terrible frightening scenario. There was a piece of paper taped to the front door of the hotel that said 'Door for sale Rs 2500' and it was unbelievable! Suddenly we saw smoke coming out from somewhere, thinking it was our cabin, we ran towards it. As we approached it, we realized it wasn't our cabin but a half built cabin. It was identical to ours, but not finished. The walls were built and there was the frame of a roof, but nothing else. The smoke was coming from a hole in the lobby, we stood silently staring. I suggested that maybe we took a wrong turn (which was impossible because there was only one lobby). We decided to wait until daylight before we returned to our cabin. We sat up for a while, but we were really tired and horrified so it didn't take long for us to fall asleep. I woke up at 4:00 am suddenly as I heard people screaming. I looked around, my friend was still asleep. I looked up and I screamed in fear at what I saw, which woke my friends up. The roof was painted with the words 'I LOVE YOU' in a deep red colour. My friend screamed as well when they saw it. We decided to call the event guy and I told him to postpone event and went back to our hometown. This story is completely true and it is very hard for me to talk about it because I have never been so scared in my life.

-DD





ROOP DURGAPAL

Though I do not want to believe in anything of that sort but I still keep having discussions with my friends on the same as this topic intrigues me a lot. Once while having dinner with a friend at a restaurant I suddenly felt as if there is an old man present there whose eyeballs were of the shape of a “diya” and was laughing out loud. Though next moment, there was nobody in reality and my friend also did not feel it. I still don't know whether I was hallucinating or it was actually some “other world's” presence that I saw in a flash.

TINA DATTA

When shooting in Film City once I experienced a strange incident. I was sitting in my van and I realized I was hearing sounds of someone picking up things and sounds coming at a slow pace. The moment I yelled sounds stopped, it was so scary. I called up make-up and hair dresser to sit next to me. I drank one bottle of water. It was painful for me, next day I asked for another vanity van. After this incident I am very careful while choosing my vanity. I feel that may be it was the van and not the location I was in. Guess I will never know.



DIVYANKA



Tripathi

It Took Me A
Lot Of Time

to **Get Over**
the **BREAK UP**
TRAUMA

In this unclear atmosphere of who and why, a little birdie whispered something in our ear's which grabbed our attention. It was said that the real reason behind the break up might be Divyanka's supposed closeness with a Chinese restaurant owner, during her relationship with Sharad and not Sharad's affair with Rachna as being assumed.

Since Divyanka has a very clean and sweet reputation, we have never ever head any link up stories regarding her except with Sharad which she eventually accepted, we were surprised. In the interest of fair journalism, we decided to directly call her up and get her side of the story. Divyanka who is recovering from painful fracture first patiently heard us out and then laughed it off saying, "There are not many Chinese guys around so I know who this little birdie is pointing finger at."

Frankly, this person is a friend I have met twice or thrice post my fracture, which was definitely after my breakup's for this rumour, I am not surprised as for people isn't it convenient to point out a finger at the girl first! I dont have to prove my pre break up loyalties to anyone. My upbringing keeps me on right track. But trying to malign a woman's image, this is so lowly. I pity this birdie's mother and sister".

A close source supported Divyanka's stance saying the, " Chinese gentleman actually is a good friend of Anita Hassanadani (co- star in Ye Hai Mohabbatein) and her gang and that is how Divyanka met him. And it happened as Divyanka said post break up, so the assumption that she was the cause

of break up was wrong. In fact it was Sharad who broke up with Divyanka. She was shocked as to why he wanted out. Even then several people told her that he was having a fling with Rachna, but back then she was smitten in love that she refused to believe the reading on the wall.

Later when she found out she was really hurt. Her main grouse against Sharad was that if he liked someone else could he not be upfront about rather than having an affair on the sly. She was totally committed to Sharad she would not party like other's, she was happy acting like a loving house wife only to discover that her man was never her in the first place "

The same source wonder as to why such false stories are being floated around, who could be behind it, ?? " Are there deliberately meant to malign a woman image's, And Divyanka as we all know is a girl who follows the social norms and any such reporting will surely harm her image. If Divyanka wanted she could have gone on record to say what really went wrong but she did not do so. Rather she stuck with her mutual break up thingy which had saved Sharad's." added the khabru.

In closing all Divyanka said was, " It took me a long time to get over the trauma but now I am not going look back. I am looking forward to new friendships and a new life. Every woman deserves to move on and be happy and the society must respect her choices. She needn't go through 'Agnipariksha' on each step."

Ever since Divyanka Tripathi and long time boyfriend Sharad Malhotra have gone their separate ways, the media has always been speculating as to what made this very much in love couple split. It was suggested by some that maybe it was Sharad's alleged affair with his Maharana Pratap co-star Rachna Parulkar which made Divyanka walk out. On the other hand some sniped that Rachna was being made a scapegoat by her ex boyfriend and she had nothing to do with the breakup which both publically had said was mutual.

A.M.





**“YOU CAN
EXPECT
‘MAGIC’
FROM
KANGANA”**

CHITCHATTING WITH

Aanand L Rai
(Director, TWMR)

He is TV's gift to Cinema... And he's a survivor-par- suprême ... His earliest forays into the Big Screen kind of blew up in his face, yet, he rose from those ashes like a Phoenix to rule the roost, today... GR8! had an encounter of the chatty kind with today's marvel man of Box-office... Here goes...



How does it feel to be in the most coveted 100 Crore Club with the sequel of Tanu Weds Manu?

Aanand Rai: Well, to me, each smile the Film gives is worth one Crore - so 100 smiles equal 100 Crore!

What is your take on the highs & lows of your career so far?

AR: Everybody has them and I was no exception. To me, however, the most important is a peaceful sleep, which I've never compromised upon!

TV was where you started... but was Small Screen more of a compulsion of circumstances and you always aimed for the Big Screen?

AR: No, TV was never a compulsion. But yes, when it started becoming a pressure, I shifted lanes and thankfully at the right time too, 'cause I was worried about getting creatively stagnant!

But it has often been seen that TV is just used as a stepping stone to Cinema by actors, directors and other such - tell us, why can't TV be the last milepost for an artiste? What do Films have that TV doesn't!

AR: Patience – that's what! TV gets too restless and yes, it is unfortunately being used only for survival, today. That way, it has been over-damaged, but repair will happen in time, I'm sure!

How difficult was it for you to break into Cinema?

AR: Look, I've never been over-ambitious as a person - I just have to be in love with what I'm doing and then, nothing is difficult for me!

But still, how could you manage to survive a shaky start and persist with your journey?

AR: You see, whether I fail or succeed, I'm only trying to tell a story - so I failed with one and succeeded with the other!

How did you hit upon Kangana for Tanu? What, according to you, makes her connect so well with the audience?

AR: I was looking for someone who understood small-town sensibilities and I need my actor to be confident and one who is not afraid to give a bad shot, as that's only how the magic can be created finally, just as Kangana did here!

What is your take on today's TV scenario? Is it downhill, uphill or at a stagnant plateau?

AR: A stagnant plateau - and that's the worst state to be in! Being downhill still promises a rise in future, but here, we would have to push very hard now to beat the stagnancy, break old rules and make new ones!

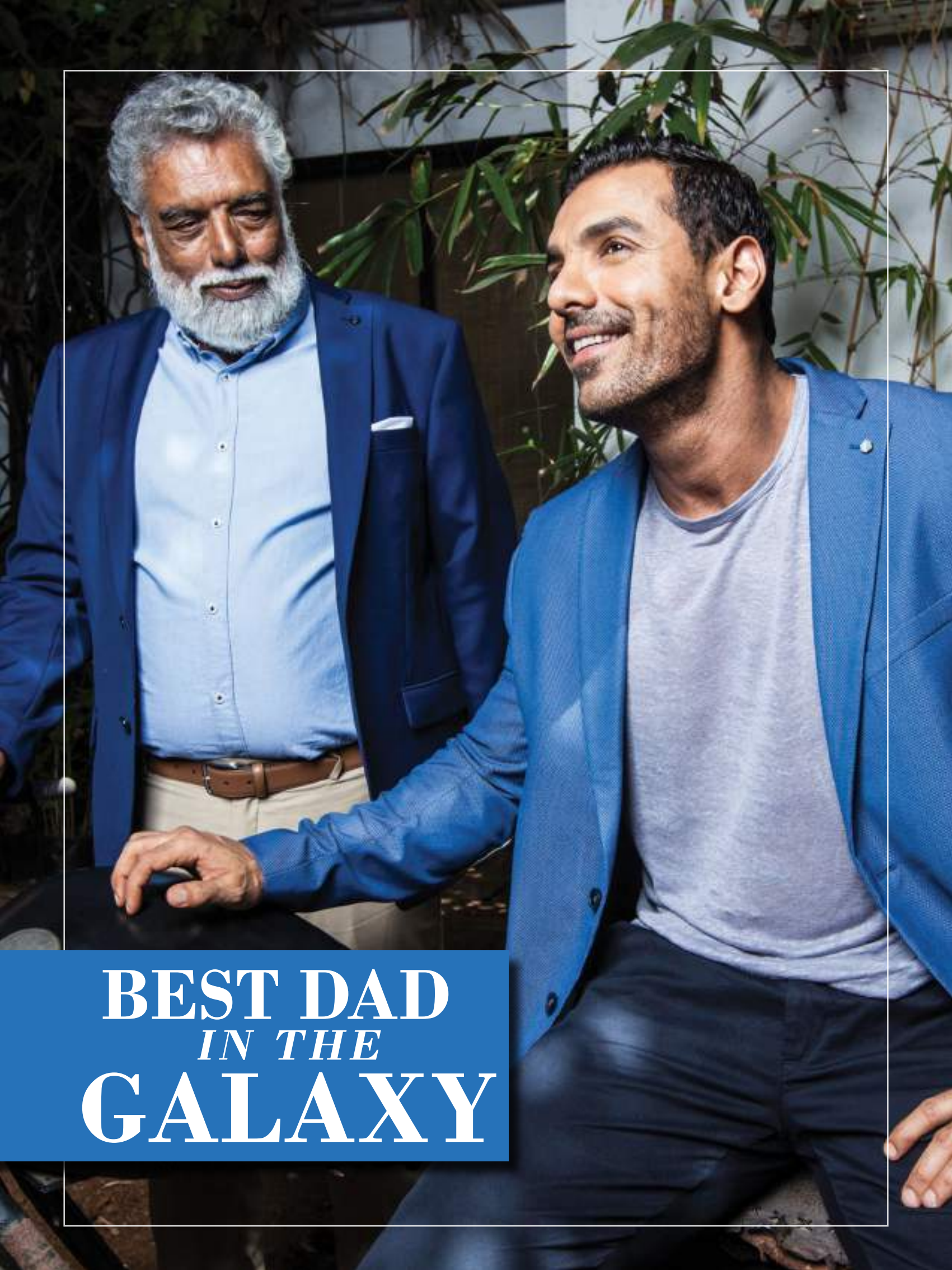
Achha, now that you're firmly entrenched in films, will you ever return to TV?

AR: Certainly! In fact, earlier I did a lot of TV for financial survival, but now since films have secured me on that, I want to contribute to TV more creatively, 'cause wherever I've reached today, I owe all of it to Television!

You have been on board with The ITA Awards Jury - can you recall as to how was the experience and also, opine about the significance of an Academy like The ITA and its pioneering TV-Awards?

AR: The ITA is one of a kind! Mr. Shashi Ranjan and his 'Team, ITA' have always maintained very high standards and stood by the TV-fraternity in the right spirit!

(That's a genuine man speaking about a genuine movement - The ITA movement...!)



BEST DAD
IN THE
GALAXY



“**My father is a very happy and content man and I am very restless for which I need some tips from him.**

1. What is your earliest memory with your Dad?

When I was growing up, I once used an expletive. He punished me by making me stand by the door for over three hours. It taught me to be respectful to people, and mindful of the language I use. Which is why it is a part of my DNA today. You will never catch me abusing or using expletives off guard. This little incident has shaped me into the individual I am today.

2. Tell us a lie that was caught by him?

I used to bunk school lunch and never have it and eventually the lie was caught by my teacher.

3. When did you realise that you are wanted to pursue a career in films? What triggered your decision to take Acting as profession? Did Dad resent it?

It happened by chance, when I was a model I wanted to be the best model

there is and that is all that I wanted to be. Not like today where girls/boys are picking up modelling as means to end in films. I never had aspirations to get into films. My dad has always been encouraging and has never been resented it.

4. If you had to surprise your dad at one such date for Father's Day, how would you go about it?

Honestly, the big surprise that I would love to give my dad is to take him for a live football match/game maybe could be Manchester United, Barcelona etc. so he can experience a live game.

5. Say something to him you haven't expressed to this day...

I have got a lot more obstacles to overcome to reach his state of happiness. My father is a very happy and content man and I am very restless for which I need some tips from him.



Parikshet Sahni Sunil Pal & Sanchiti Sakat at actress Ekta Jain's birthday party

Actress Ekta Jain celebrated her birthday with close friends and family at China Gate in Andheri. Parikshet Sahni and Sunil Pal came on time. Singer Sanchiti Sakat came with her family to wish all the best to Ekta. Actress Madhuri M Pandey came with music director Santok Singh, director Sannju H Sharma and lyricist Kumaar. Sunil Pal and Sanchiti Sakat sang birthday song for Ekta.

Sunil Pal cracked some jokes also to make the party alive. Ekta Jain had earlier worked in loads of serials, adfilms and few films - Nayak, Anjane the unknown, and others. Hirachand Jain, Bharti Jain and Lekha Jain wished happy birthday to her. Zeba Sajid came directly from shoot for the party.



South actress Madhuri M Pandey coming with debut Hindi single Ring Diamond Di

Madhuri M Pandey who has worked in two Telegu film - Udtha Udtha uch with Chitram Senu, Brahammanandam Ali. Madhuri has also done loads of print ads in Mumbai and Delhi. She is coming up with debut single song Ring Diamond Di through Zee Music. Akriti Kakkar has sung the song which is composed by

Santok Singh and written by Kumaar. Sannju H Sharma who has choreographed for more than 200 music videos has directed and choreographed the song in two days. She recently released her album in Mumbai. Actor Darshan Kumar came specially to release the album and wished her all the success.



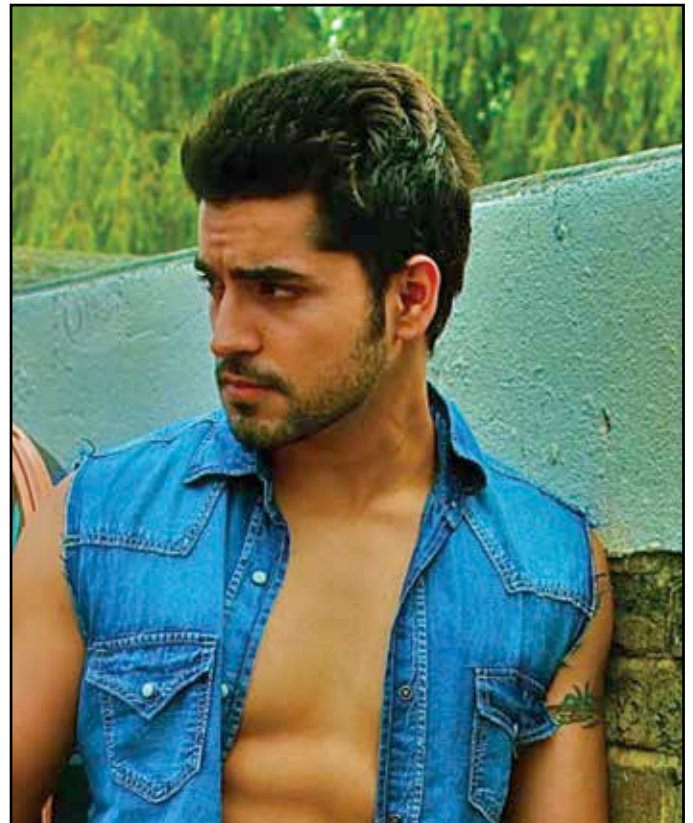
Chori Chori Chupke Chupke... Sara Khan marries singer Rishabh Tandon!

'Bidaai' and 'Sasural Simar Ka' actress recently got married to her boyfriend Rishabh Tandon and posted the picture with him on Instagram account. The Bigg Boss 4 fame known for her stint for marrying Ali Merchant on the show and then getting separated just after two months of marriage, seems to have finally her soulmate. Yes, after getting divorced, she was in live in relation with Splitsvilla fame Paras Chhabra, but that too ended this April when we were expecting to take their relation further. But anyways all is well that ends well. Giving our readers a short introduction of Sara's hubby, he is a singer and an aspiring actor who was married and got divorced recently. Hope no. 2 seems lucky for them... (you know what we mean, wink wink)



Divyanka's track to get over in 'Yeh Hain Mohabbatein'?

Divyanka Tripathi who plays the role of Ishita, a South Indian girl in YHM, may go for a leap. The fast forward story will show Ishita getting detected by cancer and the whole family will be shocked on this. Though she may not be dying, but her track may end. There are also reports that the lead pair, Raman played by Karan Patel and Ishita will shoot for an intimate scene before the cancer track will start. Now let us see, whether the new developments will help the show in gaining more popularity. Guys, what you think???



Good news for Gulatians...

Yes, we are talking about none other than our Big Boss Halla Bol Winner Gautam Gulati. All his fans will get to see him in another reality show, but hold on...not as a contestant but this time as a judge of MTV India's Next Top Model. This show is inspired by US reality show America's Next Top Model. It will give a platform to aspiring models from across the country who will compete for the coveted title based on certain tasks. The MTV show will be co-judged by model-actress Lisa Haydon and ace photographer Dabboo Ratnani.

Sakshi Tanwar in a never seen avatar!!!

Sakshi Tanwar, always seen playing the role of goody goody bahu and beti, be it be as Parvati in Kahani Ghar Ghar Ki or Priya in Bade Achhe Lagte Hain, will now be seen in a never seen avatar. Sakshi, who is all set to impress audiences with her Bollywood appearance with Prakash Dwivedi film Mohalla Assi, will be seen playing a very bold role and using abusive and foul language. Going by the promos, all we can say that we are really excited to see Sakshi shedding her typical bahu image. The film also stars like Sunny Deol, Ravi Kishan, Daya Shankar Pandey, Faisal Rashid and many others in pivotal roles. We wish our Parvati all the best for her new endeavour.



Rati Pandey is not quitting...

Rati Pandey who has been missing from screen for some time now, is all set for comeback in TV Industry. The actor known for her performance oriented roles in Miley Jab Hum Tum and Hitler Didi is not quitting TV. The actress was busy with her personal work, but now her fans can have a reason to smile as they will get to see her again. GR8! just want to say that we have been missing her and hope to see her soon... Are you listening Hitler Didi???

Kamya Punjabi get 25 lacs wrist watch from SECRET ADMIRER??

Kamya Punjabi is one lucky woman. This good looking and talented actor who recently broke up with her boy friend Karan Patel has got one very expensive gift from a Lucknow based businessman. Our source informs us that he has given her a 25 lacs rupees wrist watch which she is showing off to close friends.

The grapevine is wondering if something is cooking between Kamya and this mystery rich man. For if he was just an admirer of her work, would he really dish out so much??

And even if it is true, it is ok for Kamya is a single woman is free to follow her heart. Every woman deserves true love, so what if her marriage with Bunty Negidid not work out. It was sad to see some fan's attack Kamya for her relationship with Karan. Her daughter was also dragged in the muck. The latter recently got married to Ankita Bhgarav.

However when we asked Kamya she flatly denied it say, "there is no wrist watch, no admirer and Lucknow." Further

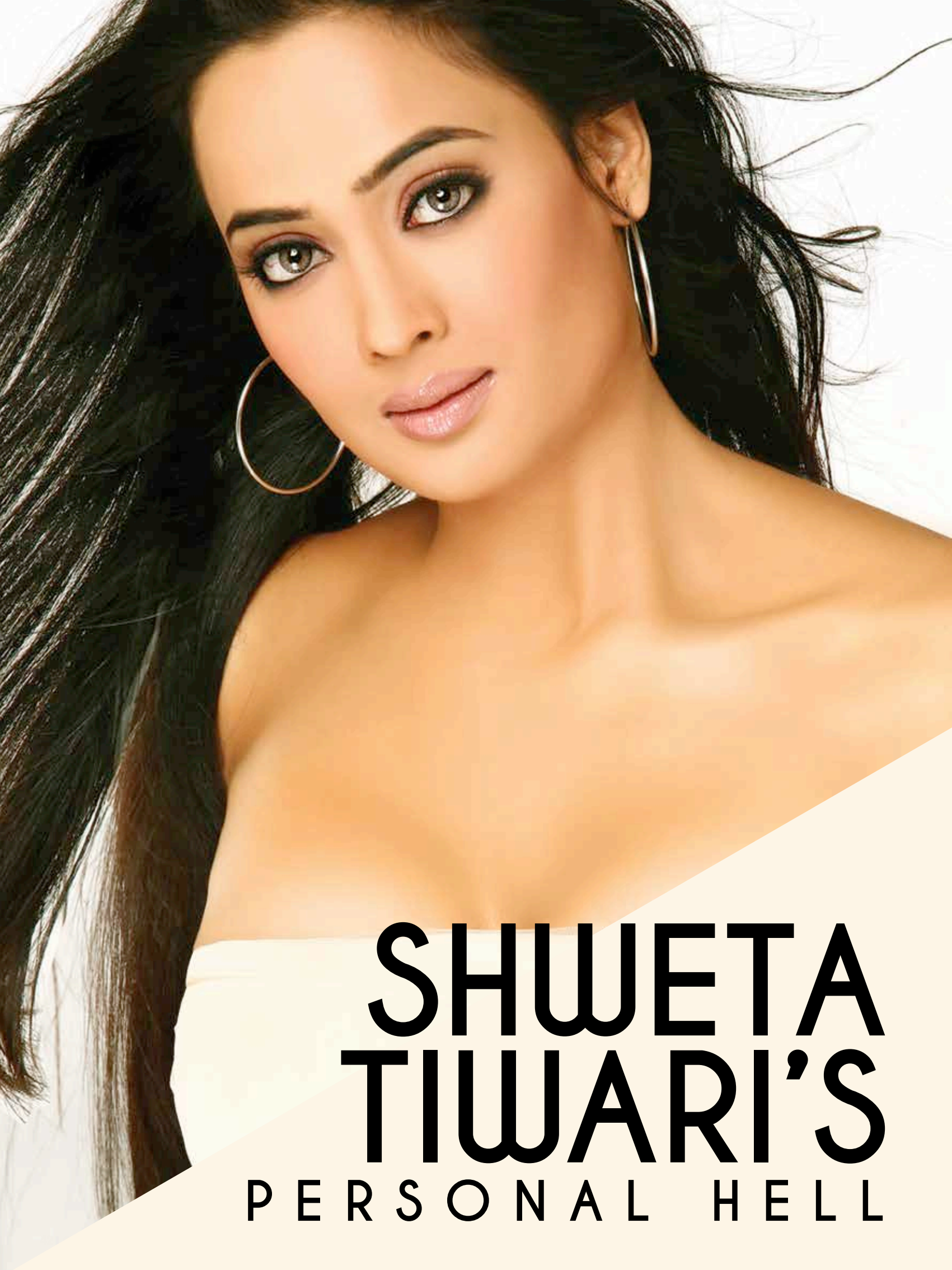
she added saying, "if there is such an admirer would sure like to meet him." When we pushed further she said, "If you know Kamya Punjabi the thing you would know is that I don't lie! I'm a bindaas soul!"



It is all about choosing one. Daily Soap or reality show?

War between channels is nothing new. But recently we have seen lot of cases where TV actors who are doing daily soaps and have been approached for reality show are being left in dilemma of what to select. Do you remember Gaa Manek exiting Saath Nibhana Saathiya (Star Plus) just because she selected Jhalak Dikhhla Jaa (Colors). Recently, Shakti Arora also had to face this and had to exit Nach Baliye (Star Plus) this season to concentrate on Meri Aashiqui Tumse Hi (Colors). Well now the recent one to join the league is Mohit Malik who has to quit Doli Armaanon Ki (Zee TV) to join Jhalak. Now that is really a difficult and tough decision to take as an actor...

- JS



SHWETA TIWARI'S

PERSONAL HELL

On Incompatibility...

'When I went to Raja's hometown to meet my in-laws after my Beti was born, I heard his mother groaning to a visitor - 'Arre, you have 2 sons, but hamaare toh ladki ho gayi hai'... I was livid and told her never ever to speak such rubbish about my daughter'... That was the mindset there... And in a total contrast, when I was brought to home after my birth in hospital, there was a Durga procession passing by... My Grandpa instantly gushed 'Ghar mein Devi aa gayee!'

On Marriage...

'Since the earliest on, it had been drilled into me that 'Marriage' is nothing but 'Compromise' and you must stick to it, come what may... For years, I suffered untold mental and physical bruises thinking that 'if my Daada's & Maama's have been compromising to save their marriages, why can't I do the same?'... But then, a day came when I faced myself in the mirror - 'No, Shweta - Marriage is not compromise... Marriage is 'Love'... Get out of where there is no 'Love'...!' And I came out of that hell...!'

On the 'Hell'...

'He would bash me up in the night and next day, I'd go to the set with bruises on my face... My make-up man would quickly hide them, but then, during the shoot it was so demeaning for me to keep hearing from various people there, 'Your husband is sleeping around!'... Bahut sharm aati thi'...!'

On the 'Infidelity'...

'I endured all the humiliations, physical torture and trauma because I had a girl who I didn't want to get deprived of a father... But there is a limit to tolerance and it had come to a stage when the number of girls (in his life) kept going from one, to two, to three... to whatever... There were girls outside... There were girls brought

to home... But then, every time he would say 'Sorry' and I would succumb to that'...!'

On the 'Snap'...

'One day I saw his messages for Tejaswini (Kolhapure), even caught them in front of 'Legacy of China', cosying up to each other and then he said clearly - 'Shweta, this is it... She will live with me... If you want to stay-stay, or else'...! I packed!'

On the 'Scars'...

'This whole experience has left me with a mindset that NO male is loyal... Given a chance, they will all cheat... Not a single man on this earth is faithful...!'

On Man/Woman...

'You often hear, a Man completes a woman... But the fact is that a woman completes the world'...!'

On a Wish Unfulfilled...

'I have one - I wanna bashshsh 'him' to pulp... and don't ask me, 'Who?'...!'

We won't!

But do we hear the echo of - 'Amen!'



“

It was a wound that leaves a scar - almost an indelible one... And the world knows today that Shweta Tiwari's marital bond with Raja Chaudhary (remember the big-mouth of 'Bigg Boss -2?') had left her battered both mentally and physically as well, but it was to GR8! that Shweta poured her heart out for the first ever time on that... Let us retread the Shwetascape for you...

FITNESS



FITNESS TALK

WITH

**[SARA
KHAN]**

FITNESS MANTRA

Healthy body
can only
come with a
healthy mind
and a healthy
mind can only
come with a
healthy body.



For me fitness is...

Mental fitness. If you have a strong mind, you will have a strong body

My daily diet...

Consists of healthy food and great nutrients. I know how to balance my protein, fats and carbs and insure that my body is loaded with good vitamins and minerals. I don't starve myself and I eat what I like and when I want but I know my limits.

Given a chance, I would binge on...

Frosties (cereal), caramel popcorn and Naturals tender coconut ice cream

Do you consider yourself a Fitness Freak?

No, I don't consider myself a fitness freak

My workout regime...

3 times a week I go to the gym and once a week I go for yoga

How would you rate yourself on a fitness scale of 10?

5

Fittest celebrities on TV?

Mandira bedi

Your secret fitness tips?

Healthy body can only come with a healthy mind and a healthy mind can only come with a healthy body.

A common fitness myth...

Fat is bad for you (common myth)

My happiness quotient...

Nothing is predictable so enjoy every moment

My idea of relaxation...

Massage and watching movies.

Babita M



Babita Malkani

BABITA MALKANI

is a name to reckon with in the Indian Fashion Industry. A fashion career spanning close to 20 years her style is very distinct and urban. Babita has participated at various Indian and International fashion weeks and showcased at several high profile shows and events.

Her niche involves embracing rich fabrics with spirited cuts and shapes that reflect contemporary high fashion. Babita Malkani often incorporates arty expressions and her experiences into her works- with a healthy inspiration from nature. Babita Malkani is truly one of India's leading designers and is a master of her craft.

Her label 'Babita M' is a brand which has been around for a very long time . She has designed outfits for most of the leading stars in bollywood from Anushka Sharma, Shraddha Kapoor, Vidya Balan to name a few

With a knack to dress up high fashion in a chic avatar, designer Babita Malkani marries Haute Couture, rich fabrics with vivacious cuts and drapes, in a fun, frisky and one-of-a-kind manner. With an International, cutting-edge silhouette in mind, her outfits exude a global sense that makes them appealing.

Excellence being her attitude and designs being her forte, Babita has evolved as a designer with dignity and fortitude over the years by the sheer dint of her skills, intelligence and creativity.



3 Must Have's
in your
wardrobe:

Culottes
Resort Wear
Concept Saree

CULOTTES
are a must have
this season.
They are very
trendy and in
vogue

RESORT WEAR
Very wearable
for all occasions.
Flowy and
feminine gowns
are a must have

CONCEPT
SAREE

Its very easy to
wear and looks
great. Fits all body
types





CHEF SANJEEV KAPOOR

says this rainy season switch from Paav vadas & aloo parathas to a little healthier Bajre ka Bharwan parath

CORN PAKORAS



Method

- Coarsely grind the corn kernels.
- Place the corn mixture in a large bowl. Add green chilli paste, ginger paste, chaat masala, coriander powder, coriander leaves, gram flour and salt. Mix well.
- Heat sufficient oil in a kadai. Drop small portions of the corn mixture and deep fry the pakoras till golden brown on both sides.
- Drain and place on an absorbent paper.
- Serve hot with green chutney.

Ingredients

- 250 Grams fresh corn kernels (makai ke dane)
- 2 teaspoons green chilli (hari mirch) paste
- 1½ teaspoons ginger paste
- 1 teaspoon chaat masala
- 1 teaspoon coriander (dhania) powder
- 2 tablespoons chopped fresh coriander leaves (hara dhania)
- 5-6 tablespoons gram flour (besan)
- Salt to taste
- Oil to deep fry



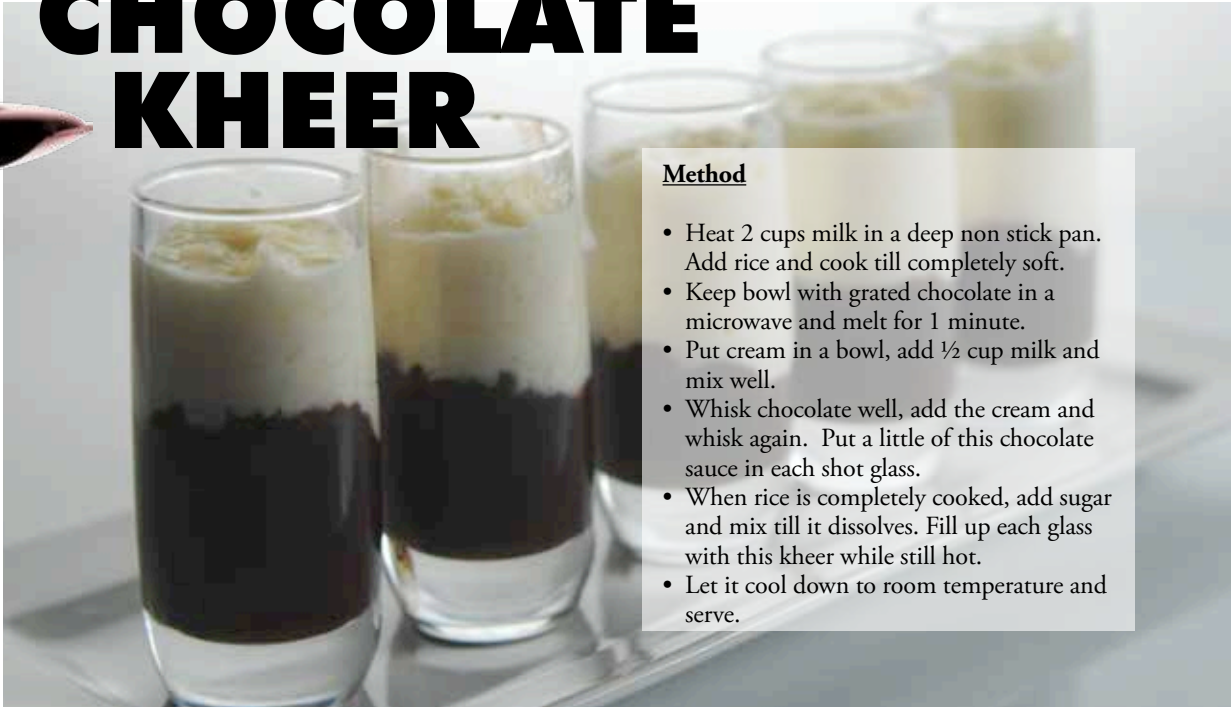
CHOCOLATE KHEER

Ingredients

- ½ cup grated chocolate
- 2½ cups milk
- 1 tbsp rice, soaked
- ½ cup cream
- 3 tbsps sugar

Method

- Heat 2 cups milk in a deep non stick pan. Add rice and cook till completely soft.
- Keep bowl with grated chocolate in a microwave and melt for 1 minute.
- Put cream in a bowl, add ½ cup milk and mix well.
- Whisk chocolate well, add the cream and whisk again. Put a little of this chocolate sauce in each shot glass.
- When rice is completely cooked, add sugar and mix till it dissolves. Fill up each glass with this kheer while still hot.
- Let it cool down to room temperature and serve.





BAKED PALAK PANEER RICE

Ingredients

For Palak Layer

- 1 cup spinach puree
- 1 cup cooked basmati rice
- 2 tbsps oil
- 1 medium onion, chopped
- Salt to taste
- A pinch of garam masala powder

For Paneer Layer

- 300 gms cottage cheese (paneer), crumbled
- 1 cup cooked basmati rice
- 2 tbsps oil
- 2 tbsps tomato basil pasta sauce
- Salt to taste
- A pinch of roasted dried fenugreek leaves (kasoori methi)

Crackling Spinach

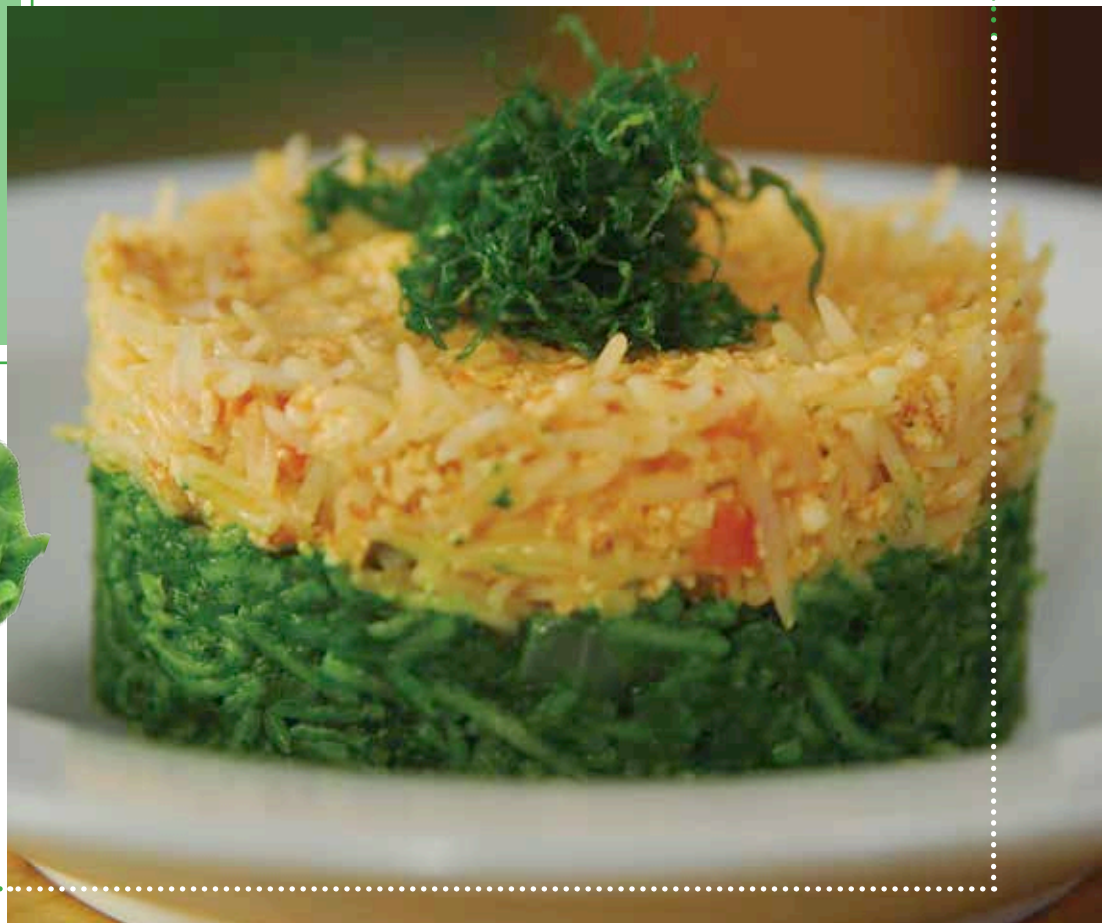
- 45 spinach leaves, cut into thin strips
- Oil for deep frying
- 1 tbsp sesame (til) oil
- 1 tsp red chilli flakes
- Salt to taste
- 1 tbsp sugar
- 1 tbsp toasted sesame seeds (til)

Method

- Heat 2 tbsps oil in a non stick wok and 2 tbsps oil in a non stick pan.
- Add cumin seeds to the wok and when they begin to change colour, add garlic and saute for ½ minute. Add onion and saute.
- Add crumbled cottage cheese to the pan and saute. Add tomato basil pasta sauce and mix well.
- Add spinach puree to the wok and mix.
- Preheat an oven to 180°C.
- Heat all the rice in the microwave.
- Add salt and garam masala powder to the spinach mixture and mix well. Add salt and dried fenugreek leaves to the cottage cheese mixture and mix well.
- Add half the rice to the spinach mixture and half to the cottage cheese mixture and mix well.
- Adjust salt in both the wok and the pan and cook for a minute.
- Grease a round steel mould over an oven proof plate. Put some of the spinach rice and press well. Over this put a layer of cottage cheese rice and press. Bake in the preheated oven for 10 minutes. You can serve it without baking too.
- Top with a little crackling spinach and serve hot.
- To make crackling spinach deep fry spinach strips till crisp. Drain on absorbent paper. Heat sesame oil in a non stick pan, add red chilli flakes and immediately add the fried spinach. Sprinkle salt, sugar and toasted sesame seeds and toss.

HEALTH BENEFITS OF SPINACH

This healthy green is full of vitamins, antioxidants and minerals. Spinach has an extremely high nutritional value and is rich in antioxidants. It is a good source of vitamins A, B2, C and K, and also contains magnesium, manganese, folate, iron, calcium and potassium.



Digvijay Singh is an aspiring Network Security Engineer with love for programming and designing. An ardent Blogger who loves to play with new Gadgets and explore them inside out, gives us an out and out comparison between two of the most talked high tech fitness gadgets.



Mi Band by Xiaomi

Wearable gadgets have been around for quite some time now. But not a lot of people could actually afford them. However, Xiaomi has changed this and has released the new Mi Band. This fitness tracker is priced at Rs.999 only.

This device fits onto your wrists and can be paired with any device that runs Android 4.4 and above or iOS7 and above. The Mi Band has a set of sensors that monitors your fitness and tracks your sleep. The data can be shared to social networks easily with the companion app that would also offer you health advice.

It has IP67 ratings for water resistance. In addition to LED notification for calls and messages, it can also vibrate. This is useful for waking you up in the morning and also vibrates when you get a call, which is handy if you're in loud places and cannot hear the sound or feel the vibration of your smart phone in your pocket. Once paired to your smart phone, it can be used to unlock the smart phone when the band is within proximity, which is the most exciting feature for me because it is annoying to type the password every now and then while chatting with friends. It has 41 MAH battery that promises up to 30 days of standby. But according to my personal experience, the band last for 45+ days. The main function of this band is that it keeps a track of your sleep cycle, the number of steps including distance travelled and calories burnt in a day. Which is handy for almost everyone and especially people who love to go to gym and love to keep themselves fit.



Both The YuFit and The Mi Band are compatible with both Android and iOS smartphones via Bluetooth which is amazing seeing a cross platform smartwatch.

The Mi Band comes and pairs with the Xiaomi's App



The Mi Fit while The YuFit pairs with HealthifyMe App available in App stores.



YuFit Band by YU

Once the Mi Band was announced, the next big question that everyone was thinking about was, who will be next? And fortunately we didn't have to wait long to know the answer to that which came in the form of Yu's YuFit. Also priced at Rs.999 YuFit can be seen as the perfect neck-to-neck product to compete with Mi Band.

The major difference between the fitness bands is that the YuFit comes with a display while the Mi Band doesn't. The YuFit has a small OLED display on top which shows the time, details such as the number of steps etc. It notifies you of calls and messages just like the Mi Band. While the Mi Band makes do with just LED light notifications, the YuFit can actually display the numbers and other information. You can switch between the different modes by simply tapping the display.

YuFit offer similar functions of tracking steps and sleep cycle including distance travelled and calories burnt. Although YuFit has an upper hand because of its OLED display which can actually replace a wrist watch. The YuFit battery capacity and battery life hasn't been disclosed yet, but the rumours are that the device can last not more than 10 days with moderate use. Which is a downside considering Mi Band guarantees 30 days battery life but considering YuFit has an OLED display, 10 days of battery life is justified.



Launch of 'WAZIR' Trailer...



Pics by Yogen Shah

On 3rd June 2015, Amitabh Bachchan, Farhan Akhtar, Vidhu Vinod Chopra, Rajkumar Hirani and Bejoy Nambiar launched the film's first look posters and the second teaser trailer. The event took place at PVR Juhu. What was the highlight of event were the questions popped to Big B. He was asked on his films, future endeavours, his view on Deepika not inviting him for bash and most expectedly on Maggi controversy. And as we all know him, he answered it all very calmly and also went ahead and recited a small poem. The embrace to the colours of summers was a treat for one's eyes. The movie also stars Aditi Rao Hydari as its leading lady and has John Abraham and Neil Nitin Mukesh in pivotal roles. Well lot of expectations as it is the result of a five year fruitful efforts. The movie is expected to release on 18th Dec 2015.



L to R : Rajkumar Hirani, Vidhu Vinod Chopra, Amitabh Bachchan, Farhan Akhtar, Bejoy Nambiar



Deal Waali Dulhania...

which stars Vidya Malavade, Amit Varma, Jaswir Kaur and Munisha Khatwani, directed by Sachin Parikh held its premiere in Mumbai. Theatre is the new love of the industry.

The show witnessed a bevy of celebrities like Chitrashi Rawat, Delnaaz Irani, Nisha Raval and Karan Mehra, Shraddha Musale, Kiku Sharda, Arhaan Behl, Shashank Vyas, Aniruddh Dave, Shlipa Saklani and Apurva Agnihotri, Abhinav Shulka, Kushal Punjabi, Pooja Banerjee, Neha Bagga, Tina Datta, Tarun Khanna amongst many others. The audience thoroughly enjoyed the evening which had their own colleagues on and off stage.



Sachin Parikh & Munisha Khatwani



Jaswir Kaur and Vidya Malavade



Amit Verma



Gaa Manek



Neha Bagga and Tina Dutta



Kiku Sharda



Manish Goswami and his wife



Arhaam Bahl



Aniruddh Dave



Divya and Raman Handa



Kushal Punjabi



Delnaaz Irani



Chitrashi Rawat



Gaurav Bajaj with his wife Sakshi



PREETIKA RAO'S

SKIN CARE

MANTRA

Which skin care products will we always find in your handbag?

A Burt's & Bee Lip balm. A Body Shop mild Body spray, a hand sanitizer. I don't carry sunscreens with me normally apart from during an outdoor shoot. I carry a good sunscreen which is a light-weight-formula for oily skin.

Your Dos and Don'ts for Healthy Skin...

Do not go for a face massage to a parlour and allow them to steam your face and then use any cream on your face! You will break-out into pimples and rashes within a week and by then you may even forget that this procedure was the cause. Steam does a lot of damage to the skin mantle and also permanently opens up your pores.

And cream will lead to excessive oil in the glands resulting into a break-out! If you need a face massage do it with natural ingredients like using the pulp of an orange fruit or with lime and honey in a proper proportion – because lime can cause break-outs too if a greater quantity is used.

Do not use scrubs on the face – they do not do wonders like they are advertised to! Scrubs end up widening the pores permanently too. Use damp cotton with a face-wash instead of a scrub and this can be used every day!

Do wash your face frequently during the day – morning, evening, and just before going to bed. Do not use bathing bars on the face; only stick to a medicated mild face wash or pure glycerine soap

Foods you indulge in for glowing skin...

Good skin is the result of a healthy digestive system and Indian food is always over-cooked unlike Western & South East Asian cooking where people sauté their vegetables mostly and have plenty of raw salads in their diet. Over-cooked food leads to a week- digestive- track and one may suffer from internal-dryness in spite of a good-water intake - resulting into constipation which is one of the main causes of skin problems. Remember it's all about our food intake! A spoon of liquid paraffin after the breakfast helps to cure this internal-dryness that a lot of youngsters are suffering today from. Also Vegetarian food is healthier as it does not have toxins like meat – especially red-meat that is a silent killer!

And lastly, who you think has a great skin in the industry?

Most actresses have a good skin and it is mostly because they take extra skin-care unlike people in other fields. But daily makeup is our biggest enemy!

J.S.



Shri Jagannath Rath-Yatra

Teeming millions in a unique bonding with Divinity - the spectacle is well & truly mind-boggling! The Puri Jagannath Rath-Yatra that happens annually on the Ashaadh Shukla Diwitya (2nd day in the bright Lunar fortnight of the Ashaadh month) is a journey that Lord Jagannath (an aspect of Lord Krishna) takes along with His siblings, Balbhadra and Subhadra from His Sri Temple to the Garden Temple of Gundicha in Puri. Seven days later, he returns to his abode after a stopover at his Mausima's (Aunt's) temple.

This entire sojourn is the only time when anyone (non-Hindus and all) can have a Darshan of the Lord. For this journey, mammoth Chariots are carved out of wood and then bedecked as temple replicas, varying in heights of 46, 45 and 44 feet for Jagannath, Balbhadra and Subhadra, respectively. These Chariots are driven by devotees with ropes in a procession with a surging sea of humanity. And thus goes the Faith - lugging the Chariots, even touching one of the ropes, absolves one from the cycle of re-births!

There are many legends appended to the Yatra!

Some attribute it to be a replay of the time

when Krishna left for Mathura in the Chariot of Akroor, a journey that ended with the Lord killing Kans, the epitome of evil! Amongst many other such legends, the most prevalent one is that after killing Kans, Lord Krishna shifted to his new capital, Dwarika, while the Gopis of Vrindavan pined for his company. They wanted their Kaanha in their verdant grooves and not in the opulence of the gold-studded Dwarika. So one day they just packed Him and His siblings in a Rath and physically pulled it towards Vrindavan - a sight that is replicated to this day in the Puri Rath-Yatra.

Besides Puri, this Yatra is fêted annually in so many other places like, Ahmedabad in Gujarat, Mahesh in the Hoogley district of West Bengal and so on. Not only this, the spectacular Holy Event is also held at such far-off shores as UK, US, Australia - in fact, all over globe.

Conch-shells reverberate amidst pulse-pounding percussions and there are dazzling masquerades and mythological enactments all along the way in this Divine trek, while earth-shattering chants of a countless multitude of devotees keep rending the air...

And this is a time when you can chariot the One who is the charioteer of your soul!



Charioting God...
IT'S ONE OF A KIND!



Anil Kapoor



Akshay Kumar

RANVEER SINGH chooses Muppet dress for GQ Awards!

Pics by Yogen Shah

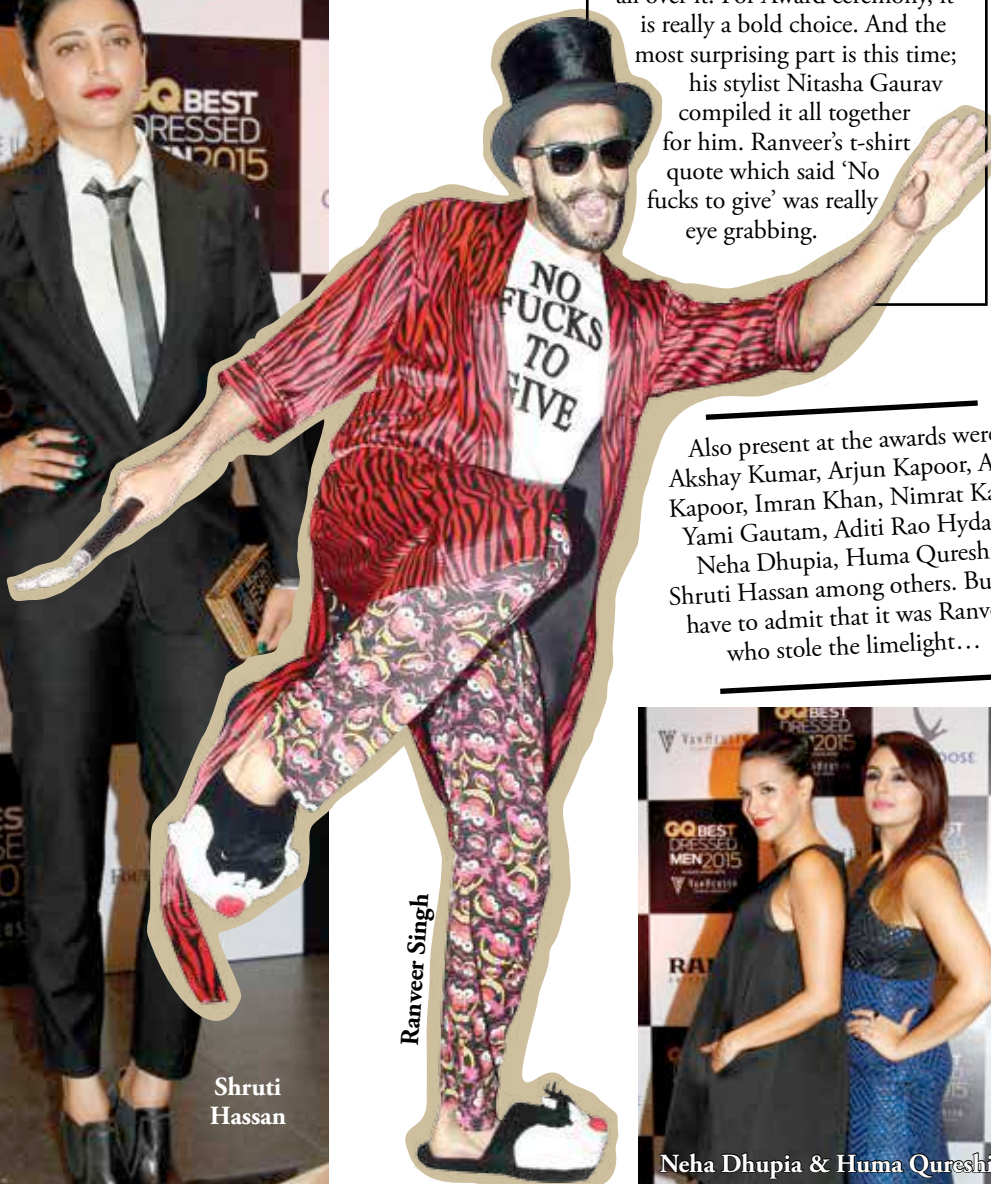
Ranveer Singh is one such actor who likes to experiment and has a unique style statement. And he proved that very well at GQ Awards. He was dressed like a clown or should we say muppet... confused with what exactly he wanted to depict. He selected a long red and black printed jacket and pyjamas with clown printed all over it. For Award ceremony, it is really a bold choice. And the most surprising part is this time; his stylist Nitasha Gaurav compiled it all together for him. Ranveer's t-shirt quote which said 'No fucks to give' was really eye grabbing.



Ranveer Singh & Arjun Kapoor



Shruti Hassan



Ranveer Singh

Also present at the awards were Akshay Kumar, Arjun Kapoor, Anil Kapoor, Imran Khan, Nimrat Kaur, Yami Gautam, Aditi Rao Hydari, Neha Dhupia, Huma Qureshi, Shruti Hassan among others. But we have to admit that it was Ranveer who stole the limelight...



Imran Khan



Kabir Bedi



Neha Dhupia & Huma Qureshi



Nimrat Kaur

GR8! B'DAY CALENDAR

1

Srman Jain

3

Bharti Singh

3

Kratika Sengar

10

Abhishek Sharma

7

Ambika Ranjanekar

8

Richa Sony

9

Romit Raj

10

Alok Nath

9

Urvashi Dholakia

10

Manasi Parekh

16

Azanna Shariff

16

Swapna Waghmare Joshi

13

Dhruv Bhandari

17

Pushiti Shiv Shakti

17

Pratima Kannan

15

Sooraj Thapar

15

Ami Trivedi

25

Supriya Kumari

22

Rakhi Vijan

20

Reshmi Ghosh Vasudev

17

Chahatt Khanna

22

Manish Raisinghan

25

Kashmira Irfani

21

Aniruddh Dave

25

Vaishalee Thakkar

26

Deepika Singh

31

Anuj Saxena

27

Mandar Chandwadkar

‘My B'Day wish is that my new show RUMM PUMM PO does well ...’



Your B'Day isn't too far, how do you plan to celebrate?

This year on my birthday I am planning to go out of the city along with my family and close friends. If I get few days off from the shoot then I would go to Goa or else will go to Lonavala and Panchgini. Every year either it's a house party or at a friend's place or we go to a happening place in Mumbai. So, I am quite bored with it and this year want to celebrate it differently.

Your best B'Day till date?

Every birthday is special and memorable but there is one birthday that was the best, crazy and adventurous birthday. It was my birthday and I had taken my pet to the vet sometime in the evening. By the time I came out I saw that my car was towed and I was standing on the road with my pet in my arms. I called up a friend, we went to get my car and that took a really lot of time, we ended up returning late night and I was like, what a birthday, after all these issues I am going home and will just sleep, all the plans had to be cancelled. But I got a huge surprise the moment I reached home, all my friends were there and the birthday ended on a nice note.

What's the first thing you do on your B'Day?

I touch my mom's feet and take her blessings.

Choose one: B'Day Parties as a Kid or B'Day Bashes as an Adult?

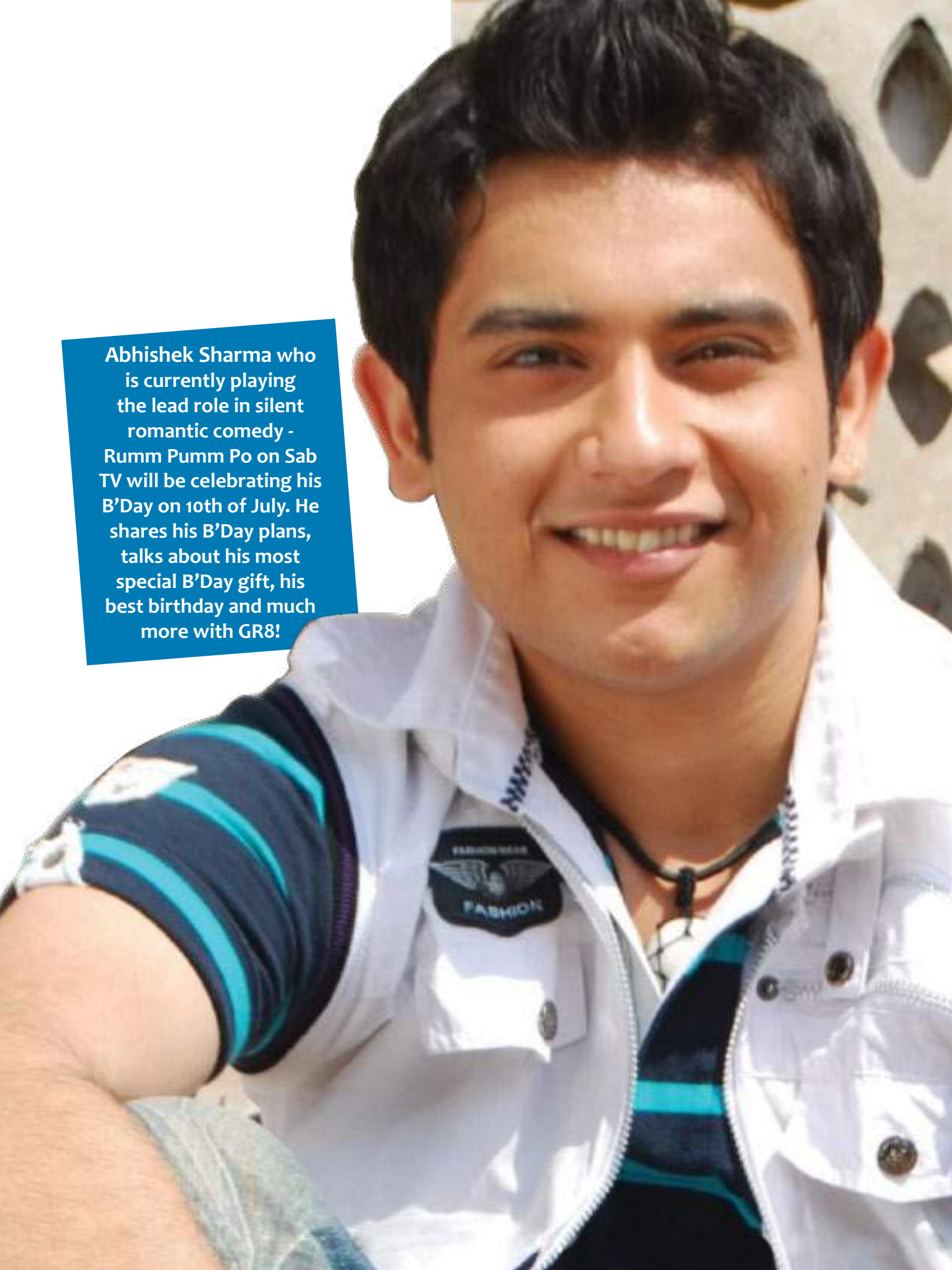
I have enjoyed all my birthdays as a kids but I prefer B'Day Bashes as an Adult because you are matured and spend your special day with special people, who mean a lot to you, these celebrations are more meaningful. Since past 4-5 years, I celebrate my birthdays with people who are close to me and there in my life since past 8-9 years.

The best B'Day gift you have received until now?

Well, all gifts are special, but last year on my birthday I signed my new show - Khushiyon Kii Gullak Aashi which was very special for me.

Lastly, what is on your wish list of B'Day gifts?

I have everything that I need. The only thing on my wish list of B'Day gifts is that my new show Rumm Pumm Po does really well. Everyone is working really hard on it and I hope the audiences enjoy it.



Abhishek Sharma who is currently playing the lead role in silent romantic comedy - Rumm Pumm Po on Sab TV will be celebrating his B'Day on 10th of July. He shares his B'Day plans, talks about his most special B'Day gift, his best birthday and much more with GR8!

Ek Naam... Dil Se!

Now what's life without some fun...? And taking this Fun Quotient a notch higher, we asked few TV Celebs an interesting league of questions. In this Rapid Fire round, we gave them few words and told them to name that one person from the industry, who perfectly fit in these categories. Here are the interesting replies, read on...



Shivin Narang says...

Sunshine: Smriti Kalra
Nautanki Baaz: Farnaz Shetty
Sleeping Beauty: Vishal Vashishtha, he can sleep the entire day...
Gossip Queen: Heli Daruwala
Fashionista: Hiba Nawab
Fire Brigade: Digangana Suryavanshi

Amrapali Gupta says...

Sunshine: Shah Rukh Khan
Nautanki Baaz: Yash Sinha
Sleeping Beauty: Surbhi Jyoti, she can sleep anytime and anywhere.
Gossip Queen: Rakhi Sawant. I would say not gossip queen but yes she loves to talk and that too lots and non-stop!
Fashionista: Has to be Amitabh Bachchan Sir.
Fire Brigade: Yash Sinha. He has always helped me and always been there for me (And why not Amrapali, partners are meant to make life easy)



Dimple Jhangiani says...

Sunshine: Anita Hassanandani
Nautanki Baaz: Dolly Bindra and she laughs off.
Sleeping Beauty: Myself... Hahaha
Gossip Queen: Me and Adaa Khan (Now that's quite sporty of you Dimple, we like that)
Fashionista: Sayantani Ghosh
Fire Brigade: Rakhi Sawant



Now, from the answers we got, we can clearly say that the title of Gossip Queen goes to the chirpy and straight forward RAKHI SAWANT. These were quite funny and interesting revelations by our celebs...

Himmanshoo Malhotra says...

Sunshine: Shivin Narang
Nautanki Baaz: Bharti Singh
Sleeping Beauty: Soumya Seth
Gossip Queen: Rakhi Sawant. (Again the title goes to Rakhi)
Fashionista: Shama Sikander, she has an amazing sense of styling.
Fire Brigade: Tina Datta



GOOD FRIENDS Indeed...

Anas Rashid & Rati Pandey

Anas Rashid aka Suraj of 'Diya Aur Baati Hum' and Rati Pandey who was last seen as Indira in 'Hitler Didi' came together for Punjabi Movie 'Bappi Da Tussi Great Ho'. Since six years, they have maintained that they are nothing more than good friends. In fact, there were rumors of them tying the knot in Feb 2015, though official confirmation on the same is still pending. Needless to say, both have always remained tight-lipped about their relationship. All we can say is that, there is no smoke without fire... come on guys what's the big deal. Isn't it time to own up to this relationship?





Karan Tacker & Krystle D'souza

What happens when a handsome dashing dude meets a smart beautiful girl? Obviously, sparks fly. In a short span of time, they became the favorite of viewers because of their magical chemistry in 'Ek Hazaaron Mein Meri Behna Hain'. They are rumored to be dating since then. They are seen partying together, going on vacations and overheard complementing each other and whispering sweet nothings into each others ears. We are sure that there is lot more to this relationship than confirmed by them. Another Anas and Rati syndrom, as they both too refused to clear their relationship status, and leave what to our imagination is only their guess?



Mohit Raina & Mouni Roy

The 'Shiva' and 'Sati' of Devon Ke Dev...Mahadev shared amazing chemistry both on-screen and off-screen. Both have always managed to spend some quality time together even after the shoot. Yes, there were rumors about problems faced in their little paradise; however both cleared it by their public appearances together. Well, it seems Mohit did not want to harm his image as he was playing the role of an idol and hence, decided not to comment much on their relationship. But Mohit one suggestion, even Gods are eligible for Ishq Vishq aur Pyaar... what say?

Well, we understand their choice of remaining silent on their love status... but don't you think these couples complement each other? We like to see them together and even if they are friends... we hope to see and hear their status update very soon.

- JS



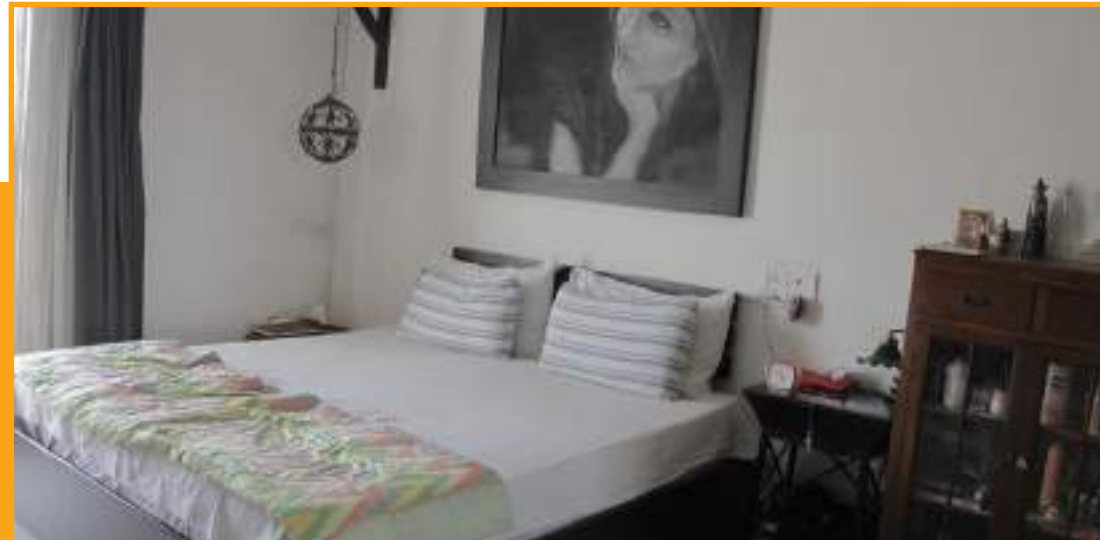
RIDHI DOGRA & RAQESH VASHISHT

*Beautiful
Gharana*

GR8! exclusively brings for its readers and this wonderful couple fans a glimpse of their house. Check it out and you can surely take a cue from what they used to make their home stand apart from others.



In the living room, the swing is so classy that we could not resist experiencing the comfort it provides. The red color with black interiors added to the style and perfectly selected paintings as an add ons for their main room is what we loved the most.



It is truly said that a house can bring in lot of positivity and that is what we felt the moment we saw their **BEAUTIFUL GHARANA**.

Simple yet elegant and classy is what we can use to describe their home.

J.S.

The bedroom with white and black curtains and white bed sheets looks very serene to one eyes. But what grabbed our attention the most is the hanging wall piece besides the bed. Also the black and white painting on the wall completes the look of the bedroom.





DESIGNER
Nishka Lulla's Wedding
 AT ISKCON



Druv Mehta & Nishka Lulla

Noted designer Neeta Lulla's daughter Nishka tied the knot with fiancé Dhruv Mehra on 3rd June at Iskcon temple in Mumbai. It was a private wedding with the main ceremonies taking place in Thailand. Wedding at Iskcon temple saw presence of family and close friends including actress Hema Malini and Aishwarya Rai Bachchan's parents who were there to give their blessings to the newlywed couple. Thailand wedding was attended by close friend Genelia and Riteish Deshmukh. Neeta also hosted a pre-wedding brunch which was attended by Amitabh Bachchan, Aishwarya, Tamannaah Bhatia, Esha Deol with her hubby Bharat, Neha Dhupia among several others superstars. The couple Dhruv Mehra and Nishka wore matching outfits for pre wedding wash. Nishka selected beautiful blue lehenga for her sangeet and on her wedding she looked no less than a princess in pink, gold and blue lehenga which had a long trail.

Pics by Yogen Shah



Hema Malini



Boman Irani



Rajkumar Hirani with wife Manjeet

R. Madhavan's Bday Bash...

Pics by Yogen Shah



Mandira Bedi



Dia Mirza



Kangana Ranaut

R. Madhavan with wife Sarika

R Madhavan's bday party was one star studded event with lot of popular faces attending it. This gush-gush event was held at Royalty, Bandra on 1st June. The bday man was spotted cutting cake with his wife Sarita, Rajkumar Hirani, Anand Rai and his Rang De Basanti Co-star Sharman Joshi. 'Tanu Wedu Manu' starcast Kangana Ranaut, Deepak Dobriyal, Navni Parihar and Dipti Mishra were also spotted wishing him. Other popular faces seen were Shamita Shetty, Raj Kundra, Ronit Roy with wife Neelam, Dia Mirza with her hubby Sahil, Bipasha Basu, Dino Morea, Boman Irani, Rocky S, Mandira Bedi, Samir Soni with wife Neelam, Harman Baweja, Poonam Dhillon among many other stars. Kangana looked simply gorgeous in baby pink gown. The film TWM has entered Rs. 100 crore club and has gained appreciation from all, so definitely Madhavan's 45th b'day is one special day for him.

Sab TV
 launches new silent
 comedy show
**RUMM PUMM
 PO...**

Pics by Yogen Shah



Abhishek Sharma



Cheshta Mehta & Abhishek Bajaj

The channel which focuses on entertaining its audiences through light dramas has come up with another comedy show 'Rumm Pumm Po'. And the USP of the show is that it will be silent comedy drama. The star cast of the show Cheshta Mehta, Abhishek Sharma, Al Amin and others were present at the launch of TV series. The show is about the young boy who falls for his beautiful neighbour. And her father, a retired boxer, refuses to accept their relationship. The show is produced by Deepti Bhatnagar Productions. Maninee De Mishra and Amit Behl will be playing the role of the parents to the female lead, Rani. The show may have a musical background and will add to another beautiful love story of TV shows. The first episode was telecasted on 6th June at 8 p.m.



Al Amin



Deepti Bhatnagar



Jayraj Patel



Hemali Karpe

STARS AND YOU

ARIES



Mar 21 - Apr 20

This month of the year will be quite positive for you as you will be in a position to choose what you want to do and don't want to do in your life. Stars wise you are in a better state which also helps your frame of mind. For those looking at new career opportunities, you will get it this quarter. On the personal front, for those who are single, you will meet new people. For those who are married, you will have a good phase with your partner. You could get caught in some family feud so you need to be a bit careful and weary. Some of you may travel as well indicates your cards.

TAURUS



Apr 21 - May 21

Think of things in a positive way and you will really see that the situation is improving. For those wanting to study or work abroad you Mars is quite strong which will help you in this situation. Your Sun is also in a good position this month so you will also benefit on the personal front. Some of you wanting to get married will be able to do so.

GEMINI



May 22 - June 21

Your Mercury being in a slightly negative position will make it difficult for you to communicate what you are really feeling in your heart. You have got the card of judgement which means you need to be careful as far as your love decisions are concerned and not to make any major decision in haste. For those who want to end a relationship maybe this is the right time to do so as you are pretty sure of your decision. You might get some help from your brother or sister financially. An old flame could also re-enter your life says your Jupiter.

LEO



July 24 - August 23

Look no further says your cards on the personal front because many of you have found your soul mate. Your cards also indicate that on the professional front some of you will be interested in changing your profession. You will have some issues with your partner for those of you who have been in a long term relationship. You have also got the card of the world indicating some foreign travel in this month. Your Venus is well placed so you will get a lot of attention from the opposite gender.

CANCER



June 22 - July 23

You will be at a crossroad in your life where you will have to make some important decisions. Your Uranus planet is in a negative position which could give you a lot of mental disturbance. For those who want to start your career, this is a good time in your life as you will be quite positive. For some, that special moment will also come on the personal front. Those who are already working you might land up getting a special offer or even a promotion. Some of you could get caught in some legal matter in this month.

VIRGO



Aug 24 - Sep 23

Fame will definitely be there in whatever your profession is which is good for you. Money inflow will be a bit of an issue says your cards and you will need to watch your expenses. You will want to clear old debts but you will have to be a bit patient with your situation. For those going through trouble in your marriage you will sail through with your partner but it will take a bit of time and patience.



Munisha Khatwani is one of the most famous Tarot Card Readers in the entertainment industry and she recently launched her book titled 'Tarot'.

You can mail her on khatwanim@gmail.com

LIBRA



Sep 24 - Oct 22

A new hobby or profession will dominate most of your time your cards say. Your Saturn being a little heavy might cause you to feel a little low and lethargic. You will also be a little confused about some career decisions. You will not be that understanding with your partner for those who have children. For those who are looking at arranged marriage this might be a good time to make a final decision and decide what exactly you want.

CAPRICORN



Dec 23- Jan 20

You will be helping your family members financially. You will get support from a particular family member or friend through your tough time this month. You need to be careful of investing in property although some of you could shift to a new country or a new home. Love life will be better for those of you who have been going through a tough time. You will also be interested in renovating or redecorating your home. A business idea or expansion is possible for those who are in business.

SCORPIO



Oct 25 - Nov 22

When in doubt you should learn to trust the Universe and God. Your Mars is in a heavy position so you will have to tackle with some hidden enemies. You need to be careful who you associate with this month. You will also feel lazy about your health and will not be in a mood to look after your fitness. Travel will definitely be on the cards and you will be quite busy.

AQUARIUS



Jan 21 - Feb 19

For some love at first sight is possible this month cause your Venus is quite strong. You will also be quite sentimental about the old relations in your life. The queen of wands card has also come for women indicating that women will be quite balance and might even do some social service or charity. Your Mercury planet is strong you will be receiving some important documents and even your PR and communication skills will be strong.

SAGITTARIUS



Nov 23 - Dec 22

You are tired of being taken for granted and will want people to appreciate you more. Your planet Sun is well placed giving you more money and fame this month some of you will be starting your career and will be quite excited. You will lack faith on the love front and will need to build the faith. The pressure on the work front might get heavy. You have also got the card of the magician indicating the potential is within you to do anything.

PISCES



Feb 20 - Mar 20

You will be a little irritable this month and you will realize that no one is responsible for your mood but you. Your Moon planet is also quite strong which will make you quite creative. Some new ideas will come to you regarding love and you will implement them also. For those wanting to settle down abroad you might get an opportunity to do so this quarter. Your cards indicate that you might invest in some property or in some business or stocks. Health will gradually improve for those who are unwell.

SHWETA KHANDURI

Location: Mumbai

About Me: Gifted with versatility and oodles of talent, my modeling and acting credentials have eventually fastened me into Bollywood. As said- "Success is waiting for those who are ready to persist and face the obstacles in the path with positive attitude", I have put forward my first step in the booming Indian film industry.

Height: 5'4

Weight: 52 kgs

Complexion: Fair.

Strength: My family without them I am nothing, it's because of them whatever I am.

Weakness: I forget everything when I am working, which at times is not that good.

Interests: Acting and dancing have always been my passion and along with it I love playing games like basketball, hockey, cricket exploring different places, swimming.

Work Experience: Hyderabadi Bakra (Hungama In Dubai), A South Film, Dee Saturday Night with Prashant Narayanan and Mad.

Dream Role: Actually there are lot of dream roles that I want to do but to name one it is from Arth movie, I would like to do the role of Shabana Azmi mam.

Inspiration: My Mom has been my biggest strength and also my inspiration.



ANKITA CHAUDHRY

Location: Mumbai

About Me: I have always believed in living life with a purpose, that's what drives me. Acting which is my biggest passion will help me achieve my mission and purpose in life. My mission in life is to entertain and be a source of happiness to others.

Height: 5'5

Weight: 50 kgs

Complexion: Wheatish.

Strength: My strength is never giving an attitude.

Weakness: I don't believe in anything called as weakness. Weakness is just a state of mind.

Interests: Acting, dancing and travelling.

Work Experience: I have done shows like Savdhaan India, Shapth, Arjun, Fear Files, Crime Petrol. I am currently playing the role of Moti Bai in Jodha Akbar on Zee TV.

Dream Role: Kangna Ranaut's role in Fashion.

Inspiration: Kangna Ranaut, Priyanka Chopra and Deepika.

AJAY VORA



Location: Mumbai

About Me: My life is like a rollercoaster ride. Hope keeps me strong and positivity keeps me awake. I believe in putting 100% dedication in things I do or else I don't do things at all. I believe Life is too short to crib over things. I enjoy my life in both good and bad times. I trust in hard work, however at the same time I believe in spending quality time with friends and family.

Height: 5'10'

Weight: 125 kgs

Complexion: Fair

Strengths: My outlook towards my life. And just being myself. I am one of those people who are hard to be broken and at the same time I am full of emotions. I can balance my practical and emotional side very well.

Weakness: I like being myself however I am constantly told that it is my weakness as well. You see people can take wrong advantage of that.

Dream role: Jonah hill in the jump street series